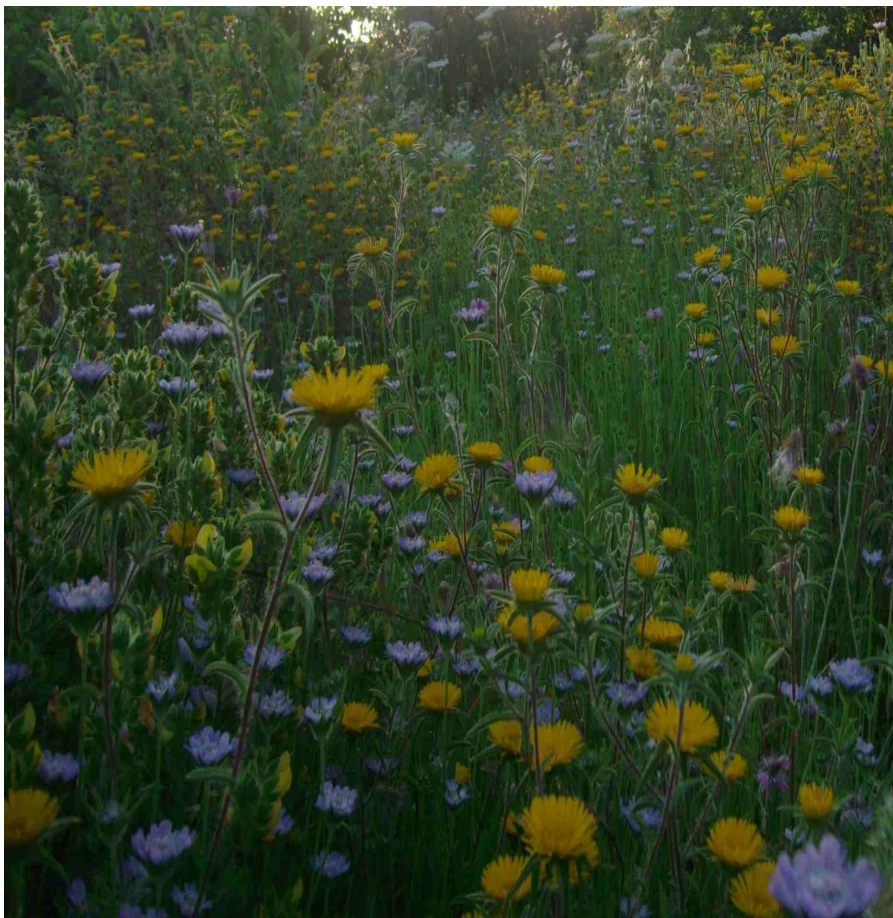




Manual to Return to the Orígin

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INTRODUCTION

I am in the center of the geographical area demarcated years ago by ships of the Cosmic Forces commanded by the Regent of the Plane of the Will of the Heavens. These ships executed the Mandate of the Father of Heaven. One of them was photographed. It radiated emerald green light in the daylight. (JPG file)

From here I write this **“MANUAL TO RETURN TO THE ORIGIN”**

With the words Return to the Origin, ships, Cosmic Forces, Regent of the Plane of the Will of the Heavens... we affirm the cosmic root of the Earth, and the root of the cosmic beings - man and the cosmic beings - woman who descended in Mission of Love, who to be on this planet had to enter a human body during the birth event.

Thus we remind you, and you, who are reading these lines, that your Origin is in the wonderful Worlds Beyond the Stars, to which you will return inexorably, attracted by the Central Sun of the Infinite Universe. You will thus integrate into the Realm of Eternity, or the Homeland of Light, Beyond the Stars, if that is what you prefer to call it. There is your Origin, your Origin.

Remember, then, that the Goal is to return to the Worlds Beyond the Stars, to the Homeland of Light, so the current frequency of vibration of your cosmic-soul beings must necessarily be raised until reaching the High Frequency. of Vibration of the BEING, Absolute. It is the Vibration Frequency of the Worlds of Origin, that of the Wonderful Worlds of the seventh dimension, which should never have been abandoned.

The cosmic event of the Fall ended millennia ago. But the Father of Heaven had begun to reabsorb towards the Origin stars and dimensions of the Finite Universe originated by the Fall long before a small percentage of human scientists and men of science began to invent theories and more theories, based on other theories, to explain to other blind people the origin of the Finite Universe, or the evolution of species, as examples.

In other words, the Central Sun of the Infinite Universe attracts towards the Worlds Beyond the Stars, towards Eternity, everything that is part of the Finite Universe, as its Worlds and dimensions reach the Absolute Frequency of Vibration of the BE.

As demons are invisible because they vibrate at a frequency not perceptible to the human eye, you, sons and daughters

of the Infinite incarnated on Earth, are targets of the mental broadsides of the demons.

However, the Father of Heaven, the Infinite, decrees through Me, His Son, the Bearer of the Force of Love and Peace:

“Infinite waves of Love and Peace penetrate the internal and external redoubts of the demons and their seduced ones with their waves of High Frequency Vibration. Amen.”

The Father of Heaven, the Infinite, decrees through Me:

“May the incarnated demons and their seducers be drawn to the immense sewers of un-Love created by Darkness during millennia of Earth time across the face of the planet. The Law of Cause and Effect created by “themselves” will make them reap the fruits of the un-Love sown. Amen.”

Our Father, the Infinite, decrees through Me, the Ruler of the Plane of Love of the Pure Heavens:

“May Cosmic Forces made up of the Brothers of the Stars of the Fifth Dimension intervene in the Centers and dens of the so-called human power until they turn into scrap everything that contains computer and electronic systems in flight and other devices, digital information storage systems and writing used to defame, slander, persecute and extort the faithful servants of the Light, the weak and the oppressed. Those who came to power covered in bloody

sheepskins, in order to go “legally” against their People by carrying out “scorched earth” actions, will attract the corresponding magnets created by “them”, attached to their cosmic soul-bodies. Amen.”

It has been decreed by the Father of Heaven, the Infinite, through Me, as Bearer of the Force of Love and Peace on Earth:

“The Father began to radiate with High Frequency of Vibration the dense energy fields housed in the cosmic bodies-souls of the demons incarnated in Rulers, instruments and commands of Armed Forces and Repression. It will be an act of Love towards these sons and daughters of His, because when these fields of dense energy enter into increased vibration, the organs of their human envelopes will go into dysfunction. Thus their souls will cease to be darkened, and they will have less to atone in the Realms of No time without time for the pain and suffering caused to their fellow human beings and to the beings and existences of the Kingdoms hosted by Mother Earth for millennia and centuries. At the same time, what they thought would remain hidden will erupt. And it will be known by the People of this World. Amen.”

It has been decreed by the Father of Heaven, the Infinite, through Me, the Ruler of the Plane of Love:

“Let the just and those of good will be informed that the acts committed by demons and accomplices against the lands, resources, animals, trees and bushes acquired and maintained with effort to be destined for the common good, and for the good of the Humanity will not go unpunished. These acts of criminal evil will be exposed by the Light, and the demons and their instruments will pay 1x1,000 of what was caused for years, their souls and bodies also receiving the increased High frequency of vibration, decreed by the Father of Heaven . Amen.”

It has been decreed by the Father of Heaven, the Infinite, through Me, the Bearer of the Force of Love and Peace, that the just and those of good will in all the Peoples of the Earth must know:

“Flats, instruments and machines will be made to cultivate the land in Peace with the remains of the weapons, instruments and war mechanisms invented by men of science seduced by the Darkness to make “scorched earth” in their escape to the Abyss of whatever could be useful. for the establishment of the Kingdom of Peace on Earth. Amen.”

It has been decreed by the Father of Heaven, the Infinite, through Me, the Regent of the Plane of Love, that the Peoples of the Earth be informed:

"The various manifestations of the Spiritual Forces Fire, Water, Earth and Air will increase the action of cleansing the face of the Earth from the evil magnetism with which it has been magnetized by demons and seduced for millennia and centuries. On this Earth, now free from evil magnetism, the generations of the New Humanity will settle, who will establish the Kingdom of Peace throughout the Earth helped by the Brothers of the Stars. Amen".

I, the Ruler of the Plane of Love, Bearer of the Force of Love and Peace, affirm the Decrees of the Infinite given through Me, the Son of it. Whoever wants to take what has been decreed, let him take it, whoever wants to leave it, let him leave it, he is free. Amen.

In the next pages you will see that we give great importance to instructing on how demons act to reveal their strategies, and how they act to form magnetic Bases in the human brain, also instructing on how to demagnetize the groups of brain cells of the Low frequencies. of vibration of the magnetic Bases.

We have attached texts with instructions, techniques and internal work tools to help you, and other sons and daughters of God, to free your cosmic soul-beings from the low frequency vibration energies, lead, attached to previous existences. This way you will have them at hand in this "MANUAL TO RETURN TO THE ORIGIN".

You will also read that, in addition to the transformation of the energies of Low frequency of vibration into energies that vibrate in the High frequency of vibration of the BEING, it is necessary to love by loving, to donate Love to others, to Mother Earth and to the beings and existences of the Kingdoms of Nature sheltered by Her. Which will help elevate the Light potential of your cosmic-soul being.

We have also incorporated into this “**MANUAL TO RETURN TO THE ORIGIN**” texts that will help you keep the Flame of Hope lit, and the website address:

[www.entreeleterylatierra.es /](http://www.entreeleterylatierra.es/)

We send you “**MANUAL TO RETURN TO THE ORIGIN**” in pocket book format, to print. This makes it easier to read and practice at any time and place. If you practice the high instructions received, you will be able to help other cosmic beings incarnated in the homeland of un-Love to spiritually survive. PEACE.

Alfonso de Adamuz

SUMMARY

Decrees of the Father of Heaven through the Regent of the Plane of Love. --The collapse of the civilization of un-Love.-- Fulfillment of the Absolute Principle to Return to the Origin. -- What is not Light is Darkness.--Put the Father and Christ in First Place – Put the works and activities in the Hands of Love of the Father and Christ. -- Transformation of low frequency vibration energies. -- There is no intermediate Force between Light and Darkness. – The Return to the Origin is governed by an Absolute Principle - The Cosmic Ladder rises from the Earth – Return to the Origin by complying with the instructions received, or initiate the Return to the Origin in the Areas of purification and atonement.-- Instruct and discover the strategy of demons. Your Objective. – Seduced and anonymous Christians.-- The Objective of the demons: Magnetize cell groups in the brain to form a magnetic base to act on the brain. - No one mocks God, True Justice - The patriarchs of un-Love will be brought out of their lairs by

the Light. -- Strategies of demons.-- How demons act -- Demons know the cosmic principle of Emitting and Receiving. - How to prevent demons from forming a magnetic base in the brain.-- Control and order of thoughts. - Eliminate the “contaminated” energy field placed by demons within the image-“shell” of thoughts - Remain attentive to images and insistent thoughts.-- How to demagnetize the group of brain cells converted by demons into a Magnetic Base -Neither the Father, nor Christ, nor the Regent of the Plane of Love will be able to do for the sons and daughters of God what they do not want to do for themselves. -- The cosmic man and the cosmic woman leave nothing to improvisation – Remain attentive to the thoughts and images that repeatedly appear in your thoughts. Behind are the demons. – How demons act in dreams – Demons do not improvise – Achieve automatisms through repetition – Practice the instructions received to help others – The attacks of demons become the death rattles of the Hydra of the Seven Heads-- The fruits shown by man and the Peoples discover the sowings of Darkness.-- Nothing will ever be as it was the second before the second in which the Great Change began.-- The Kingdom of Peace will begin to bloom in the Peoples of the Earth from the moment in which the Second Coming of Christ in Spirit is announced in the atmosphere of the Earth - The support of Strength transmitted by Christ to each soul. -- The Plan foreseen by the Father of Heaven.-- The face of the Earth has been prepared for the settlement of the New Humanity and the establishment of the Kingdom of Peace-Storms of thoughts projected into the atmosphere –Love, loving tirelessly – Increase Light potential. Loving loving. -- Tools to investigate the "lead" energies attached to the soul. -- Breathing consciously raises the vibration frequency of the soul – Photographs of your Life Album in Black and White and Color. -- Emitting Love -- Burnishing the Mirror of the Soul. -- Rest in the Father and in Christ with thought. – Multiply in Loving. -- Analogies are Tools

to identify dense energies. -- Time is energy. Where do I come from, where do I return? – Methods to raise the vibration frequency of the soul, and transform dense energies into high vibration frequency energies.

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1. THE SINKING OF THE CIVILIZATION OF DIS-LOVE.

You have read that the civilization of un-Love is sinking because the ethical values that support the edifice of a civilization have not been practiced by the vast majority of Earth's inhabitants for millennia and centuries.

The righteous will save themselves helped by Us.

You have read that the dormant of Humanity sing and dance on the deck of the Titanic of this World, already swept by the waves of the Causes and their Effects. Prostrate before idols created by this civilization, they do not know who they are or where they are going. They don't even know if there are barges to get on when the Ship of this World sinks.

You already know who I am. You have read that I have been descending to Earth century after century at the head of Waves of cosmic beings. You know that I will be present

among the sons and daughters of the Infinite who have descended to Earth on a Mission of Love during the events of the sinking of the Un-Love civilization.

The vast majority of old Humanity is unaware that the Building of this Civilization is collapsing. The ethical values lived were not the golden columns on which the civilization of Un-Love was built for millennia and centuries. They were not columns of gold, but columns of lead covered with gold leaf. Not many realize it.

The Building of this Civilization began to be built in ancient times, when the matter of the depths began to crystallize, the furthest from the High Frequency of vibration of the BEING. This civilization was created by those who continued the disastrous experience of the Fall, even when infinite cosmic beings of the sixth, fifth and fourth dimensions gave up on this experience without a future, because matter cannot exist without the Force of the Spirit. The demons, fathers of Lies and Appearance, devised to cover the lead columns with gold leaf. But its Low frequency of vibration was that of Lead, and not the High Frequency of vibration of Gold.

Billions of inhabitants of the Building of Civilization are not aware that the lead columns collapsed under the weight of the infinite containers of un-Love.

On gigantic lead columns covered with gold leaf, generations of inhabitants of the Earth were building for

millennia, floor after floor, the Building of Civilization of vast dimensions spread throughout the Earth.

The Great Crane of the Law of Cause and Effect raised and placed the containers of dis-Love on the floors of the great Building of this Civilization inhabited by the creative generations of dis-Love.

Like inherited buildings, the Building of Civilization continued to rise through the floors built by generations until it reached the clouds.

And the Great Crane of the Law of Cause and Effect continued to raise and place in the plant of each generation the containers of the un-Love created by them.

Meanwhile, the Cosmic Computer recorded and added up containers and “lead” weight of un-Love stored on the floors of the Civilization Building.

The dense energies of un-Love not converted in time into Gold were multiplied by the Cosmic Principle Emit – Receive. They increased the lead weight of dis-Love. And the huge false gold columns collapsed.

Just as travelers from the Titanic learned that the ship was sinking and boarded the barges, many inhabitants of Earth learned that the Building of the Un-Love Civilization was

collapsing. And they abandoned him. They boarded the Barges of Love. And they sailed through the Cosmic Ocean towards the Origin with the *Polaris* of **Christ** on the horizon.

As passengers of the Titanic of this World, millions and millions of inhabitants of the Earth will know in the last moments of the sinking of the civilization of un-Love that they will leave for the Beyond, despite the many aids received during centuries from those, coming from from the Worlds of the Stars and the Worlds Beyond the Stars, came down to Earth to help them.

2- Permanent alert. Compliance with the Absolute Principle to Return to the Origin.

For your return to the Origin you must keep in mind:

"What is not Light is Darkness."

It means that since it is all energy, which emits and receives at a certain frequency of vibration, whatever does not vibrate in the High Frequency of the BEING, which is absolute, will unequivocally vibrate in the range of the low frequencies of Darkness.

This will help you distinguish which are High Vibration Frequency energies (Gold), and which are Low Vibration Frequency energies (Lead). You should necessarily deliver the lead energies to CHRIST for its transformation into Gold. It means that Christ will raise the Low Frequency of Vibration of these energies to the High Frequency of Vibration of the BEING.

This is why Jesus, the Christ, says in chapter 4 of "SPIRITUAL REVOLUTION":

"If you recognize in time the dense energies attached to your soul, and you deliver them to Me, I will raise the vibration of the dense energies to the High Frequency of vibration of the BEING. And I will give you gold for every ounce of lead you give Me."

"What is not Light is Darkness." it also means that Whoever does not put the Father and Christ FIRST in his life, in many ways can put the Darkness first.

We explain it for your exact understanding.

Putting the Father and Christ in First Place in the life of a man or woman does not mean, for example, leaving work

and family to go with a goat to a cave in the mountains to escape from the world's noise. And contemplate nature, and read and read Bibles, gospels and books about God written by men of the Churches, to please God and Christ. It could happen that the nature tourist who takes the path that leads to his cave is invited to pass by and sit on the log that serves as a seat.

It could happen that the nature tourist would be overwhelmed with rags of what he read and memorized, what was written in his books, and other reflections and meditations on what was written by learned men of the Churches, and other modern theologians.

Some examples of how to put Christ, or the Father, First Place, by a man or a woman, could be:

- While a man or woman performs physical work in a company during their work hours, they could say mentally at various times during their work activity.

“Christ, you are the Life in me, the Strength with which I do this work. Help me do my job well, for the good of this company, and the good of my colleagues who work here.”

And Christ listens, and acts through this person, radiating this workplace. But if you work "to fulfill", day after day, thinking about when Friday afternoon will arrive, for example, other energies that do NOT emit and receive at

the frequency of Light, but at a low frequency of vibration in the range of the Darkness. The person and the work centers are magnetized. Sooner or later the magnets created will attract the corresponding. Another example of putting Christ First could be:

- A Law Enforcement Officer could speak with **Christ** at various times while on duty:

“You know that I am in this Body because I felt I could serve my fellow citizens, and help them to the best of my ability with information and advice, because life is not easy for the vast majority of simple people, who find themselves lost among so many regulations. and laws that are difficult to understand. I ask you, Christ, to lead me where it is necessary, and where there are people who need help. And You, who are the Life in them and in me, will be able to speak to me through them, asking me what they need to know, and they do not know. “Where to go or who to ask.”

You can be completely sure that Christ, the True One, will begin to act in those moments to fulfill the request of this son of God who is on duty, leading people who need help to him.

They have been examples of how the sons and daughters of God on Earth can put the Father and Jesus, the Christ, the True Ones, First.

Truly the sons and daughters of God put the Father and Christ in FIRST PLACE because they know how demons act from the invisible plane through other incarnated demons and their instruments. These are the ones seduced by “them”, who, knowing what they know, have gone over to the dark side of the Force, paraphrasing with these words what was said in a certain well-known film. The sons and daughters of God are free, and when they put the Father and Christ in First Place, they speak with Them and put them in THEIR HANDS OF LOVE:

- What they are going to plan.
- The work or activity they are going to do.
- The activities and jobs while they are being carried out.

Then they are allowing the Father and Christ to go ahead of them, moving Forces of Light to eliminate obstacles and dangers that lurk, and everything goes well.

The Father and Christ do not act in what has not been placed in Their Hands of Love, since they cannot act against the Free will of the cosmic beings, to whom the Father granted the gift of Freedom.

You must also keep in mind:

“There is no intermediate Force between Light and Darkness.”

It means that there does not exist in any cosmic Area an Energy Source that vibrates at its own Frequency, different from the High Frequency of Vibration of the BEING, Absolute, also different from the Low Frequency of Vibration of Darkness.

On the Path of Ascension to the Origin, to the Homeland of Light – which should begin on Earth – the cosmic bodies-souls raise their Frequency of Vibration until they reach the High Frequency of Vibration of the BEING, Absolute, which governs the Origin. Then the cosmic bodies-souls (incarnated or not incarnated in human bodies) must reach the High Frequency of Vibration of the BEING to cross the Wall of Light. They will simply be attracted, absorbed, by the Primary Central Sun of the Infinite Universe, the Homeland of Light.

Then the Return to the Origin is governed by an Absolute Principle:

“The High Frequency of Vibration of the BEING, Absolute, governs in the Origin, in the Worlds of Eternity, in the Infinite Universe, in the Homeland of Light. Then, to be attracted by the Primary Central Sun of the Infinite Universe, each cosmic being, who for one circumstance or another departed from the Origin, must raise its vibration frequency to the High Vibration Frequency of the BEING. Then it will pass to the Origin, to the Homeland of Light, through the Portal of Roses.”

Without fulfilling this Absolute Principle, one cannot penetrate into the Homeland of Light, into the Origin.

We are on Earth. From this planet rises the Cosmic Staircase. Infinite cosmic beings incarnated in this World of the depths of matter begin the Ascension to the Origin along its Steps. Each Step vibrates at a certain frequency.

Those who have awakened know that their Origin is in the Solar Cradle. They look at the events shown on the horizons of the People of the Earth. They know and feel that millions and millions of human beings live among the mists of this World without being aware that God's Accounting is already separating the lead coins from the gold coins in the coffers of souls.

3. Return to Origin complying with the instructions received. Or initiate the Return to the Origin in the Areas of purification and atonement.

The high instructions that cosmic beings-souls receive during their stay on Earth and in the Intermediate Cosmic Stations, or Steps of the Cosmic Ladder, are offered to

ascend the Path that leads directly to the Homeland of Light, to the Origin. However, cosmic beings-souls are free to accept the high instructions received, which have been given to be fulfilled.

You are free to disdain the high instructions offered.

In this case you have chosen to ascend to the Wall of Light along the path of atonement, initiated in the Realms of Purification, or in the Realms of No time without time, in which you will experience the suffering caused to your fellow human beings and to beings and existences. of the Kingdoms of Nature during your incarnations on Earth.

When your cosmic bodies have been freed by Fire from the dense energies of Low vibration frequency, and shine intensely like burnished gold, you will be before the Portals of the Wall of Light. And you will be attracted by the Primary Central Sun of the Infinite Universe as your cosmic bodies have reached the High Frequency of Vibration of the BEING, then passing to the Homeland of Light.

The path of suffering for atonement is the Path offered by demons. They will incite and seduce you to produce low frequency vibration energies, which they will take from you.

When after the death event you leave the material bodies, the demons will receive you on your way to the Hereafter. You will not be received by Beings of Light, although in your incarnations on Earth you have carried the Names of the Father and Christ on your lips.

4. Instruct and discover the strategy of the demons. Your Objective. Seduced and anonymous Christians.

In the spring of 2022 we begin to warn and give instructions in chapter 18 of “BETWEEN THE ETHER AND THE EARTH” about the strategy of demons to penetrate the brain through thoughts and images.

We continue instructing and warning in chapter 112 of “*STEPS - The Cosmic Staircase -* “. And we once again included the high instructions on the actions of demons in Annex 2 of “*SPIRITUAL REVOLUTION – The Cosmic Man – The New Humanity.*”

We once again include in “MANUAL TO RETURN TO THE ORIGIN” instructions on how demons act. And they can be recorded in your thoughts. You will become aware that without being attentive to your THOUGHTS and the IMAGES that the demons have introduced into your thoughts, or into your DREAMS, “they” can achieve their GOAL:

*“Magnetize brain cell groups to form a BASE that vibrates at the Low Frequency of “them.”
“So they can be attracted by this magnetic base to act on the brain.”*

In this way, demons have seduced and possessed countless people throughout the history of humanity. And they have put many of those who have come down to Earth on a mission of service and help to Humanity out of combat.

They have destroyed families, caused wars, rapes, fights with death in the streets, taverns and places of entertainment. They have influenced companies to make wrong decisions. They are behind putting the organs located between the groins in the brain, whether male or female, and putting the brain between the groins: then the difficult problems will begin. And a long etcetera.

The demons designed the reason of State in offices where the light of the Sun does not penetrate, reason of State made an anti-democratic norm by certain patriarchs of certain rogue States of the Earth, who throw the words democracy, constitution and human rights from the podium of the media, as a weapon patented by them, used against ideological enemies. They are those certain rulers who embrace wooden and stone idols in front of the cameras. And they calculatedly let the words God and Christ fall from their lips.

The so-called West suffers the plague of those seduced by the Darkness disguised as Christians, when any inhabitant of the Peoples of the Earth, whatever their religion, is, without knowing it, a true Christian, for living among their fellow men and beings and existences of the Kingdoms of Nature the Law of Love, the Golden Ethical Rule and the cosmic Principles, laws and example of life of how Love must truly be lived among others and all forms of life, just as he lived, taught and Jesus of Nazareth gave an example. They are the **anonymous Christians**, well known by the Father of Heaven and Jesus, the Christ, the True Ones.

But no one mocks God, True Justice. When the borders of the Peoples jump, like Doves of True Peace, the sons and daughters of God will come from the lands of the Sahel and other southern lands and cardinal points of Africa and Asia. They will come with the Message of Peace, Hope and Fraternity for other sons and daughters of God of good will who live in the so-called Christian countries, and have resisted the attacks of incarnate demons and their instruments.

These demons and all the patriarchs of un-Love, wherever they live, wherever they hide, will be taken out of their lairs by the Light. In these they believe themselves to be powerful, living at the expense of their people. They will disappear from the face of the Earth. The volcanoes of Causes and Effects have erupted.

It is decreed by the Infinite, since the New Humanity will live the Principles of Unity, Equality, Freedom and Fraternity. For the righteous must inherit the Earth. The Kingdom of Peace will be a reality rooted in the Origin.

Will those who do not know the techniques, strategies and objective of demons be able to survive spiritually?

For all the sons and daughters of God of the Peoples of the Earth this “MANUAL TO RETURN TO THE ORIGIN” has been written.

5. Strategies of demons.

We begin to delve into the strategies of the demons to prevent you and many others from returning to the Origin along the Path that leads directly to the Homeland of Light.

HOW DO DEMONS ACT?

The demons know the cosmic principle of **Emitting and Receiving**. They use it to install magnetic bases related to their low frequency vibration waves in the brain cells.

1- The demons know that man emits images, which “they” see on their mental screen, aura.

They know that what is emitted by human beings is received by the person who emits it, and other human

beings also receive it. They know that they will be able to **EMIT** and **RECEIVE** the wave received with a certain vibration frequency, since they have a “dial” open in their thoughts on the frequency emitted by a human being.

2- They know that the **IMAGE** is the “shell” that surrounds the “seed”. This seed vibrates and emits waves. These waves are received by the thoughts of other people, also by the person who emitted them.

Now we expressly address those who read, you, for example. This helps you become fully aware of what was communicated.

3- Being invisible to the human eye, demons swarm around you. They watch you and know what you think from the images they see on your mental screen, aura.

4- The demons project mental waves of low vibration frequency to your brain with the same “shell” image that

they have seen in your aura. In this image-"shell" the demons have introduced a "contaminated seed", expressly prepared by "them".

5- They project mental waves to your brain to induce you to think and think over and over again about the image-shell that they have sent you with their mental waves. Within that "shell" the demons have introduced "the contaminated seed" with the same Low frequency of vibration as "them."

It can always be the same seed, placed within "shells" of different images and thoughts, related/related to different activities, jobs or projects, which when thinking and thinking about the "shell" of the different images and thoughts reinforce and reinforce a and again the same Low Frequency of Vibration of the demons, of their "contaminated seed", of their "dial", thus magnetizing a group of brain cells. Thus they achieve their objective of forming a magnetic Base with the same Low Frequency of Vibration, to enter and leave the brain whenever they wish.

6- Remember then that if you think and think again and again about the image-shell received in your thought, in which the demons have introduced the "contaminated seed" with their Low frequency of vibration, then you would

make the “contaminated seed” by demons with their Low frequency of vibration. And so you reinforce and reinforce again and again what is already magnetically registered in your brain cells.

You can then emit waves that vibrate at the same Low frequency as the demons, and you receive those same waves with the “contaminated seed” by “them”, vibrating at their Low frequency of vibration.

These waves with the “contaminated seed” can also be received by other people in their brain, who in turn can emit and receive them. And you will also receive them. And so on.

Using this strategy, the demons form magnetic bases in certain cellular groups of people's brains, magnetic bases that emit and receive at the same low frequency as the demons.

7- Therefore, when people magnetically contaminated by demonic waves think and think, they reinforce these waves and emit them into the atmosphere. And they receive like a boomerang the same waves that they emitted.

8. These strategies of demons have not been known to Humanity. We reveal these strategies and reinforce these high instructions by warning of what happens when millions of people emit “contaminated waves” into the atmosphere with the Low frequency of vibration of the demons:

9. When millions of people emit waves into the atmosphere carrying the “seeds contaminated” by demons, these millions of people “contaminate” other human beings predisposed to receive these waves by having “seeds” that vibrate magnetically registered in their brain cells. at frequencies similar to those of the waves they receive. In turn, they emit these “contaminated waves” every time they think about what they have received.

The person from whom the first “contaminated wave” received from the demons came will receive this wave multiplied by the number of receivers who received the “contaminated wave”, since he was the one who sent it into the atmosphere.

10. Normal-looking people have become faithful instruments of demons due to the magnetic bases registered in their brains.

Acting from the NON-VISIBLE Plane, the demons have been installing magnetic bases in people's brain cells so that they automatically attract their mental waves and execute what “they” want.

11. How to prevent demons from forming “a magnetic base in the brain.

1. Being aware of how demons act:

Memorize the 9 previous points. Carry them printed in a wallet or bag to reread these points. It is necessary to create an automatism based on repetitions,

2. Be attentive to images that appear repeatedly, also in dreams. We remember that the objective of the demons is:

Let the person think and think about the images to make “the contaminated seed” vibrate and vibrate, conscientiously prepared by “them.”

Therefore, DO NOT THINK and THINK about the images received, because this is how the “contaminated seed” by the demons is made to VIBRATE and VIBRATE.

3. Control thought. Do not THINK AND THINK about the received shell-images.

4. Act as when receiving a file from unknown, dubious senders:

Delete it quickly. Don't be curious.

If the file is opened, a virus penetrates the PC's hard drive and renders it useless.

The file becomes the shell of the image, and the virus becomes the “contaminated seed” by the demons.

Do not vibrate and vibrate the “contaminated seed” thinking and thinking about the image.

5. Delete the image-shell. The demons introduce the “seed-contaminated” by “them” into the image-shell (well known to the one who receives it). They intend to make “the contaminated seed” vibrate by thinking and thinking about the shell-image.

How to remove the “contaminated” energy field placed by demons inside the image-“shell”:

«QUICKLY deliver the image-shell to the Fire of the Infinite-CHRIST. He is attentive to you. He transforms this dense negative energy field into positive energy by raising its low vibration frequency until it reaches the high vibration frequency of the BEING. This is what transformation consists of. For your understanding, it is like giving Christ a piece of “lead”, which He will transform into “gold”.

For your knowledge, CHRIST, as a Being, is not a figure, image or sculpture. It is Life in you and in every being. It is the Light. It is the Force and Energy of Love as it exists in the Universe, from the Galaxies to the atoms, quanta and subquanta, as examples.

6. Remain attentive, attentive, to insistent images.

The demons incite with their mental waves to think and think about these images to make the “contaminated seed” vibrate again and again in your mind, introduced by “them” into the insistent shells-images.

If you are attentive, attentive to your world of IMAGES and thoughts, you will realize that demons are behind certain images and thoughts.

Then you should talk to Christ and say, as when talking to a friend:

“Christ, I give you these images and these thoughts.”

Demons are cunning. They know people's lives well. They are “invisible”, around them, without being seen. “They” see on the mental screen, the aura, the images of the work, personal, love, emotional or domestic world.

7. How to demagnetize the group of brain cells converted into Magnetic Base by the demons.

In the INTRODUCTION of “SPIRITUAL REVOLUTION” it is written:

“ We will not be able to do for others what they do not want to do for themselves.”

The word We refers to the Father of Heaven, to Jesus, the Christ, and to me, Ruler of the Plane of Love of Heaven. The three of us act as a team. I as a visible part on Earth to instruct and help. Therefore We cannot help those who do not really want to help themselves. Although with his words he says “that he wants to get out of that situation”, for example, the three of us know that is not the case.

Saying this seriously, we say:

1. Take a notepad to write down everything that refers to demagnetizing the group of brain cells converted into a Magnetic Base by the demons. This way you can reread the instructions received and practice.

2. The cosmic man and the cosmic woman leave nothing to improvisation: They write down, plan and focus their practices and actions on achieving the proposed goal. For example, demagnetize with the help of Christ the groups of brain cells contaminated by demons.

3. Write down in the notepad, in a prominent, visible place, to reread frequently:

“Christ, between You and I we are going to demagnetize the cells of my brain contaminated by demons.”

With the words “between You and me” you are affirming your communication with Christ, and that you act consciously to achieve the proposed goal. Christ is Freedom and he is not going to support what you do not initiate.

You know that you will achieve victory counting on Christ. You form a team.

4. Stay attentive to the thoughts and images that repeatedly appear in your thoughts. Behind are the demons.

Don't think and think about these images and thoughts. Without further ado, talk to Christ. And you tell him:

“Christ, I give you these images and thoughts. “You demagnetize the cells of my brain that the demons may have magnetized.”

Write down these images and thoughts in your notebook, whatever they may be. At that very moment you can ask Christ:

«What images and thoughts have the demons introduced into my thinking without me being aware?»

And the images and thoughts that emerge in your conscious are simply handed over to Christ, without thinking and thinking about these images and thoughts, writing them down in your notepad.

And you ask Christ again:

“Christ, I give you these images and thoughts. You demagnetize the cells of my brain that the demons may have magnetized.”

When you open your notepad in the afternoon or evening and read the images and thoughts written down, you hand them to Christ, asking Him to demagnetize the cells that the demons may have magnetized.

If you frequently reread in the MANUAL TO RETURN TO THE ORIGIN what refers to “How demons act, and how they intend to achieve their objective of forming a magnetic base in the human brain”, come into contact with Christ. And practice with Him the instructions given in this MANUAL.

You will achieve victory over the demons. And you will be able to help your peers, thanks to your experience.

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6. OTHER WAYS OF DEMONS ACT.

They maliciously prepare “contaminated seeds” that they put inside the “shell” of the thoughts well known to these people. They also put “contaminated seeds” in the “shell” of the images of a DREAM!! to form a magnetic base in a group of brain cells.

1. You should quickly deliver the images of the DREAM to CHRIST every time the demons project waves into your mind, “reminding you of the dream.”

2. If you start thinking over and over again about the “dream” (instead of quickly handing it over to Christ), a “dream” that perhaps you have been wishing to come true for a long time, you are allowing the demons to create a magnetic base in your brain.

3. Demons edit the “dream” video/shell with the images they see on your mental screen, aura. In this video they introduce the corresponding “contaminated seed.”

4- REMEMBER: Demons have in “dreams” one of the traps with the highest % profitability to create magnetic bases in the human brain.

5. When you carry out a job or activity, demons take advantage of this time to “strain” thoughts or images into your mind with their corresponding “contaminated seed.”

Demons don't improvise!

6. *While you are working or carrying out an activity, lower the vibration of your soul.*

The demons then project waves into your mind so that this or that thought or image becomes conscious to you while you are working.

And so, inadvertently, you think over and over again about the thought or image that “has come to your mind.”

7. Therefore it would be good and necessary to achieve automatism, based on repetition, asking Christ a few times a day, even while standing:

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What thoughts or images have the demons “sneaked” into me?

The “strained” images and thoughts that rise to the conscious level are simply handed over to Christ, speaking with Him.

"Whoever orders and controls his thoughts with Christ dominates his life."

It is necessary to PRACTICE the instructions received to help others like you.

We have warned about the dangers that lurk from the invisible to the sons and daughters of the Infinite who inhabit the Earth due to the attacks of residual groups of demons who did not accept their defeat in the fight of Darkness against Light.

The attacks of these demons become the death throes of the Hydra of the Seven Heads, being leaders of the demons who have been creating scorched earth in the thousand possible ways to hinder the establishment of the Kingdom of Peace on Earth, carrying the pain, death, destruction and unspeakable suffering to the People of the Earth and to the beings and existences of the Kingdoms of Nature.

7. The fruits shown by man and the Peoples reveal the sowings of Darkness.

Apply to yourselves what the Law of Analogy shows you if what your peers radiate vibrates in you with intensity. Then you will know by the fruits shown by your fellow men the seeds of Darkness that germinated in you.

Give to Christ the plants that took root in your souls, and he will turn them into dry pastures. Look at the newspaper and video libraries. Watch film documentaries of what “them” did in the XX century, as an example.

Look, see, listen and read also in newspaper archives, video libraries, radio stations, television channels and libraries, digital or not, the fruits of the sowing of demons in the first quarter of the XXI century, and in these last days, in that Israel, as an example, is already on the very edge of the deep abyss that it has been excavating throughout time.

And this People is about to fall into the enormous mass grave, attracted by the powerful magnets of the Law of

Cause and Effect. Think about what you are reading now when you receive the news of the disappearance of Israel as a State, because not long after the Great War Confrontation between the Peoples of the Earth will begin.

The so-called Third World War will be the Last War of old Humanity. There will be no winners or losers.

In reality, after being defeated by the Light, the demons have only continued to make scorched earth in their flight to the Abyss from everything that could help the establishment of the Kingdom of Peace for the New Humanity.

They will believe they are safe in their demonic refuge. But the Father of Heaven will raise the vibration frequency of the Abyss, which you will not be able to resist. And they will capitulate. They will have nowhere to go

And they will pass to the realms of **No time without time**, where they will atone for eons for what was recorded in their cosmic bodies since they began the disastrous experience of the *Fall*.

Remember that when the great events of the collapse of the civilization of un-Love begin, nothing will be as it was the previous second.

Through the fruits harvested by the People of the Earth, we will know what Humanity has been sowing millennium after millennium.

Put on one of the plates of the scales of common sense the lead fruits of Humanity that sails on the ship of the civilization it built. Its frames creak loudly night and day.

It is sinking, but they continue to kill each other, chained to their weapons, destroying Nature, causing death and suffering to the beings and existences of their Kingdoms, manifestations of the Love of the Father of Heaven made visible forms for man.

On the other side of the scale of common sense, put the sentence:

“What is not Light is Darkness.”

And many, infinite sons and daughters of the Father of Heaven, the True One, will recognize that it is necessary for the old Humanity to reap the fruits of the lack of Love sown for millennia and centuries so that the Light permanently illuminates the New Humanity.

It will be like this. The Kingdom of Peace will begin to flourish in the People of the Earth from the moment the Second Coming of Christ in Spirit is announced in the atmosphere. He tells you:

-“Have Hope. Resist the final blows of the death rattle of the Seven-Headed Hydra.

I have been telling you through My Soul Friend Alfonso de Adamuz that I will lead you through the fires of battles, and I will cover you with My Mantle of Love when the cleansing action of the spiritual Forces Fire, Water, Earth and Air on the face of the Earth.

Penetrate the Inner Fortress where the Father and I await your arrival.

And remember that I will take by My Hand those who do not let go of their hand from Mine.

I Am Freedom, I Am Love, I Am Hope, I Am Mercy, I Am the Comforter, I will wipe away your tears because you have been suffering in this World for Love of the Father and Me.

I am the Prince of Peace. I come soon in Spirit to the atmosphere of the Earth. I will announce Myself to the New Humanity before the end of the next quarter century. I keep My Word. PEACE.

8. Support of Strength transmitted by Christ to each soul. About the Plan provided by the Father of Heaven.

The sons and daughters of the Infinite who survive spiritually in the homeland of un-Love, the Earth, will continue to joyfully ascend the Steps of the Cosmic Ladder that lead to the Origin.

They are the Intermediate Cosmic Stations, areas of the Finite Universe in which you will be helped by Jesus, the Christ, by the Seraph of Divine Wisdom, who was Gabriele of Würzburg on Earth, and by me, the Regent of the Plane of Love.

Remember that the Christ of God transmitted to your souls a Strength Support from His Strength, as a Partial Force of the Primary Force of the Universal Spirit, to help you on your Path of Ascension and Return to the Origin.

In chapter 3 of **SPIRITUAL REVOLUTION** you find information about this Support of Strength transmitted by the Christ of God to each soul.

For your understanding, imagine that your souls become an airplane with four engines. In its cellars it carries the energy load of *gold* and *lead*.

To fly, the plane must take off from the airport runway, overcoming the force of gravity with the power generated by its four engines.

The force of gravity would be the load of dense lead energies in the cellars of the soul. These become like magnets created in this or other incarnations.

To overcome the force of gravity lead the Christ of God placed a fifth engine in the tail fuselage of the soul-plane.

This fifth engine is the Support of Strength given to each soul by the Christ of God, the Life in you, in each one of you.

Therefore, Christ always accompanies you. He is waiting for your call, for everything you want to say to Him, for how many ounces of lead from the chest of your soul you put in His Hands of Love. You already know that for every ounce of lead you put in the Hands of Love of Christ He will put an ounce of gold in the chest of your soul.

Know that you, and each one of you, are the pilot of the plane of your souls. Know that each one of you has Jesus, the Christ, as co-pilot.

Isn't it wonderful to have as a co-pilot who Jesus of Nazareth was when he incarnated on Earth?

Speak with Jesus, the Christ, “at the same time”, without mysticism, as one speaks with a Brother and Friend. Ask Him to help you find in your soul the ounces of lead that you put in the chest of your soul in any incarnation. Talk to him. Put in His Hands of Love what you are going to do or are doing. Talk to Him while you walk through the mountains, on the beach or through the streets of your town or city.

And when you are in the small kingdom of your room, enter in silence. And talk to Him about whatever you want and how you want.

Achieve the automatism of going to talk to Him at all times, places and situations.

You already know that automatisms are achieved through repetition. You will be happy.

Have Joy and Hope, because what had a beginning will have an end.

Know that the doors of the Origin are the Doors to the Heart of Our Wonderful Father, who longs for the Return to His Heart of all His sons and daughters, who, for one reason or another, left the Pure Worlds, the Homeland of Light. and of Love.

Infinite cosmic beings have been coming down in waves to incarnate in families of the Peoples of the Earth. They have been born among their brothers and sisters to fulfill the Mission of Love planned in the Pure Heavens in the presence of the Father of Heaven, of His Son, the Co-Regent of the Infinite, and of the Regents and Co-Regents of the Planes of Order, of the Will , of Wisdom, of Seriousness, of Patience, of Love and of Mercy.

The same Co-regent of the Infinite incarnated on Earth. And he personified in the depths of matter Jesus, the Christ, the True One, when he was Jesus of Nazareth.

The Plan foreseen by the Father of Heaven was recorded in the Great Cosmic Computer, which is the Primary Central Sun of the Infinite Universe. This also governs the cosmic beings of the sixth, fifth, fourth and third dimensions, and stars of the cosmic bubble of the Finite Universe surrounded by the Wall of Light, with areas already absorbed by the Primary Central Sun, integrating them into the Infinite Universe.

The Plan foreseen by the Father of Heaven was recorded in the Great Cosmic Computer, which is the Primary Central Sun of the Infinite Universe. This also governs the cosmic beings of the sixth, fifth, fourth and third dimensions, and stars of the cosmic bubble of the Finite Universe surrounded by the Wall of Light, with areas already absorbed by the Primary Central Sun, integrating them into the Infinite Universe. .

By omission – contrary to action within the Divine Order – they were creating dense energy fields, contracting the corresponding responsibility, and the creation of active energy magnets, which will attract the corresponding.

The corresponding part is made up of how much the sons and daughters of God have had to suffer, abandoned to their fate in the homeland of lack of Love, who did not receive the Good News nor was the Flame of Hope lit for them, lost in the jungle. of the dark density of this World.

Until this cosmic moment, there are sons and daughters of the Infinite who have not fulfilled what they promised,

despite much they received from the Father and Jesus, the Christ. Incarnated in human bodies they were seduced and put out of action by demons acting from the invisible Plane, and by those incarnated in human bodies to fight against the Light.

They betrayed the Co-Regent of the Infinite in Jesus of Nazareth, and they have betrayed him again in this time of transition during the collapse of the civilization of un-Love, when so much help is needed.

The Regents and Co-Regents of the Seven Planes of the Pure Worlds incarnated in the Mission of Love on Earth have also been betrayed.

Everything has been given to the souls of the inhabitants of Earth incarnation after incarnation, for millennia and centuries.

The Father of Heaven removed the veils. You already know who I am. Incarnated as Alfonso de Adamuz, I draw from the Internal Source of the BEING, permanently assisted by the Father of Heaven and by Jesus, the Christ, the True Ones.

Therefore, the inhabitants of the Earth know what was announced since ancient times, and what will happen in this time of transition until **the Second Coming of Christ in Spirit to the atmosphere of the Earth**, after the Great and Last War between the Peoples. of this World.

There will be no winners or losers, and the Spiritual Elements Fire, Water, Earth and Air will continue the magnetic cleansing of the Earth's crust, contaminated by the radiation contrary to the Light of the beings of Darkness and those seduced by “them.” .

The face of the Earth has been prepared for the settlement of the New Humanity and the establishment of the Kingdom of Peace by People without borders, in the Golden Age.

At this moment, the Father of Heaven, Jesus, the Christ, and I say **Amen** to all that has been announced to current Humanity.

ANNEX 1

STORMS OF THOUGHTS PROJECTED INTO THE ATMOSPHERE.

"Do not worry about the news that is happening here and there, in all the peoples of the Earth. You already have knowledge about what is going to happen. This is positive for you, because mentally you are preparing yourself.

Take advantage of every second to perfect yourself, to increase the potential of Light of your soul. You know how to do it. Practice without wasting a second.

Once the great events have begun, storms of thoughts unimaginable to you will follow. Countless mental waves will depart into the atmosphere. You will be attracted by the thought of those who vibrate at the same frequencies as projected into the atmosphere. Waves attracted by your thought also if in time you do not investigate the "leads" that have been attached to your soul, and give them to My Son for their transformation."

Millions of people clinging to matter will go crazy, because suddenly they will become aware that they have nothing to cling to to continue the normal life of always.

During the course of this normal life they have lived apart from Me and My Son, Christ, believing that material idols and rulers would provide them with everything they needed to live a comfortable life.

Many have been preparing what is necessary for the time of their retirement, in which they would continue to vegetate. They haven't even asked themselves where they came from when they were born. Millions and millions of inhabitants of this world will have an abrupt awakening.

Do not waste the seconds that "they" will skillfully waste taking you mentally to where "they" want.

Watch them you to "them" watching the images and thoughts that in mental tirades project you. You know what their goal is, keeping you in their sights.

If you have forgotten this, We remind you that "they" do not forget you.

Tirelessly burnish the "golden" mirror of your soul, for we need you in the tragic moments that countless others will have to live.

PRACTICE therefore tirelessly what you receive from Us. Time is rapidly shortening. PEACE.

ANNEX 2

LOVE BY LOVING UNTIRINGLY .

My Son and I continue to say: "Love lovingly. Love lovingly. Love by loving.

We remind you, how many will give Love when all that seemed firm will collapse, and billions of fellow men and women will have nowhere to hold on to in the course of the tragic events that will devastate the Earth, to which will be added the endless natural and climatic catastrophes?

My son, My daughter, love by LOVING. Project Love-waves. And you will grow in Light, for We are in those who are loved by you. Keep in mind, always, that We love through you. We are Love.

Reflect with Us, knowing that We are attentive to your

reflections. Prepare yourselves mentally as well. You are receiving Our instructions through our Channel.

Do not let your guard down: recognise all that is not "gold", and abide by the Laws of Heaven, for "they" have you permanently in their sights, as "pieces" to be shot down. And you are becoming aware of their wiles, tricks and snares, using those near and those far away, those near and those far away.

Be attentive to all your fellow men. You know that we live in them. Be mindful of those who need help, for few, very few, will help. The vast majority will be busy mentally trying to find a way out of the distressing situations they are living in, helpless, the so-called welfare state that has partially disappeared in some countries of this world.

Tirelessly practice the lofty instructions you have received, until you make them "flesh" of your souls, for only in this way will you be able to teach them to your fellowmen.

Always bear in mind that My Son and I, and the Brothers of the Stars are watching over you. And that "they" are too.
PEACE.

ANNEX 3

INCREASES LIGHT POTENTIAL. LOVING LOVING.

Letter to the brothers and sisters who have come down on a Mission of Love to the Earth, the homeland of dis-Love.

Greetings, brothers and sisters who have come incarnating in families from countries of the Earth, who have felt the Call of the Father and of Jesus, the Christ.

The Star Brothers know where each one is, each one of you.

The situation is serious, very serious, because millions of sons and daughters of God in every country of the Earth are submerged in the pit of pain and suffering. Send waves of Love. The Father and Christ vibrate your gifts of Love in the Nuclei of Being of your souls. So you love loving.

The media do not report what is really happening, because "they" dominate the mainstream media through their instruments. This is why it is necessary that you increase the potential of Light of your souls, for yourselves, and for those you have come to help. Then it is necessary to love by loving, and transform with the help of Christ. the dense energies that have attached to your souls.

In the INTRODUCTION you have read that Christ transforms the dense energy fields of low frequency vibration (lead)

attached to the soul, into energy of high frequency vibration (gold).

This needs to be done ON TIME. In time it is necessary to deliver to Christ the investigated energies of low frequency of vibration. Every second has great value on Earth.

There are useful tools to investigate the "lead" energies attached to the soul, which Christ will transform into "gold". These are:

A- Photo Album tool (black / white and color). This research technique is in chapter 19 of ***"Between the Ether and the Earth"***: Where do I come from, where do I return? You find it at the end of the INDEX.

B- Two other tools:

1- Affirm: **"I am the Order"**.

2- Affirm: **"I am love"**.

What happens when you affirm "I am the Order?"

When "I Am the Order" is affirmed, the Absolute is affirmed and the high frequency of the DIVINE ORDER vibrates.

To the conscious plane then emerge the dense energies - "lead" - to be converted into "gold", when Christ raises his

low frequencies of vibration to the High Frequency, Absolute, of BEING.

Thus the energies - disorder disappear from the soul with which the Energies of the DIVINE ORDER vibrate with their High Frequency of Vibration.

Then man can fully affirm **"I Am the Order"**, which corresponds to the ORDER, proper to the Essence of his cosmic being-soul, as son, daughter of the Father of Heaven. What is the Father, the BEING, so are His children. This is why it is said to help your understanding **"From such a stick, such a splinter"**.

Man comes to understand that if he builds the house of his soul on foundations of "lead" it will collapse, for the dense energies - "lead" vibrate in the frequency of Darkness.

It is what the Darkness seeks by projecting related mental waves, of low frequency of vibration, to magnetize cell groups of the human brain.

For this reason it is necessary to investigate "the energies -"lead" attached to the soul, the dis-Order, which Christ will transform into "gold", the Order, which vibrates in the Absolute Frequency of Being.

You have the FREEDOM to give or not this "lead" to Christ to transform it into "gold". Then, it is up to you to build the Spiritual House of your soul on the Rock-Christ, or on sand. Keep in mind that the "lead" is the magnet whose vibrational frequency attracts "them", the demons.

- The same happens when you say **"I am Love"**.

You know that by stating **"I Am Love"** you are affirming the Absolute, the Higher Frequency vibration of the Self, LOVE.

For your understanding change **"I am the Order"** by the affirmation **"I am Love"** :

To the conscious plane then emerge the dense energies - "lead" of dis-Love to be converted into "gold", in Love, when Christ raises the low frequency of vibration of dis-Love to the High Frequency, Absolute, of BEING, LOVE.

Thus the energies - unLove disappear from the soul with which the Energies of DIVINE LOVE vibrate with their High Frequency of Vibration.

Then man can fully affirm **"I Am Love"**, which corresponds to LOVE, proper to the Essence of his cosmic being-soul, as son, daughter of the Father in Heaven. What is the Father, LOVE, so are His children. This is why it is said to help your understanding **"From such a stick, such a splinter"**.

You have the FREEDOM to surrender or not the energies-"lead" of the dis-Love to Christ to transform them into "gold"-Love. Without stones - Love in the foundation you cannot build the Spiritual House of your soul. It will collapse if you build it with "lead" stones, loveless stones, in the foundation of your soul's house.

Understand that you will not be able to build the Spiritual House of your soul, talking about Love, but practicing Loving LOVING with your fellow men and the beings and existences of the Kingdoms of Nature, which are visible manifestations of the Love of the Father made form on this planet of the third dimension.

- SO TAKE ACTION:

1- Breathe consciously several times (Inspiration-- -pause--- Expiration) to harmonize. He states, **"I am Order."**

You will find this tool at the end of this book.

He then consciously states, slowly pronouncing 3 times inward, with his eyes closed: **"I am the Order"**.

By affirming **"I Am the Order"**, the dense energy fields - "lead", that are in dis-order, attached to your soul will be removed. You have to be alert. They manifest themselves on the conscious plane.

Take note of how much NON-POSITIVE (**dis-Order**) emerges to your consciousness at any time, place and situation: And you give it to Christ for transformation into "gold".

He FREQUENTLY affirms, consciously, **"I am the Order."**

The "lead" that emerges you hand over to Christ for transformation into "gold." .

2- Breathe consciously several times to harmonize.

(Inspiration----pause----Expiration), affirming "I am Love".

He then consciously affirms, pronouncing 3 times inwardly, closed his eyes: "I am Love".

By affirming "I Am Love", the dense energy fields - "lead", de-Love, attached to your soul will be removed.

You have to be alert to take note of how much NON-POSITIVE (Un-Love) emerges to your consciousness at any time, place and situation.

And you deliver the Un-Love energies to CHRIST for its transformation into the elevated LOVE Energy.

He FREQUENTLY, consciously affirms, "I am Love."

The "lead"-lovelessness that emerges you hand over to Christ for its transformation into "gold"-LOVE.

ANNEX 4

PHOTOGRAPHS FROM YOUR LIFE ALBUM IN WHITE, BLACK AND COLOR.

"In order to cleanse your soul of low frequency energies - "lead" you can use as a valuable tool the virtual album of your life, in which you keep the photographs of your current existence in Black/White and Colour.

"The Black/White photographs are the images of your thoughts, words and actions that have produced "lead" energies, which you can symbolise as "lead" coins, stored in your soul chest.

"To ennoble your soul, and step by step attain Perfection, you must investigate the "lead" energies that remain magnetically attached to your soul, and place them in the Light-Fire of Christ so that He may transform the "lead" photo-coins into "gold" energies, which He will place in the Chest of your soul.

"The photographs in Colour become the images of your thoughts, words and deeds which have produced energies-"gold". You can symbolise them as "gold coins which you also keep in your soul-chest", along with the "lead coins". The energies-"lead" and "gold"-are attached to your soul.

"Begin by evoking the pictures of remembrance with your friends, family and close acquaintances. Give the "lead"-coins of the Black/White photographs to the Light-Fire of Christ , which will transform them into "gold-Love"-coins which you can donate to your fellow men and women when the time comes.

"Take the "Photo Album of your life". Close your eyes. Raise your thought to the **INNER SUN - CORE OF BEING**, in the area of the pineal gland. Here resides the Presence of the Father and the Christ. Breathe consciously, harmoniously (in-breath - pause - out-breath) several times. Ask for their help to evoke the Black/White photographs in your Photo Album of Life.

"Start mentally opening the "Photo Album" of your life and places where you lived or studied, and people who were part of your life, for example, when you were fifteen years old. Ask yourself about what you didn't do well. Breathe consciously again and again. Be silent.

"The images that appear correspond to the B/W photo or photos. Give them to the Light-Fire of Christ. He will transform the "lead-coins" of the B/W-photographs into "gold-coins", which He will put into the Chest of your soul.

Ask also about the damage caused to animals and plants housed by Mother Earth, for example. Proceed in the same way as in the previous example with the B/W pictures. Also compensate these life forms to the best of your ability.

"Recognise the good - "gold" that you have also in your soul, the Colour pictures. It will help you not to feel sorry, sorry, in the moments of deep recognitions and reunion with the "leads" that passed some time ago "to the boot of the subconscious", energies that continue vibrating and emitting and receiving waves from the veils of consciousness that "envelop" the Core of the Being of your soul.

"If the B/W photos "have eyes, mouth, hair..." it would be necessary for you to ask for forgiveness from your heart, in person, by phone or letter/email, and to compensate the person in the photograph, if you caused him/her material damage. It is necessary to forgive from your heart those who have not done right by you. The Infinite is Present within the one who forgives, and the one who asks for forgiveness.

"The "gold" energies that are attached to the soul magnetise and raise the frequency of vibration of the billions of cells in your human body, for within their nuclei are the same billions of Nuclei of Light, which vibrate at the frequency of the potential of the "gold" energies attached to your soul, therefore, as the cells radiated by the Nuclei of Light vibrate at a higher frequency than the low frequency at which viruses vibrate, they are magnetically rejected, for you know that viruses vibrate at a low frequency.

"If the vibration of your soul is temporarily lowered, breathe consciously, again and again. In this way you raise the vibration of your soul, and also the vibrational frequency of your brain cells. And you will hinder or prevent the penetration into your thinking of mental waves projected by "them", the invisible ones to the human eye.

"The "gold" energies which Christ is attaching to your soul will raise their frequency of vibration higher and higher, emitting accordingly.

From the veils of consciousness which enveloped the INNER SUN-CENTRE OF THE BEING of the soul, the low-frequency vibrating registers have been disappearing, as these "lead" energies have been transformed by Christ into "gold" energies.

"You are a son, a daughter of the Infinite:

"Like father, like son". Reflect. Light the Flame of Hope, and speak from the heart to the Father and Christ.

Be Hopeful, strive to leave the hard drive of your soul without records - "lead". Strive to make your soul's light bulb crystal clear of colour-"lead". Endeavour to clear your soul's Album of Life of Black/White photographs.

Be constant. Practice the investigation of the "lead" energies, the surrendering of them to the Light-Fire of Christ for their transformation into "Gold", energies of High frequency of vibration.

Thus your cosmic being-soul will step by step raise its frequency of vibration, approaching the original High Frequency of vibration, from when you were in the Pure Worlds, whereby magnetically your soul will reject the low frequency at which the viruses and the mental waves of "them" vibrate.

"imultaneously your soul will also be attracted to the Pure Worlds Beyond the Stars, returning, returning Home, to the solar Cradle, from whence you departed.

If you will, practice what you have received. Thus shall you begin the Return to the Wonderful Homes Beyond the Stars. If you will. You are a free being.

No cosmic soul-being can return, return to the Pure Heavens from the depths of condensed matter, the Earth, if he walks the path of his life burdened with his sack of "leads", while countless fellow beings lie and suffer on both sides of the path.

He who feels in his heart to do for his fellow men what he would have them do for him, should start on the way to the Father's Heart with the clear goal of emptying the sack of "weights" from his soul while he is incarnated. These "leads" transformed into "GOLD" he will be able to donate to his fellow men. If you have read this far, you will know why the ship of this civilisation is sinking.

Has one loved by loving one's fellow man and every being and existence of the animal and plant kingdoms housed by Mother Earth?

ANNEX 5

EMIT LOVE, BURNISH THE MIRROR OF YOUR SOUL.

Consciously seek to emit Rays of Love and Peace to all being and existence by raising the vibration of your soul breathing consciously.

We then radiate through the mirror of your soul.

The cleaner the mirror of your soul is, the more powerfully We radiate to every being and existence hosted by Mother Earth, or that you meet, or look at, or think about.

Thoroughly investigate the dense energy fields attached to your soul!

Burnish therefore intensely, incessantly the golden mirror of your soul!

We need to give Love intensely through you.

Think that all the Love given and help will be few in this world.

Many of My children are already falling into the precipice created by the Darkness and its seduced ones. PEACE.

ANNEX 6

REST IN US WITH YOUR THOUGHT.

"Practice resting frequently in Us with your thought."

It also means leaving thought still to achieve emptiness of thought.

Do thoughts continually come to you? Observe yourself. And you will know who may be behind the world of thoughts that stir in your brain.

Remain attentive, attentive, to the tricks and mental traps of "them" and their gloves. Don't let your guard down. Come to Us, to take refuge in the Fortress of Love.

Remain active, active, in Our Spirit blessing every being and existence you encounter in your path. None of your encounters or conversations are a coincidence.

Persevere in giving Love. It is needed, because you know that few, very few send Our Rays of Love to their fellow men and forms of Life sheltered by Mother Earth. PEACE.

ANNEX 7

MULTIPLY BY LOVING

Wherever you are, radiate Our Love to whomever you meet, placed by Us to receive Our Love through you. Bless them in silence.

Walk among your fellowmen like a beacon in the night of this world. What you get to know foreshadows the unexpected beginning of the Great Change.

Millions and millions of My children will find themselves immersed from one moment to another in the events that each People of this world will experience, and thus those who inhabit it.

Walk therefore loving among your fellow men as a messenger of Love. We need to give intensely Love through you. Cleanse and burnish with Our help the mirror of your soul for the good of many.

Many who came down to Earth to become reflective mirrors of Our Love went over to the dark side.

In this way, countless daughters and sons of My cannot receive the Rays of Our Love, which they are justly entitled to receive. Multiply yourself. PEACE.

ANNEX 8

ANALOGIES, TOOLS FOR IDENTIFYING DENSE ENERGIES.

Achieving perfection is the Goal.

It is necessary that no dense energies attached to the soul vibrate at low frequency. Perfection is achieved when the soul vibrates at the High frequency of vibration of the SELF.

This is why we say that it is a priority to investigate the low frequency vibrational energies attached to the soul.

Priority is to give these energies to the Christ to be raised by Him to the High Frequency of vibration of the SELF, which is Absolute. It is the frequency of vibration of the Higher Worlds, the frequency of the Cosmic Realm of Eternity where time and space do not exist.

It is a priority that the soul be cleansed of the dense energy fields attached in this or other incarnations. There are reasons for this priority.

It is necessary, therefore, for man to investigate himself and find the dense energy fields attached to his soul - which we have also been calling "*lead*" energy - and give them to the

Christ to be raised by Him to the High Frequency of vibration of the SELF.

This high frequency vibrational energy - which we have also been calling "*gold*" energy - is attached to the soul, raising its Light potential. This high vibrational frequency energy in turn radiates into the body in which the soul has incarnated.

If man does not investigate the dense "*lead*" energy fields , it continues to multiply. The emit-receive principle is well known to the demons.

This means, for your understanding, that for every grain of "*lead*" energy sown, an ear of "*lead*"-grains is harvested.

In turn each ear of "*lead*"-grain emits and receives in low vibrational frequency.

Then, without freeing the soul from the attached dense energy fields, the soul cannot reach the High vibrational frequency of the BEING.

Therefore, it cannot be attracted to the Primary Central Sun of the Pure Worlds, nor will it pass through the Portal of Roses into the Homeland of Light.

In addition to using any of the 3 METHODS outlined in Chapter 19 of "*Between Ether and Earth*" to investigate the dense energy fields of low frequency vibration attached to the soul, it is also necessary to use the effective TOOL "ANALOGIES" for man to observe his own reactions when he sees or hears people with whom he lives, works, or comes in contact at any time or place.

ANALOGIES" are dense energy fields attached to the soul, emitting and receiving at a certain frequency of vibration.

To understand how to discover *camouflaged* dense energies, attached like magnets to the soul, we start with an example, *the functioning of the EMITTER of a known Radio Channel, and the RECEIVER of a radio at home or in the car.*

We begin:

- A BROADCASTER of a known Radio Channel broadcasts on the frequency **88.2 FM**.
- A radio RECEIVER. The broadcasted music is heard in the RECEIVER because its DIAL is tuned to **88.2 FM band**.

Having understood this, we now **move on to explain how an "ANALOGY" shows itself to you.** We turn to you, who are reading:

- The **EMITTER** broadcasting on 88.2 FM could be the person who, as you turn a street corner, you **see doing something not right:** The dense energy field of the **not right thing** he is doing **is broadcasting on the frequency 88.2 FM.**

. You are the radio **RECEIVER** with the dial open at **88.2 FM.**

-If you go to this person, and gesticulating you shout: " ***This is not done, I will call the police*** " , this means that **you, the RECEIVER, have attached to your soul a dense energy field analogous to the wrong thing.** That is, you have attached to your soul dense energies that vibrate at the same frequency (88.2) as that **wrong thing** done by this person.

That energy field is an "ANALOGY". You recorded it in your soul in any previous incarnation, or in this one.

The engraving in your soul is related to the words of Jesus of Nazareth:

"He who is clean from guilt, let him cast the first stone".

He said this to those who wanted to stone the adulterous woman.

At that time Jesus of Nazareth said this to them because he *saw in the souls of those who wanted to stone the adulterous woman that they had also committed adultery. And these energies attached to their souls vibrated at the same vibrational frequency as the energies that the adulterous woman they were going to stone had engraved in her soul.*

This explains what an ANALOGY is.

If you reflect and feel that you may have engraved in your soul **dense energies - "lead"** analogous to the **wrong done by this person**, and you give them to Christ, then He takes these energies and raises their vibrational frequency, which would be symbolised by **Christ** transforming *the "lead" energy you have given Him* into *"gold" energy*.

If that energy field were not etched in your soul, when you saw **the wrong thing** this person was doing, you might have said to him, in your calm mood:

Do you know that it is not right what you are doing? And you would go on your way, because your soul dial was not on the same vibrational frequency as the wrong thing they were doing.

The fact that a person courageously acknowledges that dense energies **ANALOGOUS** to the **wrong done by another person** are engraved in his or her soul **is a litmus test to be overcome** in order to continue ascending the rungs of the **Cosmic Ladder**. It is necessary to clear the soul of dense energies of low vibrational frequency.

There are people who, when they get excited or shout at what they see or hear their fellowmen say at work, in the family, or when they drive their vehicles, do **not recognise that they have analogue energies engraved in their souls**.

ANALOGIES are sources of conflict, dense energies engraved in souls, which should be transformed in time.

In families, conflicts arise between parents and children because dense, analogous energies, which parents and children have engraved in their souls, come into vibration.

We expose:

- **Genes emit and receive.** Parents transmit their genes to their children, with positive and non-positive programmes, which they broadcast and receive, just like Radio Transmitters and Receivers.

The children react in a non-positive sense to the words, gestures or deeds of the parents. There are times when parents react with *strong* words directed at their children because of what the children have said or done.

Relationships become strained between parents and children when children do not listen to, *or do what the parents want, because the parents often reprove, and with "strong" words, what the children say or do.*

There are times when **children hold up a mirror to their parents:**

1. Conflicts between parents and children can arise because parents do not set an example for their children.

2. Because parents demand from their children to do what they do not do themselves.

3. Because the parents get angry with the children for what they do or say, caused by active programmes in the genes, which the children have inherited from the parents. Then the parents have those same programmes active.

4. There are heated arguments between them.

Who steps forward and acknowledges their share of the blame for the conflict?

Whoever always blames someone else for the conflict between them, is because they DO NOT WANT TO ACKNOWLEDGE THEIR SHARE OF FAULT IN THE CONFLICT.

Problems between parents and young children are largely caused by programmes passed on in the genes to the children, which the parents also have.

They vibrate on the same frequency of the "dial" on which the **transmitter** of the parents and the **transmitter** of the children broadcast.

The same frequency is received by the **Receiver** of the parents and the **Receiver** of the children.

If parents would recognise that they **have passed on in their genes to their children the programmes which they have, and received in turn from their parents, the grandparents of their children, they could give them to the Christ. And the dense, non-positive energies would be transformed by Christ.**

The family confrontation would disappear. As the genes of the parents would cease to emit, they would not vibrate or emit the genes of the children.

ANNEX 9.

TIME IS ENERGY. THE VALUE OF EVERY SECOND.

Receive the instruction "Time is Energy". It is necessary to get moving urgently.

You have incarnated in families of countries of the Earth. You need to free your souls from dense energies in order to fulfill your Mission of Love here, in the homeland of dis-Love.

We warn of the mental attacks of "them" who try to put out of action those who are on a Love Mission through the problems that have arisen, domestic or at work, as examples.

We talk to each one:

Take action and solve the problems by talking to Us, leaving this in Our Loving Hands.

Then My Son and I began to help, and "they" can no longer mentally penetrate into your thinking.

THIS means PUTTING OURSELVES FIRST. If this is not done, despite the instructions received, it is because "they" have already been put in the first place.

"They" have noticed. They see it on your mental screen. And they stealthily redouble the attacks by introducing into the "shells" of the PROBLEMS/SOLUTIONS magnetic seeds prepared by "them" to magnetize groups of brain cells with vibration frequencies related to "them".

They bombard you with volleys of thoughts to make you think again and again about the images and thoughts, "shells", of the PROBLEMS/SOLUTIONS they have introduced into your thinking.

We speak now for everyone:

Thus "they" manage to make the magnetic seeds prepared by "them" vibrate over and over again, introduced into thought inside the "shells" of thoughts and images, to magnetize a group of brain cells with vibration frequencies similar to their own.

With this they can be attracted whenever they wish, entering and leaving the thought of those colonized by "them" with their vibration frequencies.

What happens is exposed at the end of the book in the chapter HOW DO "THEY", THE DEMONS, ACT?

We begin with the instruction "TIME IS ENERGY".

Everything in the universe is energy. Time is the energy of

planet Earth. It exists only in this world. In the Pure Worlds there is neither time nor space.

Every second is important. In an instant there will be a CHANGE on Earth. And nothing will be the same as the previous second.

Food is energy. A food is consumed. When consumed, its physical, visible form disappears. But his energy does not disappear. It has been integrated into the human organism.

As an example: Can a child's body grow without taking food?

Always remember that time is energy. An hour, as a unit of time, elapses, passes, is "consumed" second by second.

But their energy does not disappear: During that time something has happened, for example: talking to another person, working in the field, repairing a machine, or cooking...

It is necessary for everyone to investigate the thoughts, words, gestures and actions that have taken place while something has occurred, because an energy field with a certain vibration frequency has been created.

To evolve and expand consciousness it is necessary to reflect on what energy field was created. It could be of energy-"GOLD", or of "LEAD", during that time, which is

already past. But the energy field that was produced exists in the present, second after second.

If it were "energy of vibration frequency"lead", it is necessary to dislodge it from the soul, transformed by Christ.

If it does not transform, it multiplies.

Behind this are "they", the demons What was done in the past is still emitting and receiving.

You have often heard it said: This already belongs to the past!

Perhaps it was said with the intention of not responding, not acknowledging, or not apologizing for what happened. The speaker remembered him.

Therefore, it is necessary to take advantage of every second on Earth, being attentive, attentive, each one to the thoughts and images that "they" try to introduce into thought, investigating what they produced, or omitted to do, in the "consumed" time- already past, when they created that field of energies-"lead".

And to act quickly, talking to Christ, to give him those energies -"lead". That they will stop vibrating at that low frequency, typical of Darkness.

It is necessary to always remember:

"What is not light is darkness. There is no intermediate energy source between Light and darkness."

GOAL: To become "golden" to save as much as possible, and that many, infinite brothers and sisters, return Home, to the Heart of the Father led by Christ.

ANNEX 10

«Where do I come from, where do I go back to? »

«Methods to raise the soul's vibrational frequency, to transform dense energies of low vibrational frequency into energies of high vibrational frequency.»

«The cosmic being-soul incarnated in a human body comes from the Worlds Beyond the Stars. And there he returns.»

The return or return to the Cradle Worlds of the sun, to the wondrous Homes Beyond the Stars, begins when the free-thinking human being, or of any belief or religion, began to wonder about his origin, about the meaning of his life and existence in this world. For many, the news and photographs of extraterrestrial spacecrafts, and as they read and talked with friends about visitors from the Star Worlds, began to answer questions they had been asking about. Others began to wonder about the transcendence of being and life after death. Everyone began to investigate and to

investigate themselves, feeding the Flame which one day illuminated their thinking.

"Where did I start from, where do I go back to? "

When man finds answers to these two fundamental questions, and they confirm that he has found what he was looking for, he wonders:

How do I return?

The one who asked this question has found the answer in the text he is reading. His consciousness, through the question and the answer found, is telling man that he has to take action, to start walking towards the Cosmic Homes from whence he started.

"What is not UNDERSTOOD is not PRACTICED".

With words, concepts and examples understandable to all consciences, man will find out what he has to PRACTICE. Without conscious walking, one does not get where one has to go. It is an individual, personalised path which he has to tread, and so we say to the hitherto anonymous man, personally:

"You must walk your own path of Return to the Pure Worlds Beyond the Stars, to the Heart of the Father, but

united with your fellow men and with every being and every existence of the Kingdoms of Nature and all that populates the Universe, manifestations of His Love made form, whose life essences, ALL, are integrated into your cosmic being-soul, for you are a child of God, and thus, "like father, like son", as the proverb says, the Father of Heaven being the Stick, and you, His child, the Splinter. Therefore, all that the Father Is, in essence, is in you as a cosmic being, in your soul, for you are His child. Be joyful, then, and always bear this in mind in your process of evolution in order to transform, with the help of Christ, His Son, all energies that are foreign to the cosmic being, the angel, that you are. It is up to you to investigate the "foreign energies", which become, for your understanding, the "paints" that cover your marvellous polished diamond body, radiating all the Light Potential of your inheritance. Remember: **"like father, like son"**.

Keep in mind, at all times, the above text, No. 18, HOW DO "THEY", THE DEMONS, ACT?

Keep an eye on "them" yourself, for you know how they act on the mental level. The "invisible to the human eye" are very cunning, and do not want you to return to the cosmic Homes, where "they" also await the house, the precious dwelling, which they will occupy when their body of polished angel-diamond is cleansed, thus said for your understanding.

We advise you to print out texts no. 18 and 19, and keep them at hand, in a dossier, to reread them at any time.

"Having said that, let's begin:

1. "Where do I come from? Your cosmic being-soul comes from the Pure Worlds Beyond the Stars. There is your Home.

2." Where do I return to? Your cosmic soul-being returns to the Pure Worlds Beyond the Stars. From there you left. There you return.

3. "How do I return: When you were in the Pure Worlds, in your Home, your cosmic soul-being was vibrating at the High Frequency of Being.

Then your cosmic soul-being has to vibrate again in the High Frequency of Being. Therefore, you should investigate your dense (non-positive) energies, give them to Christ for transformation into POSITIVE energies, which Christ will attach to the POSITIVE energies you already have attached to your soul.

4." Earlier you read "What is not understood is not practised". To help you to understand the Path to the Cosmic Homes you must know:

"As long as you are incarnated on Earth in "your human-body-astronaut suit" you will walk through the inner realms of your cosmic-soul being into the Pure Worlds, where your

Home is, hand in hand with the Christ, the Life in you. You speak to Him as you speak to a friend. He listens to you and is attentive to you. You know that it will transform the dense/non-positive energies you give it.

"When your cosmic-soul being leaves your "human-body-astronaut-suit" on Earth, you will be taken, led by Brother Angels to a cosmic intermediate station in the Star Worlds, whose frequency of vibration is identical to that of your cosmic-soul being. There you will continue to be instructed by Beings of Light. You will make your Way Home by passing from one intermediate cosmic station to another, of higher vibrational frequency, until you pass through one of the Rose Portals to the Pure Worlds Beyond the Stars, because your cosmic being-soul has reached the High frequency of vibration, Absolute, of Being, the same as you had when you left the Pure Worlds, to which you have returned, having completed the Path of Return, of return, which you began on Earth, encased, encased, in the heavy "astronaut-human-body suit".

5." As previous aids in investigating you dense/non-positive energies, receive also these other insights:

"Your cosmic-soul-being is a Microcosm, identical with the Macrocosm, the Infinite Universe.

"Your cosmic being-soul has an INNER SUN or CORE of BEING, which vibrates at the High Frequency of Being. From the INNER SUN or CORE of BEING comes Life,

which enlivens, organises and energises all the components of your human body. In this INNER SUN - CORE of SELF, are in Spirit, omnipresent, the Father of Heaven and His Son, Christ, the Corregent of Infinity. The Father is the LIFE in you. And Christ is also the LIFE in you.

"The INNER SUN - CORE of your soul's BEING is surrounded by the Veils of Consciousness which have magnetically attached to them dense energy fields vibrating at Low frequency.

"These dense energies, of Low Frequency vibration, become like "clouds", more or less dense, whose vibration must be raised by the Christ in order that the INNER SUN- CORE of your soul's BEING SHINE INTENSELY, as the INNER SUN- CORE of the BEING of the brother ANGELS shine intensely.

"Your work consists - and no one can do it for you - in investigating, identifying, recognising, constantly, consciously, honestly, the dense energies of Low Frequency vibration that are attached to your soul.

Once you have identified the dense energies, you talk to CHRIST, as you talk to your friends or family. CHRIST is waiting for you, He is within you, listening to you: You give Him these dense energies so that He raises the Low Frequency of vibration into High Frequency of vibration, the same frequency at which the INNER SUN - CORE of the BEING of your soul vibrates.

"Thus the "clouds" disappear so that the Father and Christ radiate powerfully through the INNER SUN-CORE of your soul's BEING, as the true and authentic cosmic being that you are, even though you are encased in an "astronaut-human body suit".

6." As an aid in identifying the dense energies vibrating at low frequency, which are those to be raised to the High frequency of vibration of the Self, that of the Pure Worlds, remember:

"The dense energy fields attached to the soul vibrate, and emit and receive low frequency waves.

"For your understanding we will call the dense energies attached to your soul "lead" which emit "lead" waves. "Lead" is to UN-Love your fellow men, whatever you think, speak or do to them, or have thought, said or done to other fellow men in the past, and you do not want them to do to you, think or speak about you.

"It is "lead" the un-Love towards every being and existence of the mineral, plant and animal Kingdoms housed by Mother Earth. You must also investigate these "lead" energies attached to your soul.

"The untransformed "lead", which vibrates and emits waves-"lead", MULTIPLIES.

"The "lead" emits "lead" waves. If you emit a grain-"lead", you will receive a "grain-spike-"lead". The untransformed "lead" is MULTIPLIED. These "lead"-energies will attach themselves to your soul.

7." For your understanding, we will call energies that vibrate at high frequency "gold". And they emit waves-"gold".

"Gold" is the "lead" which has been transformed by Christ into "gold". This "gold" energy vibrates and emits at a High frequency. It will be attached to your "soul" by Christ. You already have "gold" energies attached to your soul in this or other incarnations.

"Your "gold", which vibrates and emits waves-"gold", is MULTIPLIED when you give Love selflessly to your fellow man and to all life forms housed by Mother Earth.

"The "gold" emits "gold" waves. If you emit a grain-"gold" selflessly, the Father and Christ will attach to your soul an Ear of grain-"gold". These "golden" energies will attach to your soul.

"Recognise the good, the "gold" in your soul. Your fellow men also have "gold" in their souls.

"The "gold" energies enrich you. They return to you when you donate them to your fellow men selflessly, and to all life forms harboured by Mother Earth.

8." For your understanding, "Lead" is transformed into "gold" by Christ when He raises its low frequency - "lead" into High frequency - "gold". That means: Christ transforms the non-positive energies into positive energies, which He attaches to your soul. Thus the Light potential of your soul increases.

9." For your understanding, the transformation of "lead" into "gold" would come to be an act of inner Alchemy in teamwork between you and Christ, which you investigate yourself and find the "lead". This "lead" you deposit in the Crucible - Philosopher's Stone - CHRIST, who transmutes it into "GOLD". It becomes the "spiritual gold coins" that Christ and the Father deposit in the Chest of your soul.

10. "THE PROCESS OF TRANSFORMATION OF "LEAD" INTO "GOLD".

"Breathe consciously". Create the automatism of breathing consciously. Rest in Silence in the Loving Arms of the Infinite (the Father and Christ are the Infinite). Breathe consciously (harmonious inhalation/pause/exhalation). By breathing consciously you raise the vibrational frequency of your soul (also at times when its vibration is lowered), which the soul will transmit to your brain cells, thus

rejecting the low frequency mental waves of the "invisible to the human eye".

"Investigate deeply to get to know the "lead" that is attached to your soul. Think of the people you relate to, and the relationship and experiences you have had and are having with the beings of the animal and plant Kingdoms of Nature. Remember what are "lead" energies, point No. 6.

"Speak to the Christ in you. He is the Life in you. He loves and cares for you. He is attentive to you.

"Put into His Light-Fire-Christol "the lead" you have located. Christ transforms this "lead" into "gold" by raising the low frequency of "lead" to the high frequency "gold", by attaching to your soul this energy-"gold". The vibrational frequency of your cosmic being-soul will be raised, increasing your Light potential.

If what you have already surrendered appears again and again in your thoughts, words and deeds, you surrender it to Christ. Behind this mental insistence may be "they", the invisible ones to the human eye.

"Your soul will step by step raise its frequency of vibration and thus magnetically reject the low frequency, for example, in which viruses, all viruses, vibrate.

"Health and disease have their origin in the soul.

The man who investigates himself, with the help of the Christ, comes to free his soul from energies vibrating at low

frequency, transforming them into energies of high frequency of vibration, which he attaches to the soul.

The soul then transmits its high vibrational frequency to the body in which it has incarnated. And it heals it.

This does not prevent man from going to his trusted physician, in whom Christ, the Life, can act through him."

11." As an aid to identify dense energies vibrating at low frequencies, here are three objects known to you:

- OBJECT 1 : A computer hard disk.
- OBJECT 2 : An electric light bulb in a clear glass bulb.
- OBJECT 3 : A Photo album of your life with photographs in Black/White and Colour.

"You can choose any of them, or use all three. You will see that they are useful tools to investigate these dense energies. Always keep in mind that : without transforming low frequency energies into energies of High frequency vibration, Absolute to the Self, you will not be attracted to the Pure Heavens.

- OBJECT 1: "Your soul is like the hard drive of a PC, a computer, and your body the tower or box in which the hard drive is housed.

"You must investigate for yourself what you have recorded on the hard drive which is your soul.

"The hard drive of your soul has been recording and storing all that you have been experiencing in incarnation after incarnation, during each period of the cycle between Birth and Death.

"The soul's hard drive has been recording and storing both "gold" energies and "lead" energies.

"You think in images: The mental screen of your soul-computer, of your aura, displays the images of thoughts, which are observed by the "they" the invisible to the human eye.

"They" observe the mental screens of human beings and know what they intend, what they are going to do, their desires, intentions... The images become the "contents" of what is engraved in the soul. And "they" know it. The soul records the contents of thoughts, words and actions. This is what is seen on the mental screen, in the aura. It does not record the "shell" of thoughts.

The content-"seed" of a thought vibrates. The "shell" does NOT vibrate. Example: An almond consists of shell and seed. If an almond is put into the ground, a new almond tree will grow out of the seed inside the shell.

Thus "they," the invisible to the human eye" prepare "seed-contents", contaminated and maliciously magnetised by "them", from shell-IMAGES known to you. And they project mental waves into your brain cells so that you evoke the

"shell-images" registered in these cells, which carry the magnetised seed-contents, "prepared" by "them".

"They" want you to think and think again and again in "the shell-image of your thoughts", about this or that thing, issue or desire. But, really, as you think and think you are **VIBRATING AND VIBRATING THE MAGNETISED AND "PREPARED" SEED-CONTENTS MALICIOUSLY "PREPARED" BY "THEM"**, falling into this mental trap set by "them", to magnetise your brain cells and form a magnetic base of "automatic" attraction for "them". This has been done millennium after millennium, day after day, moment after moment.

And so, what you emit and emit are mental waves with the "seed-contents" prepared by "them", which you project into the atmosphere and can reach the brains of those who have registered analogous frequencies in their brain cells. Your waves will vibrate them, and they will come back to you, multiplied by the number of people they vibrated, like a boomerang, for you have emitted those waves, reinforcing what is magnetically recorded already in your brain cells. This also reinforces what is recorded on your soul's hard drive.

It is the contents of thoughts that vibrate. Positive thoughts vibrate and emit high frequency waves, negative thoughts vibrate and emit low frequency waves.

As an aid for the investigation of "lead" energies, positive (high frequency) and negative (low frequency) contents can vibrate in the same image-shell. Example:

"Image of a wide avenue, an old man leaning on his cane is crossing at the pedestrian crossing at a traffic light , with cars waiting, helped by a young man who offers him his arm to help him cross, watching for vehicles that may start before he finishes crossing the wide avenue, while talking to the old man".

"Image of a wide avenue, an old man leaning on his cane is crossing at the pedestrian crossing at a traffic light, with cars waiting, helped by a young man who offers his arm to help him cross, keeping an eye out for vehicles that may start before he finishes crossing the wide avenue, while he talks to the old man". But thinking as he looks at the drivers of the cars:

"So that they, and those who are watching us and drinking beer in the bar, know what they should do when they see an old man crossing an avenue".

"With the above explanations, and this example, you will have become aware of how important it is to CONTROL and put ORDER in your thoughts. Calibrate also the importance of asking yourself: "What THOUGHTS and what 'IMAGES' have "they", the invisible ones, "sneaked" into my thoughts, without me being aware of it?

"Do not vibrate the "SEEDS PREPARED" MALICIOUSLY BY "THEM" by thinking over and over again of the "contaminated" images that have appeared on your conscious plane, that "they" projected and "sneaked" into your thoughts!

"Surrender them immediately to the Light-Fire of Christ! They will be taken and transformed into energy-"gold", which will be attached to your soul.

"Keep in mind: Love by LOVING your fellow men, for the Presence of the Infinite is in them, as it is in you.

"Love by LOVING, asking forgiveness from the heart, And forgiving from the heart thy fellows with whom thou hast entered into discord by breaking the Law of Love.

"Keep in mind: Love by LOVING from the heart also every being and existence of the mineral, vegetable and animal Kingdoms created by the Father of Heaven.

- OBJECT 2: Electric bulb with its filament lit and transparent glass bulb.

For your understanding, the powerful INNER SUN-CENTRE OF BEING of your soul becomes like the filament of thousands of watts of power, permanently lit, radiant, enveloped by veils of consciousness, which are fields of dense energy - "lead" symbolised by dry brushstrokes of

coloured paint on the glass of the bulb, with spaces free of paint, through which the lit filament radiates Light.

The paint-free spaces are the "gold" energies already attached to your soul, to which Christ is adding the "gold" energies of the transformed "lead" energies which you have investigated and surrendered to the Light-Fire of Christ. The crystal of the lamp will be clean of colour when you have surrendered to the Light-Fire of Christ all the dense - "lead" energies investigated.

When the transparent crystal has been completely cleansed, it symbolises that the Veils of Consciousness have been dissolved, and the mighty Filament-Inner Sun-Core of Being radiates and emits waves of the Absolute Frequency-"GOLD" of the Infinite, which pierce and magnetise all the components of the human body in which the soul is embodied. Radiating powerfully through you.

"Be ever mindful: Practice Loving by LOVING all your fellow men, for the Presence of the Father and of the Christ is in them, as the Father and the Christ are in you.

"Love by LOVING by sending ripples of Love to every being and existence of the mineral, plant and animal Kingdoms created by the Father, housed by Mother Earth, of the terrestrial, marine and inland water habitats.

"Ask for forgiveness from your heart, with your thoughts, if you are not with the one with whom you entered into discord by breaking the Law of Love, which originated low-

frequency "lead" energies. They become the colours of the paints you painted on the glass of the light bulb. Call him or visit him as soon as you can to ask for forgiveness from your heart.

"Forgive also from your heart your fellows who did not do right by you, for they truly did not know what they were doing, blinded by lovelessness.

"Thus your soul will attain the Perfection and Purity proper to cosmic beings, even though your soul-body is within the space-suit-human body.

- OBJECT 3: A Photo album of your life with photographs in Black/White and Colour.

"In order to cleanse your soul of low frequency energies - "lead" you can use as a valuable tool the virtual album of your life, in which you keep the photographs of your current existence in Black/White and Colour.

"The Black/White photographs are the images of your thoughts, words and actions that have produced "lead" energies, which you can symbolise as "lead" coins, stored in your soul chest.

"To ennoble your soul, and step by step attain Perfection, you must investigate the "lead" energies that remain magnetically attached to your soul, and place them in the

Light-Fire of Christ so that He may transform the "lead" photo-coins into "gold" energies, which He will place in the Chest of your soul.

"The photographs in Colour become the images of your thoughts, words and deeds which have produced energies-"gold". You can symbolise them as "gold coins which you also keep in your soul-chest", along with the "lead coins". The energies-"lead" and "gold"-are attached to your soul.

"Begin by evoking the pictures of remembrance with your friends, family and close acquaintances. Give the "lead"-coins of the Black/White photographs to the Light-Fire of Christ , which will transform them into "gold-Love"-coins which you can donate to your fellow men and women when the time comes.

"Take the "Photo Album of your life". Close your eyes. Raise your thought to the **INNER SUN - CORE OF BEING**, in the area of the pineal gland. Here resides the Presence of the Father and the Christ. Breathe consciously, harmoniously (in-breath - pause - out-breath) several times. Ask for their help to evoke the Black/White photographs in your Photo Album of Life.

"Start mentally opening the "Photo Album" of your life and places where you lived or studied, and people who were part of your life, for example, when you were fifteen years

old. Ask yourself about what you didn't do well. Breathe consciously again and again. Be silent.

"The images that appear correspond to the B/W photo or photos. Give them to the Light-Fire of Christ. He will transform the "lead-coins" of the B/W-photographs into "gold-coins", which He will put into the Chest of your soul.

Ask also about the damage caused to animals and plants housed by Mother Earth, for example. Proceed in the same way as in the previous example with the B/W pictures. Also compensate these life forms to the best of your ability.

"Recognise the good - "gold" that you have also in your soul, the Colour pictures. It will help you not to feel sorry, sorry, in the moments of deep recognitions and reunion with the "leads" that passed some time ago "to the boot of the subconscious", energies that continue vibrating and emitting and receiving waves from the veils of consciousness that "envelop" the Core of the Being of your soul.

"If the B/W photos "have eyes, mouth, hair..." it would be necessary for you to ask for forgiveness from your heart, in person, by phone or letter/email, and to compensate the person in the photograph, if you caused him/her material damage. It is necessary to forgive from your heart those who have not done right by you. The Infinite is Present within the one who forgives, and the one who asks for forgiveness.

"The "gold" energies that are attached to the soul magnetise and raise the frequency of vibration of the billions of cells in your human body, for within their nuclei are the same billions of Nuclei of Light, which vibrate at the frequency of the potential of the "gold" energies attached to your soul, therefore, as the cells radiated by the Nuclei of Light vibrate at a higher frequency than the low frequency at which viruses vibrate, they are magnetically rejected, for you know that viruses vibrate at a low frequency.

"If the vibration of your soul is temporarily lowered, breathe consciously, again and again. In this way you raise the vibration of your soul, and also the vibrational frequency of your brain cells. And you will hinder or prevent the penetration into your thinking of mental waves projected by "them", the invisible ones to the human eye.

"The "gold" energies which Christ is attaching to your soul will raise their frequency of vibration higher and higher, emitting accordingly.

From the veils of consciousness which enveloped the INNER SUN-CENTRE OF THE BEING of the soul, the low-frequency vibrating registers have been disappearing, as these "lead" energies have been transformed by Christ into "gold" energies.

"You are a son, a daughter of the Infinite: *"Like father, like son"*. Reflect. Light the Flame of Hope, and speak from the heart to the Father and Christ.

"Be Hopeful, strive to leave the hard drive of your soul without records - "lead". Strive to make your soul's light bulb crystal clear of colour-"lead". Endeavour to clear your soul's Album of Life of Black/White photographs.

"The 3 OBJECTS are examples of the same, given for your understanding, for what is not understood is not practised.

"Be constant. Practice the investigation of the "lead" energies, the surrendering of them to the Light-Fire of Christ for their transformation into "Gold", energies of High frequency of vibration.

"Thus your cosmic being-soul will step by step raise its frequency of vibration, approaching the original High Frequency of vibration, from when you were in the Pure Worlds, whereby magnetically your soul will reject the low frequency at which the viruses and the mental waves of "them" vibrate.

"Simultaneously your soul will also be attracted to the Pure Worlds Beyond the Stars, returning, returning Home, to the solar Cradle, from whence you departed.

"If you will, practice what you have received. Thus shall you begin the Return to the Wonderful Homes Beyond the Stars. If you will. You are a free being.

No cosmic soul-being can return, return to the Pure Heavens from the depths of condensed matter, the Earth, if he walks the path of his life burdened with his sack of "leads", while countless fellow beings lie and suffer on both sides of the path.

He who feels in his heart to do for his fellow men what he would have them do for him, should start on the way to the Father's Heart with the clear goal of emptying the sack of "weights" from his soul while he is incarnated. These "leads" transformed into "GOLD" he will be able to donate to his fellow men. If you have read this far, you will know why the ship of this civilisation is sinking.

Has one loved by loving one's fellow man and every being and existence of the animal and plant kingdoms housed by Mother Earth?

APPENDIX.

Do you want to demagnetize with the help of CHRIST the possible magnetic base installed by demons in the brain?

In Chapter 4. *Instructing and Discovering the Demons' Strategy*, page 25, you have read that the OBJECTIVE of the demons is:

“To magnetize groups of cells in the brain to form a BASE that vibrates at their Low Frequency. They can then be attracted to this magnetic base to act on the brain.”

In Chapter 5. *Strategies of the Demons*, page 36, point 7, it says:

“How to demagnetize the group of brain cells converted into a magnetic base by the demons.”

Remember that *“We cannot do for others what they do not want to do for themselves.”*

The word **We** refers to the Father of Heaven, Jesus, the Christ, and the Ruler of the Plane of Love of Heaven, acting as a Team. **Therefore, those who do not want to help themselves do not receive help.**

Remember also that what has been magnetized and used as a Base for a long time by the opposing forces, the demons, is not demagnetized from one day to the next. Be consistent and PRACTICE the instructions received so as not to be surprised by the strategies of the demons.

Do you want to do an EXERCISE to demagnetize, with the help of CHRIST, the group of brain cells that could have been converted into a magnetic base by demons?

1. Sit correctly, with your feet together, without crossing your legs.
2. Breathe consciously to raise the vibration frequency of your soul. After breathing consciously several times you will have harmonized and controlled the "carousel" of thoughts.

Use the word **CHRIST** (CRIS (inspiration)---(long pause)---TO (expiration), to breathe consciously.

This instruction is in *“BETWEEN ETHER AND EARTH”*, Chapter **38**, page 147. The prolonged pause is to keep the inspired air in the lungs for as long as possible, which helps the red blood cells to fix a greater quantity of OXYGEN, and the blood to be able to get rid of a greater quantity of CARBON DIOXIDE deposited in the blood by the BRAIN CELLS and cells of the tissues and organs of the body, being expelled from the lungs during expiration.

3. Close your eyes. Breathe consciously. IMAGINE a RADIANT SUN illuminating the interior of your brain.

4. Breathe consciously inside the RADIANT SUN. Rest as much as you wish. Breathing comes and goes. Mentally say: SILENCE, PEACE, HARMONY.

The Light of the RADIANT SUN radiates more and more. Your soul is raising its vibration frequency. You enter inside the RADIANT SUN. Then tell CHRIST, he is waiting for you:

“Christ, between You and I we are going to demagnetize the cells of my brain contaminated by the vibration of the demons. I am going to make an effort not to think and think about the images and thoughts that “they” introduce into my thoughts to magnetize the cells of my brain. Help me. Raise, CHRIST, the vibration frequency of all the cells of my brain, to neutralize the magnetic Base of the demons.”

Continue breathing harmoniously (inspiration---pause---expiration) to keep the vibration frequency of your soul elevated.

When you wish to finish the EXERCISE, speak to CHRIST about whatever you wish to share with Him. Thank Him, and come out from within the RADIANT SUN that illuminates your brain.

Inhale and exhale deeply. And open your eyes. PEACE.