



STEPS

- The Cosmic Ladder -

A. D'HERTZÁUREA

STEPS

- The Cosmic Ladder -

A. D'HERTZÁUREA

Propiedad Intelectual. M. N° Asiento Registral – 16/2023/ 7716
Cover drawing: Author **A. D'Hertzáurea**

INDEX

1. Return to the Fountain of Life, flowing with the Water of Gold (p. 9). 2. I am the Barge of Love. I fulfil My Word.(p.12). 3. Become a Banner of My Light. (p.15) 4. I cover you with My Cloak of Love. (p.16).5. Love illumines where Darkness reigned (p. 18). 6. Persevere in attaining Purity. (p. 19). 7.Increase your Light potential. To love by loving. (p.21). 8.Allows you to help yourself thoroughly. (p. 24). 9. Who really helps in this world, the homeland of un-Love.? (p. 25). 10. "They" are watching your aura, your mental screen (p. 25). 11. Contract of perfection (p.26). 12. Be brave. Take the ruler and the compass of Love (p. 27). 13. Fruits of Gold and Lead (p.28).14. To reach Perfection is your Goal. (p.29). 15. We need you (p. 30).16. It is all in you (p. 31). 17. Thou shalt attain victory (p.32). 18.On the contract of Love which thou hast signed with Us (p. 32. 19. Descend into the Deep Realms of Being. (p. 34). 20. I make all things new (p. 35). 21. Refresh thyself in the Waters of Being (p. 36). 22. Be a radiant Light in the nights of this World (p. 37). 23. Control thy thoughts (p.37). 24. Become Golden Gulls in time. (p. 38). 25. Remember that the 'invisible' are watching you (p. 39). 26. It's not all bad times (p. 40). 27. Lost time does not come back (p. 41). 28. Do not enter the magnetic sphere of dreams (p. 42). 29. Don't be surprised by "them" (p.43). 30. Laziness and self-pity. (p.44). 31. Practice in hours of stillness (p. 45). 32. To become a 'Master of Flight' (p.46).33. Outside of Us there is only chaos and shadows.(p. 47). 34. Practice unceasingly that which you have received (p. 48). 35. We are watching over you (p.49). 36. Be radiant examples of Love (p.49). 37. Always put us first in everything (p.51).38. Practice contact with Us (p.52). 39. Emit Love, burnish the Mirror of your Soul. (p.53). 40. Rest in Us with your thought.(p.53). 41. Take advantage of the time of apparent peace. (p.54). 42. What time do you devote to your inner evolution (p.54). 43. Rest in Us (p. 55). 44. Do you have an answer to this question? (p. 56). 45. First prepare, then serve. (p.59). 46. Storms of thoughts projected into the atmosphere. (p.57).47. Calibrate the seriousness of the situation (p. 58). 48. Control and order your thoughts. (p. 59).49. Remember your fellowmen. (p. 60).50. I Am the I Am in you. (p. 62). 51. The final struggle is posed. (p.62). 52. I Am the Gold of your soul. (p.63). 53. Will you accept to serve and to help (p. 64). 54. Burnish the mirrors of your souls (p.65). 55. Accelerate the process of purification (p. 66). 56. Lay golden stones in the foundations of your soul.(p.67). 57. Give me the dry grasses (p. 68). 58. I come quickly, persevere (p. 69). 59. Become fully the Light of My Light (p. 70). 60. The battle goes on, we say to those who have come down on a Mission of Love. (p. 71).61. Remember: Many of you are on Earth on a Mission of Love (p.72). 62. Stand mentally. (p.74). 63. Love by loving untiringly (p. 75). 64. I have all things in view. The action of the Brothers of the Stars for millennia. (p.76).65. For you, wrapped in Our Love (p.77). 66. Ambassador of Our Love (p. 78). 67. Valuable tool of help (p.79). 68. Let Us use you as a channel of Our Love (p. 80). 69. Multiply yourself by loving (p.81).

70. Meet Us (p. 82). 71. Become burnished "gold" (p. 82). 72. We Are the Goal. (p. 83). 73. Practical Exercise (p.84). 74. The deeper meaning of giving Love (p. 85). 75. Search for the "lead" energies of the soul. (p.86). 76. Review the foundations and walls of the house of the soul (p. 87).77. Love intensely (p. 88). 78. Affirm constantly Our Presence in you. (p.88).79. You are Love, for I Am Love (p.89). 80. Detect the "noises" of the "lead". (p.91). 81. Your example of life is fundamental (p.92). 82. Know thyself, thyself (p. 92). 83. Sow grains of Love wherever you go.(p. 93). 84. Evaluate thyself, thyself (p. 94). 85. Live and act as a true cosmic being (p. 95). 86. Attain Perfection. Love. You are a cosmic being (p. 97). 87. Project waves of Love. (p. 98). 88. Set on Autopilot (p. 98). 89. Rest in Our Arms of Love. (p. 99). 90. Prepare Thyself internally (p. 100). 91. The Unseen Shall Manifest (p. 101). 92. Investigate deeply that which is engraved in the soul (p.102). 93. Count always on Us (p.103). 94. Hope at the bottom of Pandora's Box (p.103). 95. Love is urgently needed (p. 104). 96. You are on Earth, the homeland of un-Love (p.105). 97. Learn to listen (p.106). 98. Look into the eyes in blessing (p.106). 99. Execute Our Mandate of Love (p. 107). 100. The Revival of the Golden Age. (p.108).101. What you think and are made to think. (p109). 102. Practice Makes Perfect (p.110). 103. Investigate the beams of your eyes (p.111). 104. Raise the Light potential of your soul (p.113).105. Attain the Deep Silence. (p.113).106. Time will "stand still". (p.114). 107. Love us in your brothers and sisters.(p.115).108. Teach what is practised.(p.116). 109. Prepare yourself out of Love for your fellowmen (p.117). 110. The Earth is Mine. I order this condensed world. (p.117). 111. Time is energy. (p.118). 112. How do "they", the demons, act (p.121). 113. Where do I come from, where do I return to? (p.124). 114. Breathe consciously (p.136). 115. Symphonic poem "Return to the Homeland of Light". (p. 137). 116. Prelude and Musical score of "Return to the Homeland of Light". (p.139). 117.Prelude and musical score, of "Return to the Homeland of Light"symphonic version.(p.143).Epilogue (p.146).

INTRODUCTION

Does man know who the Father in Heaven really is?

Does man know who Christ really is?

Mankind does not know Who are the Father of Heaven, nor Jesus, the Christ.

When you have read "Father of Heaven and Jesus, the Christ" your thought will have connected Their Names with one of the so-called Christian religions of the Peoples of the Earth.

Perhaps you professed in other existences the religion of the families of Israel, India or China in which your soul incarnated. Perhaps you were a Catholic, Protestant Lutheran, Muslim, Evangelist, Buddhist, atheist or agnostic.

However, your cosmic soul-being has always been the same in any of your previous existences. The soul incarnates in different human bodies, but has no religion. Cosmic beings have no religion. Religions exist only on Earth.

Man is free to accept, or not to accept, the existence of God, or that Love is the Highest Frequency Energy of vibration in the Universe, or that Love is the Origin of all that exists, cohesive, energising and vivifying it.

But even if there are inhabitants of the Earth who deny the existence of God, the Father Creator, the Infinite, is Love, and His Son, Christ, the Corregent of the Infinite, is Love.

All that exists on Earth, be it man, or the beings and existences of the animal and plant Kingdoms of Nature, are Love made form, whether or not visible to the eye of man.

And you are Love, "like father, like son", because your cosmic being is the son or daughter of the Father of Heaven. You are free to accept it or not, to believe it or not. But your Father is Love and you are Love made form. A thought-form is you.

The Father in Heaven is not the carving or sculpture of an old man. Christ is no figure, no sculpture or carving, crucified or not.

Those who have imposed Christ as a crucified image on their fellow men, whom they make rise and die year after year, and carry Him on their shoulders and in processions every Holy Week, do not know Who Christ is, nor Who the Father is, nor do they know Christ or the Father, nor do they know who they themselves are.

The Father is the Life in you. Christ, His Son, is the Life in you. And you, son or daughter of the Father are the Life, whatever your belief or religion in this existence, or no belief, no religion.

Even if you claim to be an atheist, you can say to the nightingale singing in the lushness of a garden, "I am the Life, you are the Life, you are in me, and I am in you".

So Christ said in Jesus of Nazareth: "I am the Life", "I am the Truth".

Scientists do not know what Life is. But the Father and Christ are the Life in the scientists.

The Father and Christ are the All in all. They are thus the instant and all that happens or is done in this fraction of time. The Father and Christ are the Cosmic Step and the Cosmic Ladder which you ascend in your Homecoming, your Abode Beyond the Stars.

You need to know that the Father and Christ are also the atom, the quantum and sub-quantum, the molecule, the star, the galaxy, the Sun, the butterfly and the flower, the deer and the nightingale, the song of the cricket and the nightingale, the rose and its perfume and colour, the lightning, the grain of wheat, the ant and the giraffe, the dog and the olive tree, the stream, its water and its coolness, the air you breathe.... the All in all.

If man had known who the Father and Christ really are. If man had experienced in himself the Father and Christ, who are the Life in him, in his brother animals and plants, as examples, then man would have known that the Father and Christ are also the Life in his fellow men, in those he has at his side, in those who are thirsty and hungry, in those who are put in the crosshairs of assault rifles.

Then there would have been no wars, no armies, no trenches in hearts, no cannon fodder to send to the front lines, no military chaplains blessing those who go to kill their brothers, other children of God, no injecting genetic products into their fellow men, no slaughter of animals, no intensive felling of trees, no intensive cutting down of trees, no intensive cutting down of trees, no intensive cutting down of trees, no intensive cutting down of trees, no intensive cutting down of trees, no intensive cutting down of trees, no intensive logging, no burning of forests and grasslands, no fishing boats, no killing of whales and other animal brethren of the waters, no slaughterhouses, no animal experimentation centres, no poisoning of farmland and water, no endless deaths of plants and flowers. .. as known examples of the billions and billions and billions of acts of un-Love.

Then the Earth would have been an oasis of Peace, and the collapse of this civilisation would not have occurred. Nor would you be reading "STEPS - The Cosmic Ladder -".

Christ would have been the North Star marking the North to the inhabitants of Earth in their incarnations and lifetimes as they passed through the Earth.

Those who descended the rungs of the Cosmic Ladder from the Pure Worlds to Earth during the Fall, or descended on a Mission of Love to Earth, must climb the same rungs they descended to Return to the wondrous Worlds Beyond the Stars. **All return to the Worlds of Light. Inexorably.**

Each rung of the Cosmic Ladder corresponds to a frequency of vibration, identical to the frequency of vibration of the souls.

Starting from crystallised matter, Christ raises the vibrational frequency of the energies of low vibrational frequency attached to the souls of those who give Him these energies - "lead". This is how He transforms them into energies of high vibrational frequency, "gold", and attaches them to their souls.

It is the 'gold' that they can give to their fellowmen and to every being and existence in the Kingdoms of Nature.

We use the words "lead" and "gold", as synonyms for energies of low vibrational frequency ("lead"), and energies of high vibrational frequency ("gold"), for your understanding, terms from alchemical literature.

The rungs of the Cosmic Ladder are the intermediate cosmic Stations which, from the third dimension, Earth, lead to the Abodes of the Pure Worlds vibrating at the Absolute frequency of Love, Abodes which were never meant to be abandoned.

The frequency of vibration of each intermediate cosmic Station is identical with the frequency of vibration of the souls, identical with the frequency of vibration of each Step of the Cosmic Ladder.

Infinite sons and daughters of God on Earth began to ascend the Rungs of the Cosmic Ladder by raising the vibrational frequencies of their souls. From the fourth, fifth and sixth dimensions they continue to ascend into the seventh dimension, past the Wall of Light.

In "STEPS - The Cosmic Ladder", we have included at the end of the Index chapter 18 of the book "Between Ether and Earth" (HOW DO "THEY", THE DEMONS, ACT?), where we warn of the strategies of "they", "those invisible to the human eye", the demons, to penetrate thought and create magnetic bases in cellular groups of the brain identical to the low vibrational frequencies of "they".

To be victorious and neutralise the mental strategies of "them", we advise you to read again and again and memorise the above mentioned chapter 18.

In this way you will be able to warn and help others like you.

We have also included at the end of the Table of Contents chapter 19 of "Between Ether and Earth", "Where do I come from, where do I go back to? Where do I come from, where do I go back to? ".

In this chapter, people of any religion, creed or thought, can consult and practice the three methods which facilitate the raising of the vibrational frequency of their souls to Return to the Pure Worlds Beyond the Stars by ascending the Rungs of the Cosmic Ladder, the Cosmic Stations in between.

We advise you to reread again and again the above-mentioned chapter 19, for without raising the frequency of vibration, souls cannot be attracted to the Pure Worlds, Beyond the Stars, which vibrate at the High, Absolute, Frequency of SELF.

We have included at the end of the Table of Contents the chapter "Breathe Consciously".

The Father and Jesus, the Christ, will speak to you, united, or One of Them, in each "Manna" of the pages of 'STEPS' - The Cosmic Ladder".

You know who The Father in Heaven and Jesus, the Christ, really are.

As an aid for the interpretation of the sung part of the two scores based on the symphonic poem, we include an audio file ***Return to the Homeland of Light***. We include an audio file with the poem sung in Spanish. As a song it is a versatile work, which admits versions and translations.

A. D'Hertzáurea

IMPORTANT: We advise those who receive in English **'STEPS' - The Cosmic Ladder"**. to compare this English translation with the original Spanish version **"PELDAÑOS - La Escalera Cosmica -"** when they feel that the meaning of what they read is not correct. We use free online translators, and we know this can happen. However, we are grateful to those who offer these free translators. Thanks to them you have received in English **'STEPS' - The Cosmic Ladder"**.

1. "RETURN TO THE FOUNTAIN OF LIFE, FLOWING WITH GOLDEN WATER".

Letter of Jesus, the Christ, addressed to those who have initiated the Path of Return to the Heart of the Father of Heaven and to the Homes of the Pure Worlds, ascending the Cosmic Ladder.

You have heard from Brother Teacher, the Ruler of the Plane of Love of the Pure Heavens, Our Channel and Spokesman for the Brothers of the Stars, that you are cosmic gulls who on a Mission of Love came down to Earth from the Pure Worlds.

You have also heard from Brother Teacher that a seagull with "lead" pearls attached to its wings cannot fly. Then your "seagull-souls" must be freed from these "lead" pearls, transformed into pearls of "Gold" by Me, Christ, your Redeemer and Friend, when you hand them over to Me.

To fulfil your Mission of Love it is necessary to be clear examples of flying over the cosmic Sea of the interior for the seagulls that flutter along the roads, fields and streets of the towns and cities of this dense world. But they cannot fly because of the "leaden" pearls attached to the wings of their souls. There are not many flight instructors.

You have realised - and Brother Teacher has been endeavouring to make this clear to you - that you cannot be flight instructors for seagulls with "lead" pearls weighing down the wings of your souls.

"They", the black seagulls with lead wings, will flap their wings to destroy your wings. They see that you cannot fly because of the "leaden" pearls and "leaden" pearls painted with "gold" that weigh down your wings.

It is a metaphor that defines the situation in which cosmic beings who out of Love have come down to Earth, incarnating in dense human bodies, find themselves. I Myself was able to experience it in the human shell of Jesus of Nazareth.

You have understood the metaphor. You know that souls with "lead" scales cannot be attracted to the "Golden" Worlds Beyond the Stars.

Lead" vibrates in the frequencies of Darkness. With "lead" attached to souls there is no Return to the Homes Beyond the Stars, which vibrate at the High frequency of the SELF.

Therefore, in order to take flight and to be "flight instructors" for your fellowmen, it is

necessary that you investigate yourselves in order to find the "leads" on your cosmic gull wings, which you will give to Me, Christ. I will transmute them into "Gold", which I will attach to your cosmic bodies - soul. It is up to you to burnish the "Gold" with Loving Love.

The Sun of Infinite Love, which is the Father and I, will reflect the Rays of Love in the burnished mirror of the cosmic soul-bodies that have come down on a Mission of Love to Earth.

They will shine like radiant stars in the night of the Peoples of the Earth, already in the process of atonement, with tragic events and natural catastrophes coming hand in hand with each other.

And you will be mirrors of Our Love and Peace to those who dwell in your country.

Flocks of seagull-souls with leaden pearls on their wings were swept away by the waves of the Sea of Causes and Effects.

They did not shed the "lead" pearls attached to their wings in time. They had no flight instructors.

For this reason it was not possible for them to take flight to fly with wings of "gold" over the Sea of Causes and Effects above the grey clouds which hid the Sun of Love.

They did not fly over the marvellous landscapes seen only by the gulls with wings of "gold" in flight towards the Pole of the Universe, that I Am Christ.

You have understood - thanks to Brother Teacher - that you cannot fly to the Fountain of Life that Breathes Golden Water, Beyond the Stars, without freeing your souls from "lead".

You have understood that this High Instruction, and many others which We have given through the Regent of the Plane of Love under the name A. D'Hertzáurea, must be practised in time, that you may instruct and direct other cosmic gulls to Me, and that they may not be buffeted by the waves of the Sea of Causes and Effects.

They will know for your sake that only with Me, Christ, can they ascend the Steps of the Cosmic Ladder until they enter the Pure Worlds Beyond the Stars.

If they did not ascend according to the flight foreseen by Us, they would have to become "gold" in the Realms of Purification and Atonement.

They will experience what has been caused to their fellowmen and to the beings and existences of the Kingdoms of Nature in this and other existences.

These instructions will also reach the cosmic seagulls who incarnated in families of the Peoples of the Earth. You are not alone in your experiences. We have it all planned.

I will transmute into "gold" the "leads" that you give Me, as the Great Alchemist that I Am.

The danger for those who have come down on a Mission of Love, and feel that they are becoming flight instructors, ***is in self-deception***, and in not knowing how "they", the "invisible to the human eye", act.

They think they have practised the instructions they have received because they have read and heard them over and over again. It is one thing to know, and another to practice what is known.

This "they" know. They have put out of action countless cosmic beings drunk with knowledge read and heard by word of mouth or in programmes over many years, which the Father and I have given through our Prophet Gabriele of Würzburg.

In their turn, those who have been put out of action give to others what We have given them, boasting of great spiritual knowledge. Thus they add more "lead" energies to their souls.

They knew that they had to investigate the shadows of their souls ("lead") and give them to Me, Christ, for their transformation into "gold". But they did not do it in time. So these dense energies of low vibrational frequency have multiplied.

And "they" work stealthily through them, as serpents slither through dry grasslands.

Their contents are seen in the aura. And "they", the demons, who know the Emit-Receive principle, project waves into their brains to vibrate these fields of dense, untransformed energies with which the seduced feed the Great Battery of Darkness. And from there they receive, not from the Light. Though some bear the Name of the Father and Mine on their lips.

Instruments called by Me also succumbed by not controlling the images and thoughts with low frequency vibrational content, contaminated by "them", which "they" have contaminated.

contaminated by "them", who introduced each one into their thoughts to make them vibrate again and again. Thus "they" installed magnetic bases of their own vibrational frequency by magnetising groups of brain cells, so that "they" can penetrate into the brain.

To each and every one of you who has read this Manna-Letter, the Father in Heaven and I, Jesus, the Christ, say to you:

"The Father and I, Jesus, the Christ, need you as a mirror of Our Love and Peace in this maddened world.

It is necessary to save many from the wreckage of this civilisation. May your example of life and Our radiance of Love and Peace shine through you in the dark night of this world.

The Light, which We Are in you, will shine to sow Hope in many."

Those who have come down on a Mission of Love to Earth, and the sons and daughters of God of goodwill should become aware:

< How "they", the "invisible to the human eye", act.

< What are their mental strategies to penetrate man's thinking.

For this reason, our Channel ,and Spokesman for the Brothers of the Stars has included in "Rungs - The Cosmic Ladder" chapter 18 of "Between Ether and Earth".

He has also included chapter 19 of "Between Ether and Earth", with instructions for each one to investigate the "lead" energies attached to his soul, and to hand over to Me, Christ, the "leads" which I will attach to his soul transformed into "gold".

Reread this letter, if you will. You will see that in this letter, in the 18th and 19th chapters cited above, and in the "Manas" included in "Rungs - The Cosmic Ladder" are the "tools" to initiate the Path to the Father's Heart, and the Return to your Abodes in the Pure Worlds.

Practice the instructions received in the "Manas" of "Rungs - The Cosmic Ladder" and in the chapters of "Between Ether and Earth".

Become "golden" again with My help. Nourish also your consciousness with what is transmitted in "Messages from the Brothers of the Stars". And you will achieve victory over the Darkness.

We remain united. PEACE.

Jesus, the Christ.

2. I AM THE BARGE OF LOVE. I KEEP MY WORD.

I am Christ.

Rest frequently in the Father and in Me in this time of growing turmoil in the Peoples of this world, of accelerated changes on the face of the Earth by the action of the Elemental Forces Fire, Water, Earth and Air, within the Plan prepared by the Father.

These changes have been in the news more and more frequently. The spiritually blind attribute them to climate change.

Against this climate change they want to fight to reverse the situation and continue living on Earth with the normality in which the vast majority has been living, prostrate and connected to the idols of the materialistic world. The blind think that science will find how to tame Mother Earth.

Many have been warning that the so-called climate change is the death certificate of this civilization. And it is.

This anomalous civilization has been sinking for some time. The heavy ocean liner "Earth" collided in the night of this world against the iceberg of the law of cause and effect.

This iceberg was getting bigger and bigger with the dense energy fields created by the inhabitants of the planet over the course of millennia and centuries. Since the last century the Great Cosmic Computer began to manifest to this Humanity the effects of the created causes.

The ship of this civilization began to sink. And now, when the waves of the raging sea sweep away everything they find on its deck, the inhabitants of planet Earth still do not recognize that the ship is sinking, overloaded with the countless containers of the "lead" created by themselves.

They changed their course going inexorably to meet the great iceberg of the created causes, whose effects also discharge on the face of the Earth the spiritual Elemental Forces Fire, Water, Earth and Air in their action of magnetic cleansing. Meanwhile, the ship "Earth" sails on the agitated sea of energies that have emerged at this end of the cosmic cycle.

For this, the scientists of this world have no explanation. And only the processes generated by the Emit - Receive principle, driven by cosmic dynamics, have just been shown. They will continue to increase.

Within the Plan foreseen by the Father of the Heavens to absorb the Worlds and dimensions of the Fall, His Light began to radiate from the Central Sun of the Galaxy, thus gradually raising the frequency of vibration of the Core of planet Earth, and of all that is hosted by Mother Earth.

The vast majority of Earth's inhabitants still do not recognize that the pockets of their souls are full of "lead", and do not know how to swim in this sea of energies in movement, in continuous emitting and receiving.

This is the situation. Many of you are travelers on this ship. You have incarnated in families on Earth to help during the collapse of the civilization of Unlove. Prepare yourselves, in time, to help the castaways of the ship of this civilization, and to orient them towards Me, Christ, Life in each one of the inhabitants of the Earth. None is unknown to Me, for I live within them, attentive to the call of each son, of each daughter of the Infinite.

I am none of the millions of crucified material Christs, or images scattered throughout the earth.

Whoever emits into matter, from matter will receive.

To you, to you and to you, who feel the beating of your heart as you read My Word, and know of the "gold" that is in the chest of your soul, I say:

"Do not waste a moment in recognizing and giving me the "leads" that are still attached to your soul. I want to give you these "leads" turned into "gold".

And you will increase your potential for Light.

You will be able to help and orient to the Father of Heaven and to Me those who still remain on the deck of the ship of this world swept by the waves. Its hull begins to sink.

Remember, and keep in mind, that the Father in Heaven, Our Father, is Love and Life in you."

Get ready, take advantage of every second of apparent peace created by the Darkness while the ship "Earth" remains afloat.

I am Christ, the Savior, I am the Barge of Love. Take My Hand that I will not let go of your hands. You know who I really am.

Come to Me, the burdened of all the peoples of the Earth, of all religions, creeds, doctrines and free thought, who want to carry your burden.

If you wish, I will take you back up the rungs of the Cosmic Ladder to the wonderful Worlds where you have your Abodes. They are as you left them.

Climb joyfully like squirrels of Light up the rungs of the Cosmic Ladder, up the Branches of the Tree of Light rising from the Earth, reaching its Branches into the Wall of Light.

I, Christ, the Seraphim of Divine Wisdom and the Regent of the Plane of Love will help and accompany you on your Way Home.

All the inhabitants of the Infinite Universe long for your Return.

The Doors of the Heart of Our Beloved Father in Heaven are wide open to you.

Go back. Have hope. Everything will be fine.

I, Jesus, the Christ, fulfill My Word. I love you. PEACE.

3.

BECOME A BANNER OF MY LIGHT.

(August 1, 2023)

I Am your Father in Heaven. Descend into the Deep Realms of Being to speak with Us. It achieves this automatism as long as there is apparent peace, created by "them."

Prepare yourself mentally.

It will happen that Israel will suddenly disappear as a state.

Which will surprise the rulers of this world and the Peoples of the Earth. It was already announced in the book "Between the Ether and the Earth". (June 2022) . Also in "Message of the Star Brothers to Humanity". (November 2022).

When Israel disappears as a state, everything will fall apart in the Middle East. The West will suffer an energy crisis.

When the time comes, you will not find what you need.

People's way of life will be convulsed. Also the production of companies. Many were moved to the East, which will lack technical supplies in the West. Then the Great War Confrontation of the Peoples of this Earth will begin.

All will be well for those who put Us at the center of their lives and fulfill the Laws of Heaven. The Kingdom of Peace will rise on the material ruins of this world.

I make everything new. The Earth and its Peoples are already in this process.

It is necessary not to waste a second. Watch that you are not distracted by "them" in becoming the burnished gold mirror that reflects the Rays of Our Love in this world in darkness.

Practice with Us what you have received. Without practicing it, without making it the flesh of your soul, you will not be able to transfer it to your fellowmen.

Fulfill with enthusiasm, joy and renewed strength whatever leads you to be a bearer, bearer, of the banner of Light and pillar of "gold" visible to your fellow men immersed in the mists of this world.

Who will the Peoples of the Earth really have in the terrible times that are going to befall humanity?

You will have Me, the Father of Heaven, My Son, Jesus the Christ, the Regent of the Plane of Love of the Pure Heavens, who incarnated to be among the inhabitants of the Earth in this time of pain and suffering, the Brothers of the Stars who crew ships and fleets, those destined based on land, and to the innumerable incarnated in families of the Peoples of the Earth, coming from the Pure Heavens and from the Planets habitat of diverse Galaxies, in permanent Mission of help and service to Humanity.

All the cosmic beings of the Universe, who inhabit the Pure Heavens and the Worlds of the fourth, fifth and sixth dimensions, constantly send waves of Love to their brothers and sisters who inhabit the Earth at this end of the cosmic cycle.

In this end of the cosmic cycle converge the collapse of the civilization of unlove, the Great War of the Peoples of the Earth, the Second Coming of Christ in Spirit in the atmosphere of the Earth, and the continuous action of cleansing and demagnetization of the face of the Earth by the Elemental Forces Fire, Water, Earth and Air of the low frequency vibrational energies (energies-"lead") radiated for millennia and centuries by "them" and those seduced by "them".

The action of cleansing and demagnetization by the Elemental Forces has been preparing the face of the Earth for the establishment of the Kingdom of Peace in the Golden Age, and the settlement of the New Humanity in the New Earth without borders. PEACE.

4. I COVER YOU WITH MY CLOAK OF LOVE.

I am Jesus, the Christ.

I speak to you, who are reading. You know Who I really am. I am not some crucified figure invented by those who do not know Who I Am.

I take care of you. Trust me. You are free to trust Me or not.

I Am Freedom, and you are Freedom. The Father in Heaven lives in you.

He is Life, Liberty, and you are Life, Freedom.

Your cosmic being Alma incarnated in a human body, just as I incarnated in the human body that was Jesus of Nazareth. Reflects.

Earth is a third-dimensional planet. Feel as it is. Feel how the Peoples of Humanity are. Feel how each of your peers lives day by day, from dawn until they sleep in a bed, if they have one. Feel if you have eaten or not, if you have a glass of clear water to drink.

I, Christ, will lead you through burning lavas, over the cliffs of this world, with raging seas lashing the coasts.

I will lead you through burning sands and endless tempests, if you trust in Me.

If you do not trust in Me, I also accompany you in your walk through this world.

I will be with you when the magnet of your soul attracts what has been caused in this or other existences, for I Am the Life in you.

If you want, tell me about whatever you want. I'm always listening to you.

Hand me over and over again your "lead" cargo. I return it to you converted into "gold" that you will donate to your fellow men and to every being and existence of the Kingdoms of Nature. They are Love made form, in which the Father and I are Life.

. I cover you with My Cloak of Love. I am the only Savior of this world.

What do you see through the windows of the media?

What you see is little, because much is hidden by the servants of Darkness, who will attract the corresponding inexorably, if in time they are not recognized and rectified.

This is why love Our Father with all your heart, above all things "created" by "them", the Darkness. Then you will be safe.

And you will become the golden column to which many will cling hopefully in the tragic days of the definitive collapse of this civilization. Your example of life will lead you to the Father and to Me. You know that the example has to go before the words.

! Do not rest on your laurels created with empty words, even if your lips pronounce the Name of the Father and My Name!

Make good use of the time we give you while you are in this world. Serve and help your fellow human beings and all beings and existences.

The Father and I Are the All in all. We are also time and whatever you do in every instant of time.

Experience us in everything. And you will become a Beacon of Love and Hope for those who suffer, lost in the endless mists, mists and tempests of this world in total atonement now.

Show them the way back to the dwellings they left behind and await them in the Wonderful Worlds of Beyond the Stars. I will take you from My Hand.

Curl up like a child in Our Father's Arms of Love!

Remember that I, the Co-regent of Infinity, am One with Him, from Eternity to Eternity. I am also embracing you, holding My Arms of Love against My

Chest. Do not feel alone, do not feel alone, I Am your Friend, always looking out for you. PEACE.

5. LOVE ILLUMINATES WHERE DARKNESS REIGNED.

"Affirm us in everything. Our Presence illuminates everything. And be magnetized as much as you bless with the Force of Our Love in you.

You understand the importance of being a clean mirror for the Rays of Our Love. You see and feel that what still holds this civilization is apparently being undermined by the law of cause and effect.

It will not be the way it was before. The climatic phenomena that suddenly hit the peoples of this Earth are marking the before and after.

Those who are waking up intuit that nothing will ever be the same as before, because a catastrophe is added to the previous one, shaking hands with which it becomes news again.

There is not, nor will there be time or means to rebuild what has been damaged by the military actions propitiated by "them" in their "scorched earth" of what was "their territory". For this reason they also destroy in their blindness when it can help the establishment of the Kingdom of Peace on Earth.

In their ignorance, the instruments seduced by "them" fail to see that they are harming themselves. For them there is no law of cause and effect. And this is their downfall.

You will suffer unspeakably in the areas of purification during the process of purification of your souls, which step by step must reach the original vibration to be attracted by the Pure Worlds, from where you came, where your Homes are.

Love, for by loving, being a personified example of Our Love, you help many turn around, longing for the Return to the Homes they abandoned.

I make everything new. And through faithful to the Spirit, the Age of Love is being cemented on Earth, the homeland of dis-Love for millennia, where the Spiritual Revolution pending on Earth has already begun.

The Regent of the Plane of Love of the Pure Heavens was the one who initiated it. He incarnated on Earth. He was born and raised among the sons and daughters of God. We act in it and through it.

"They" know that they have lost the battle they started against the Light. They also lost The Gene Battle.

Only the Light prevails and will prevail, which pierces and penetrates the strongholds that were 'domains' of the Darkness, which never were, because the Earth and all that it houses is of the Father of Heaven, the Creator.

Do not lower your guard, because they attack mentally and with as many means as they can, even through close and strangers. Don't forget.

Always keep in mind that the antidote to cure the effects of what is caused by Darkness is Love. Love by loving tirelessly. PEACE.

6. PERSEVERE IN ATTAINING PURITY

I am Christ, your Redeemer and Friend. I turn to you in the hour of this world. Persevere in attaining Purity, which the Father and I need you as a bulwark and pillar of Peace, Love and Hope.

Remember again and again: Who really loves in this world?

The Father and I desire to love tenderly through you the sons and daughters of the Heavens incarnated in this world. All the Love given is and will be little.

Prepare yourself tirelessly until you become fully Light of My Light. I need to shine through you in the dark night of this world.

Do you want to walk carrying the banner of the Spiritual Revolution initiated?

Everything is agitated in this world at times. Anywhere on Earth, what the media does not say happens at every moment. But it will burst at any moment like a huge fairground balloon swollen by billions of sleeping children of God, who will have a rude awakening.

Unfortunately each one will attract what he has attached to his soul. You will have to experience as an effect what you have caused, initiated your process of purification.

This is why it is so important to self-criticize and investigate what vibrates in the soul often "lead", to give it to Me, Jesus, the Christ.

Practice what you have been reading. And you will attract the infinite high frequency energy fields that We Are in everything, for you know that the Father and I Are the All in everything, always assisting you.

Everything changes rapidly in this dense world. And there will be a moment when the rope will "jump" of the clock of this world, stopping "time" for the inhabitants of planet Earth, who will enter into accelerated worry, unable to control their thoughts, which they will project into the atmosphere.

Thus the collapse of the civilization of lovelessness will take place.

Breathe consciously every moment. "They" – the invisible ones to the human eye – take advantage of the vibration drop even while you work. Keep in mind then that you have to be alert to your world of thoughts and images.

This is where they attack you viciously."

Do not delay in banal matters. Don't let "they" distract you by carrying your thoughts here and there like a kite without a tail.

Come to the Father and to Me, and speak to us quietly, aware of every word you address to us.

It establishes this valuable automatism, vital in communication, firm, constant with Us. And rest in Us in those "isolated", "isolated" moments, from the barahúnda of mental "noises" that come to you "remotely controlled" by "them" to destabilize you.

That is its purpose. Don't forget. Keep it always in mind in these moments when everything is accelerating on the face of the Earth.

Stand firm in Us, with your thought fixed on the Core of Being. So they cannot penetrate your mind with their gross waves. They try again and again.

Leave everything in Our Hands of Love, tirelessly. PEACE

7. INCREASES THE LIGHT POTENTIAL. LOVING BY LOVING.

Letter to the brothers and sisters who have come down on a Mission of Love to the Earth, the homeland of dis-Love.

Greetings, brothers and sisters who have come incarnating in families from countries of the Earth, who have felt the Call of the Father and of Jesus, the Christ. The Star Brothers know where each one is, each one of you.

The situation is serious, very serious, because millions of sons and daughters of God in every country of the Earth are submerged in the pit of pain and suffering. Send waves of Love. The Father and Christ vibrate your gifts of Love in the Nuclei of Being of your souls. So you love loving.

The media do not report what is really happening, because "they" dominate the mainstream media through their instruments. This is why it is necessary that you increase the potential of Light of your souls, for yourselves, and for those you have come to help. Then it is necessary to love by loving, and transform with the help of Christ. the dense energies that have attached to your souls.

In the INTRODUCTION you have read that Christ transforms the dense energy fields of low frequency vibration (lead) attached to the soul, into energy of high frequency vibration (gold).

This needs to be done ON TIME. In time it is necessary to deliver to Christ the investigated energies of low frequency of vibration. Every second has great value on Earth.

There are useful tools to investigate the "lead" energies attached to the soul, which Christ will transform into "gold". These are:

A- Photo Album tool (black / white and color). This research technique is in chapter 19 of ***"Between the Ether and the Earth"***: Where do I come from, where do I return? You find it at the end of the INDEX.

B- Two other tools:

1- Affirm: **"I am the Order"**.

2- Affirm: **"I am love"**.

What happens when you affirm "I am the Order?"

When "I Am the Order" is affirmed, the Absolute is affirmed and the high frequency of the DIVINE ORDER vibrates.

To the conscious plane then emerge the dense energies - "lead" - to be converted into "gold", when Christ raises his low frequencies of vibration to the High Frequency, Absolute, of BEING.

Thus the energies - disorder disappear from the soul with which the Energies of the DIVINE ORDER vibrate with their High Frequency of Vibration.

Then man can fully affirm **"I Am the Order"**, which corresponds to the ORDER, proper to the Essence of his cosmic being-soul, as son, daughter of the Father of Heaven. What is the Father, the BEING, so are His children. This is why it is said to help your understanding **"From such a stick, such a splinter"**.

Man comes to understand that if he builds the house of his soul on foundations of "lead" it will collapse, for the dense energies - "lead" vibrate in the frequency of Darkness.

It is what the Darkness seeks by projecting related mental waves, of low frequency of vibration, to magnetize cell groups of the human brain.

For this reason it is necessary to investigate "the energies -"lead" attached to the soul, the dis-Order, which Christ will transform into "gold", the Order, which vibrates in the Absolute Frequency of Being.

You have the FREEDOM to give or not this "lead" to Christ to transform it into "gold". Then, it is up to you to build the Spiritual House of your soul on the Rock-Christ, or on sand. Keep in mind that the "lead" is the magnet whose vibrational frequency attracts "them", the demons.

- The same happens when you say **"I am Love"**.

You know that by stating - **"I Am Love"** you are affirming the Absolute, the Higher Frequency vibration of the Self, LOVE.

For your understanding change **"I am the Order"** by the affirmation **"I am Love"** :

To the conscious plane then emerge the dense energies - "lead" of dis-Love to be converted into "gold", in Love, when Christ raises the low frequency of vibration of dis-Love to the High Frequency, Absolute, of BEING, LOVE.

Thus the energies - unLove disappear from the soul with which the Energies of DIVINE LOVE vibrate with their High Frequency of Vibration.

Then man can fully affirm **"I Am Love"**, which corresponds to LOVE, proper to the Essence of his cosmic being-soul, as son, daughter of the Father in Heaven. What is the Father, LOVE, so are His children. This is why it is said to help your understanding **"From such a stick, such a splinter"**.

You have the FREEDOM to surrender or not the energies-"lead" of the dis-Love to Christ to transform them into "gold"-Love. Without stones - Love in the foundation you cannot build the Spiritual House of your soul. It will collapse if you build it with "lead" stones, loveless stones, in the foundation of your soul's house.

Understand that you will not be able to build the Spiritual House of your soul, talking about Love, but practicing Loving LOVING with your fellow men and the beings and existences of the Kingdoms of Nature, which are visible manifestations of the Love of the Father made form on this planet of the third dimension.

- SO TAKE ACTION:

1- Breathe consciously several times (Inspiration-- -pause---Expiration) to harmonize. He states, **"I am Order."**

You will find this tool at the end of this book.

He then consciously states, slowly pronouncing 3 times inward, with his eyes closed: **"I am the Order"**.

By affirming **"I Am the Order"**, the dense energy fields - "lead", that are in disorder, attached to your soul will be removed. You have to be alert. They manifest themselves on the conscious plane.

Take note of how much NON-POSITIVE (**dis-Order**) emerges to your consciousness at any time, place and situation: And you give it to Christ for transformation into "gold".

He FREQUENTLY affirms, consciously, **"I am the Order."**

The "lead" that emerges you hand over to Christ for transformation into "gold." .

2- Breathe consciously several times to harmonize.

(Inspiration----pause----Expiration), affirming "I am Love".

He then consciously affirms, pronouncing 3 times inwardly, closed his eyes: **"I am Love"**.

By affirming **"I Am Love"**, the dense energy fields - "lead", de-Love, attached to your soul will be removed.

You have to be alert to take note of how much NON-POSITIVE (**Un-Love**) emerges to your consciousness at any time, place and situation.

And you deliver the Un-Love energies to CHRIST for its transformation into the elevated LOVE Energy.

He FREQUENTLY, consciously affirms, "I am Love."

The "lead"-lovelessness that emerges you hand over to Christ for its transformation into "gold"-LOVE.

8. IT ALLOWS YOU TO HELP YOURSELF THOROUGHLY

Let us help you "thoroughly". Rest in Us, fully aware that WE ARE TAKING CARE OF YOU MOMENT BY MOMENT.

Leave everything in Our Hands of Love. Inaugurate this stage of your life by "letting yourself fall into Our Arms of Love". You will do well, very well. That is how it will be.

Leave everything in Our Hands of Love, again and again. We are the solution to what "concerns" you and occupies your thought. Don't give it strength. Give Us what "concerns" you with full confidence that We act for your good, resolving situations.

This world is boiling, like pots put on the fire.
The unexpected will happen for many, adding to the great economic crisis in the making. As a harvest to the sowing of Humanity.

Unfortunately there will be great suffering. Don't suffer. Pray incessantly for your fellow men. All help will be little, no matter how much.

It is necessary to practice and practice what you receive in these pages.
Without making the instructions received "flesh of your soul," there will be no evolution. You become now like a child in the spiritual. PEACE.

9. WHO REALLY HELPS IN THIS WORLD, THE HOMELAND OF HEARTBREAK?

I Am your Father in Heaven. Penetrate this question. Reflects.

In this way you will know and gauge the importance of your mission of Love in every moment, and in the peak moments of pain and suffering of Humanity in the final stage of the collapse of this civilization.

Donate often as much Love as you can. Remember that all help and all Love given in this world in the process of total atonement is and will be little.

So love intensely, projecting the Sun of Our Love into you to all being and existence, to all My creatures, to all the orphans of Love in this dense world, lost in the magnetic jungle created by "them" and the seduced, their faithful instruments.

Bless me in every being and existence. I Am the Life in what you bless. Don't forget. Practice the Law of Heaven. You will increasingly attract the potential of Love-"Gold" that you have issued.

And your soul will store the potential of energy - "gold" that belongs to your spiritual endowment, as the cosmic being that you truly are. PEACE.

10. "THEY" ARE AWARE OF YOUR AURA, YOUR MENTAL SCREEN.

Leave everything in Our Hands of Love, remember again and again. Do not enter into restlessness.

Rest in me, in us. Harmonize with conscious breathing when you're working or doing any task.

"They" take advantage of the lowering vibration of the soul as you work to approach you and send you barrages of dense waves to penetrate your thinking. Watch them for "them," for "they" are watching you continually.

PRACTICE coming to the inner Fortress. Here you are safe from the onslaught of the Darkness: We are waiting for you, always. Talk to us.

Rest in Me and in Jesus, the Christ. Take renewed strength in the Fountain of Love. And talk to us, don't forget. It's important. PEACE.

11. IMPROVEMENT CONTRACT

It is necessary to attain the highest possible purity in this crystallized world, which also has its own vibration.

And you must also keep this in mind while you are incarnated, incarnated, on this planet. It is the PERMANENT GOAL that you have to achieve.

We are Absolute Perfection. In the measure and level of Perfection that you reach, so We will reflect Ourselves in the Mirror of your Soul, and We will be able to give Ourselves through you to your fellow men.

What level of Perfection do you want to achieve? Do you want to sit on a rung of the Cosmic Ladder, or do you want to keep climbing?

It is time for you to come and talk to Us – pen and paper in hand – to put in writing down what You tell Us about the level of Perfection you wish to attain.

And what you write you have to fulfill. It is a heart contract that you sign with Us, freely.

Therefore, seriously reflect on what we propose to you in this Manna. Don't write thoughtlessly. It is, and will be, an important and crucial moment in your life. "They" will constantly test you.

I take the Word, Jesus, the Christ.

We Are the All in all. So We are the Absolute Perfection in everything. Our help is assured.

In this book "Rungs - The Cosmic Ladder" you have instructions and methods to investigate the dense energies - "lead" attached to your soul. You give them to Me, Christ. I raise its frequency of vibration, and the "gold" I will attach to your soul, increasing your potential for Light.

In this book you have the chapter HOW DO "THEY", THE DEMONS, ACT?
He knows his actions to enter the brain mentally.
Count on Me, and you will achieve victory over the Darkness.

It is up to you to ascend the rungs of the Cosmic Ladder until you reach the wonderful Worlds of Beyond the Stars.

THIS IS SERIOUS. On you depends, only on you, the degree of Perfection that you wish to achieve. In this way We will be able to act in you and through you, and give Love to your fellow human beings and to all forms of life.

Remember: As you emit, so you radiate. And to the extent that you orient yourself to Us, with this measure you will receive from Us. PEACE.."

12. BE BRAVE. TAKE THE RULE AND THE COMPASS OF LOVE.

Rest in Me by the Spring of Love, within you. Go into silence.
If you put everything in Our Hands of Love We will work in you and through you, because We are the Force, the Life in you.
Try, therefore, to be oriented, perennially oriented to Us, attentive, attentive, to the thoughts and images that continually project "they", "the invisible to the human eye", to you. Don't forget.
Measure yourself, yourself, with the rule of Love in the hour of this world.

You are part of this Humanity, through which you have come down to serve and help your fellow men selflessly.

Do you feel yourself taking the rule and compass of Love to gauge exactly the place We have in your present existence, in the present moment, in your deep heart?

Be brave. Take the rule and the compass of Love. We accompany you in this experience surrounded, surrounded, by Our Arms of Love.
Talk to us as you walk with Us through the wonderful Gardens of the Interior.
Do you invite us to accompany you in this experience that will mark your life?

Do you want to keep this experience in the memory of your deep heart, to share it with your fellow human beings when the time comes?

13.

FRUITS OF GOLD AND LEAD.

I am your Father. Think about what I give to each one of you at this moment so that you may nourish your souls with "gold" if you practice the Laws of Heaven, if you also practice investigating the "lead" attached to your souls to deliver it to Christ, My Son, your Redeemer and God, united to Me from Eternity to Eternity.

Be aware that when you do not practice the Laws of Heaven, and do not yearn for the real purification of your souls – that of each one, individually – you are feeding the "Great Battery of Lead", and from there you will receive, and not from the "Great Battery of Gold".

Do you put yourself in danger if you consciously feed the "Great Golden Battery" with emissions of Love?

Remember that what is not Light is Darkness.

Reflect. Look at the "real" world in which billions of My incarnated children live on Earth.

From which Great Battery does each one of My children receive the energies that produce hunger, disease, war, suffering and infinite pain, fruits proper to dis- Love?

Reflect. Keep you and you in mind, ever present, that you are continually watched by the Darkness. Don't forget it.

So come to Us often, if you will, to counteract the intense mental attacks that "they" lavish on you. Don't let your guard down for a moment. Continually observe your world of images and thoughts.

That's where they try again and again to put you out of combat. Notice whether your thoughts, words and desires emanate from Me and My Son, or from the Great Battery of Lead.

You already know where what does not emanate from the Source of Love comes from.

Look at the world you know through the senses of your human envelope.

It is said that every second of your stay on this planet is important. If you do not take advantage of it, living according to the Laws of Heaven, practicing what is given to you, so that you give it to your fellowmen when the time comes, does it mean that during that second you can be giving energy to the Great Battery of Lead? If so, from there you will receive.

Reflect. If this were to be so, it is because there are still fields of "lead" energy attached to your souls.

Learning while you are in this world is constant. At every moment you have to keep learning.

Look how the ship of this civilization already is, battered and buffeted by endless storms and catastrophes as it sails in the dark through the 'Ocean of Lead' of this world.

The situation is very serious.

Continually observe your world of images and thoughts.

Breathe consciously again and again into Us.

Penetrate into the Fortress of Love and Peace to investigate yourselves calmly, and to surrender to Christ, My Son, what He will transform into "gold" for your souls.

He and I are waiting for you. Cradle yourselves in Our Arms of Love. PEACE.

14. ACHIEVING PERFECTION IS YOUR GOAL

Feed the Flame of Love constantly. And His Light will illuminate hearts thirsting for Love and Hope in this tormented world, on the very edge of the endless precipice.

Remember the question, Where do I come from, where do I come from?

In this question is the root of evolution, of awakening for those who yearn to begin the Path to My Heart, always open wide for you, waiting for your Return.

My children, My daughters, without transforming the dense energy fields magnetically attached to your souls you will not be able to be attracted by the High Frequency of the Higher Worlds. Take action. You are not alone. We accompany you.

The example of life of each one of you and the high vibration that your soul must reach will be the Polar one that points the North to Me and My Son to those who

truly want to return to where they started, climbing the Rungs of the Cosmic Ladder. This must be done by everyone freely.

For this reason, ask yourself, constantly investigate yourself for all that "lead" has attached to your soul, which must be transformed into "gold" when you give it to My Son.

Attaining Perfection is your goal to become the signpost of the Way to Christ and to Me, your Father, to those lost in the mists of this world. PEACE.

15. WE NEED YOU.

- To all those who initiated the Ascension and Return to the Pure Worlds-

Truly difficult times are coming for humanity.

The Regent of the Plane of Love of the Pure Heavens has been descending to Earth century after century since Antiquity, preparing for the crucial moment that the Peoples of the Earth will live during the collapse of the current civilization, the Last War that will be on Earth, and the increased actions of the Fire Elemental Forces, Water. Earth and Air on all continents, events such as have never been experienced by the Peoples of the Earth.

Unimaginable is the pain, suffering and tribulations that the billions of inhabitants of the Earth will have to endure, because natural catastrophes, extreme climates, diseases, famines, wars and the lack of a roof under which to shelter and be able to die will converge. And the cruelty of one against another incited by "them", the demons, for years and days that will seem eternal, because everything will also be missing.

Many will call for Death, but Death will not come.

What you have lived, day by day, moment by moment, will surpass what you can imagine.

In this way you will be able to gauge what will happen, and the urgent need for an exhaustive spiritual and mental preparation to be able to help and serve together with other My children who have come down on a Mission of Love to the Earth, gathered by Me, because isolated, individually, you will not be able to survive.

Make a serious effort to prepare yourselves spiritually, for suddenly everything will emerge from the burning horizon of Humanity before the establishment of the Kingdom of Peace and the Second Coming of My Beloved Son, Christ, in Spirit.

The Spiritual Revolution, which you will help by being examples of life, will prepare the foundations of the Kingdom of Peace, in adverse conditions and circumstances.

I, My Son and the Brothers of the Stars will be closely united to you, and to all those who have come in Mission of Love, who will be gathered, directed by Us towards the Regent of the Plane of Love of the Pure Heavens, Our Channel, and Spokesperson of the Brothers of the Stars. I will lift the veil I have placed over him so that humanity will know how it will be known. PEACE.

16.

IT'S ALL IN YOU

You frequently come to Us, to rest in the Wonderful Gardens of the Interior, next to the Fountain that incessantly flows the Golden Water of Life.

Thus you "escape" from this world, which becomes a camp where pain and suffering is the daily bread placed on the tables of countless My children.

But many, blind, do not yet see it, however infinite the pain and sufferings of their fellowmen, because the law of cause and effect has not yet placed on the tables of many of My children the "lead rations" that are to "eat and digest their souls."

Faced with this situation, remember: Everything is in you. We have already been giving you impulses about what you need to know.

Yes, "All is in You," for We are in You, and We Are the All in All. Then it's all in you.

Remember: We, the All in all, are also in your fellow men, and in every being and existence welcomed with infinite Love for Mother Earth.

Reflects. PRACTICE, because Everything is in you. PEACE.

17.

YOU WILL ACHIEVE VICTORY

ALL WILL BE WELL FOR YOU if you rest in Us again and again, leaving your thought fixed on Us at the Core of Being, while consciously breathing into Us to raise the vibration of your soul and keep it constant, consciously. Do not doubt that it will be so.

Investigate yourself tirelessly to know how much of what you have attached to your soul vibrates in the frequency of "lead". And you will give it to My Son, who will return it to you transformed into "gold".

And you will achieve VICTORY in the "battle" that "they" are waging with you.

Remember that We, who are the All in all, ARE THE VICTORY YOU WILL ACHIEVE OVER THE DARKNESS.

We are permanently by your side in the "battle" of "them" against you. You already know in advance what the RESULT of the contest is going to be.

ACT then, consequently, to achieve VICTORY in the contest from which you will emerge victorious, victorious.

Since I gave you the gift of FREEDOM, you decide at what moment your soul will proclaim VICTORY.

Consciously reread this manna. Transfer it to a poster board. Modernize it so that you can carry it by hand in any pocket or purse to reread it wherever you are, if you want, My son, My daughter, with one eye on what you are practicing, and the other on what already, inexorably, those far from My Heart in this world are experiencing.

Understand what you have to do with underlined words. If you want, read them again. And take action. I Am Your Father. PEACE.

18.

ABOUT THE LOVE CONTRACT YOU SIGNED WITH US.

You read, and you will read again that "leave again and again everything in Our Hands of Love". It is important, very important that you achieve this automatism by coming to Me and the Father again and again, tirelessly. You see how the world situation is.

Leave therefore everything in Our Hands of Love in the awareness that the Father and I walk with you through this world, attentive to you at every moment.

If in reading "YOU WILL ACHIEVE VICTORY" you felt prepared to serve the brothers and sisters that we lead to you when the time comes, I, Jesus, the Christ, tell you that this depends on you.

Keep in mind that "they" strive not to achieve what you felt you did, to fail. They know that We will not be able to direct to you those who need help without you raising the frequency of vibration of your soul, weighed down by the "lead", which is in the frequency of vibration of "them".

You will be able to raise the frequency of vibration of your soul to the extent that you investigate yourself conscientiously, and give Me the "lead" found to turn it into "Gold".

THIS IS SERIOUS, VERY SERIOUS. If in reading "YOU SHALL ATTAIN VICTORY" you felt prepared to serve your brothers and sisters, but did not begin to practice what was underlined, it means that you put "them" before the Father and Me, who live in the brothers and sisters you intended to serve. And "they" know it, because they projected a mental barrage so that you do not practice what is underlined.

Then it is You, and not Us, who breaks the Love Contract that You freely signed with Us.

Is it too much work for you to spend a few minutes, or seconds, several times a day, when you can, after you get up, wherever you are, even if you are standing anywhere, or while you walk down the street and stop pretending to look at a shop window, on a break from work, or at home?

Examine yourself honestly. Think about what you used the seconds after reading "YOU WILL ACHIEVE VICTORY", because we need you in this world on the verge of total collapse. Come and talk to us about all this.

You need to learn to love by loving us. PEACE.

19. DESCEND INTO THE DEEP REALMS OF BEING.

Descend into the Deep Realms of Being to meet Us. Consciously use the breath to raise the vibration of your soul and establish the connection with Us, who Are the Absolute Vibration.

Practice and practice descending into the Deep Realms of Being to achieve also this automatism in times of apparent peace, "created" by "them", which can end at the moment chosen by "them" and their seduced instruments.

They have been taking over the centers of worldly power by taking over the governments of the countries and the World Organizations included in the UN, including the World Health Organization, through which they have been orchestrating for some time what was devised by the satanic hierarchies, "vaccinating" massively.

Which will also turn against you, for I, the Infinite, the Majesty of the Heavens, make everything new.

Therefore nothing magnetized by "them" and their seduced instruments will remain vibrating in the range of low frequencies, nor in souls, because all souls have to be purified gradually in order to return to the Higher Worlds, which vibrate in the High Frequency, the Absolute, which is We, the Being.

In this crystallized three-dimensional world, magnetized by "them" and their seduced instruments, the Elemental Forces Fire, Water, Earth and Air, which We Are, the All in all, are cleansing the face of the Earth, magnetized by the Darkness for millennia, preparing it for the settlement of the Kingdom of Peace throughout the Earth during the Golden Age that the New Humanity will live.

You have been seeing it in the news offered by the TV networks, being much more what has been happening throughout the Earth, and it has not been news.

And so the matter of planet Earth is also gradually raising its degree of vibration, as it has to reach the High Frequency of vibration of the Being.

For this reason you must not forget to investigate and observe yourself deeply, so that your soul comes to vibrate in the High Frequency of Being. PEACE.

20.

I MAKE EVERYTHING NEW

Rest in Us, My son, My daughter, for you see how the disintegration of the material world "created" by darkness and its faithful instruments accelerates.

Remember that I make everything new. And so, I am raising the vibration of the old magnetized in "lead", because I am preparing everything for its assimilation by the Higher Worlds.

It is a process that will inexorably come to an end. Nothing, no vibrational low frequency energy field will remain "invisible". Everything will be laid bare.

It will be known, therefore, who or who are the authors of the hidden, which is "lead", unless in time they recognize and reward what has been done, giving it to My Son, Christ, for its transformation.

But I will also put on the "mountains" and the "tables" of this world My sons and daughters who love Us more than this world, as living examples of how a cosmic being incarnated on Earth has to live the Laws of the Heavens, even being in this world in the process of total decomposition, since this civilization has not been built on pillars of "gold" and foundations of Love.

It will be known then that the pillars on which "they" were raising the civilization of lovelessness were of "lead" painted of "gold".

Do not forget, My child, My daughter, that appearance is the rotten "cement" with which the Darkness and its instruments have been raising this civilization externally. "They" speak by "painting" the shells of words "gold", but the seeds are "lead".

Be alert and do not be surprised. By their fruits you will also know those who, being "wolves", present themselves as "lambs".

So do not let your guard down. Remain as your brothers in Life, the asses, with your ears raised high.

Persevere in the inner work of transforming in time into "gold" the "leads" investigated, because you will have to be mirrors of burnished "gold" to reflect the Sun of Our Love in the gray days that Humanity has to live. PEACE.

21. REFRESH YOURSELF IN THE WATERS OF BEING

You need to come to "refresh" yourself in the Waters of Being, descending into the Deep Realms of Being. Come and talk to Us.

It would be like "restarting" the knowledge you have and the new ones you receive. We remind you that it is necessary to PRACTICE what has been received, which is, for your understanding, how to "digest" the spiritual food received, thus avoiding the dangerous "colic" of spiritual knowledge.

"They" are attentive to your process of spiritual evolution. "They" are the ones who distract you again and again with a varied menu of 'unforeseen' thoughts and occupations that appear in your world of thoughts, jobs and other activities.

Be assured that We are aware of you, of your spiritual evolution, watching over you, given the frequent attacks and various "traps" of "them". You will intuit what their intentions are.

Given that time is rushing, and that events of all kinds are peeking out the window of TV and other media, we ask you the question, something serious, for your deep reflection, but full of Our Love for you, which we illuminate with the Flame of Freedom, that you are and We Are in you.

Do you come practicing with seriousness and constancy what you have received?

Smile. Take a deep breath, and come talk to Us. PEACE."

22. BE A RADIANT LIGHT IN THE NIGHTS OF THIS WORLD

Remember that all Love given to this world will be little. Such is the magnitude of what is coming, of the 'hot drop' storm that will suddenly fall on Humanity.

Get ready to be the "Golden" Column that your fellow human beings can hold on to while there is apparent peace. Don't forget this.

Pray for those who have nowhere to cling to in the endless storms that will ravage the face of the Earth. Many will live what they never thought they would when they were intoxicated by the pleasures of the good life.

They never had Us on the horizon of their lives, as the Permanent Sun that wished to reflect itself in the clean mirrors of their souls for the good of their fellowmen.

They will drink the bitter cups of the dense sown in their lives, unfortunately.

Remain active in Our Love as a luminary in the night, where those who awaken after the battles of pain and suffering in which they will be immersed can orient themselves. We need you so that they can feed the flame of Hope with your example of life. PEACE.

23. CONTROL YOUR THOUGHTS

Rest in Us briefly, a few seconds, when you are working. This is how you connect with Us, and you don't feel alone, alone, in this world truly foreign to you.

When you can come and be with Us in the Deep Realms of Being. And you talk to us. Whatever you want. We always listen to you.

Thus you achieve the precious automatism of being consciously united with Us. During this time you rest in Us of "them", skilled in making themselves noticed, bombarding your thinking surprisingly.

Give us nothing more than what they send you. You know that they send you contaminated "seeds" camouflaged in something known to you. So don't let your guard down.

Don't forget that they project you and project thoughts to create a magnetic base of attraction for "them" in your thinking. Do not delay in giving to Me, Christ, what has been "sneaked" into you.

They will try again and again to make you think and think about what they surprisingly project to you. They know that only through thought can they put you out of action. So achieve the automatism of asking you and asking us about the images and thoughts that you may have "sneaked". And you surrender to Me what has been made conscious to you, without thinking and thinking about it. We remind you again. PEACE."

24. BECOME GOLDEN SEAGULLS ON TIME

"Leave every moment in Our Hands of Love what you are doing, or the situation you are going through. So we can act in your favor. You are not aware, for you do not see it, of what is happening around you and throughout the earth.

The situation is getting rarer and rarer. World leaders verbally attack each other. And they veiledly mention the use of force. They are not setting a good example to the peoples they govern. When the time comes, "they will make the guns talk." And some peoples will fight against others. The language of weapons is well known to the peoples of Earth throughout the centuries. Mentally review the history of humanity.

Apparent peace is "creation" of "them." They take advantage of it to seduce countless inhabitants of the Earth, so that they become more and more involved in material affairs, darkening themselves, and thus distancing themselves from Us, foolishly making the Earth and them as the center of the Universe, the Earth being a speck of dust in the infinity of all Worlds and Universes. They are the Pure Worlds, which vibrate in the High Frequency, they are the partially material Worlds where the civilizations of the Star Brothers are located, and they are the densely crystallized Worlds, like Earth.

This planet is where the Law of the Heavens has been most transgressed, which is why the ship of this civilization of unlove is sinking, but most of Humanity is asleep, without realizing that the water already reaches their waist.

Gauge the gravity of the situation, and do not allow yourselves to be mentally driven by "them" putting at the center of your lives the material, and not Us. Many, many of those lowered in Mission of Love have allowed themselves to be seduced and are thinking, speaking and acting to the liking of "them", betraying themselves.

It will weigh them down. And they will suffer the consequences in the realms where neither space nor time exists, where their process of purification will slowly begin when the time comes.

Many think that they serve Me and My Son, because they have great knowledge coming from Us, but not from the inner Source of Wisdom, which is Us, and we make it flow.

Do not waste seconds in becoming "golden" seagulls. You have My Son constantly at your service to transform into "gold" the "lead" that you give Him. The "lead" that is not recognized is multiplied.

Do not let your guard down. Ask yourself about the thoughts and images with which "they" try to "colonize" your brain cells. And you deliver them quickly to My Son, Christ.

Spare no effort in investigating the "leads". In this way you will achieve victory over the Darkness. We are always at your side. PEACE. "

25. REMEMBER THAT THE "INVISIBLES" ARE WATCHING YOU.

Rest in Us when you feel overwhelmed, overwhelmed, by the constant projections of waves "prepared" by "them". They have the goal of destabilizing you and putting you out of combat. They try everything.

Do not let your guard down for a moment, for they are continually listening and observing those with whom

you relate and your world of thoughts, which they see on your mental screen, following you wherever you go. And they act malignantly against you. We remind you once again, because they go unnoticed, invisible to you, fortunately.

Come and take refuge in Our Arms of Love. Take advantage of these moments to talk to Us.

Thus constantly strengthen your spiritual bulwark by increasing more and more your potential of Light, to reach Perfection and Oneness with Us.

Constantly practice the high instructions received in this time of apparent peace. So you have to be attentive, attentive, to the world of thoughts and words that emerge to your conscious plane, whose roots are in your soul. PEACE.

26. IT'S NOT ALL BAD TIMES

The Father and I, Jesus, the Christ, speak to those who have come on a Mission of Love to the depth of matter, the Earth.

You are walking in this world through the mists of dark density like a Lantern that already radiates Our Light, a Hope also for those lost in the night of this world.

Not everything is bad moments, mental harassment of "them", or the incitements of their anonymous instruments that come to meet you or call you.

Look at the good of all these attacks. You suffer them because you walk without letting go of Our Hand, to the despair of "them".

Love wherever you are. We Are Love and we attach the "gold" of your Love to every being and existence that has been "magnetized" by "them".

Persevere in the work of knowing yourself, yourself, to reach the total purity of your soul. Count on Me and the Father at every moment.

Continue therefore tirelessly searching through the "closets" of your soul for the fields of energy-"lead" so that I, Christ, can transform them into "gold". You know how much "gold" is needed and will need to be donated in this world.

Burnish therefore tirelessly the mirror of your soul with the clear goal of radiating the Sun of Our Love permanently, powerfully, when you reach Full Union with Us, Love. PEACE.

27. LOST TIME DOES NOT RETURN

You raise the vibration of your soul. while breathing consciously.
Rest with your thought in Us.

Prepare yourself mentally for what's coming. On time. Many, many, will need help after the abrupt awakening.

Speak to Us when you come to Us.

Observe with Us the thoughts and images where "they" want to take you. They don't waste time.

Don't lose it yourself either. You will need lost time, but time does not return, like the waters of a river. Don't lose it.

Tell us in those moments when you come to Us about everything that 'worries you'.

You give it to Us, and We begin to act.

Remember that you have to develop your potential for Love by loving, always. PEACE.

28. DO NOT ENTER THE MAGNETIC SPHERE OF DREAMS.

I am Christ. Rest in us. And reflect on the world of thoughts and images that become conscious to you. You're in the middle of a battle, and they want to put you out of combat.

We remind you again that "they" are behind these thoughts and the images that even appear in dreams. We are not after the world of thoughts and images that you receive.

The images are like the shell of an almond. "They" magnetically contaminate the seed.

By making you remember the shell of dreams they want you to vibrate the seed contaminated by "them" by thinking again and again about the shell of the dream.

They intend to magnetize cell groups of the brain. Do not vibrate the seed by thinking again and again about the "shell" of the dream.

If you fall into the trap and think and think about the images of dreams, and the heard, you enter that magnetic sphere, becoming mentally trapped, trapped, achieving "them" their goal.

You can get out of this sphere of "lead" manufactured expressly by "them" by giving Me to Me, Christ, what they insistently make you remember and remember in order that you emit and receive the "lead contents", the contaminated seed that they have put inside the "shell" of dreams, however insignificant they may seem. They do it so that you fall into the trap.

Escape this trap with My help, and remain constantly active in Us. You see how much help is needed in this world, sinking into the swamp of unlove.

Humanity is living and reliving the bad movie that has been shooting century after century. And he will have a rude awakening when the ship of this civilization has just sunk.

The water is already jumping on the deck, but many, billions, do not wonder what is happening, even with the alterations and adverse climatic phenomena that, suddenly, hit and destroy what has been created by man that has served to distance themselves from the Father and Me. But they didn't realize that the ship had already begun to sink years ago.

Leave everything in Our Hands of Love. Whatever it is. Practice what you received. PEACE.

29. DON'T BE SURPRISED BY "THEM."

Remain attentive, attentive, to what happens around you and in the world. And he is silent. Be very quiet. Yes, keep silent. Resolve to speak the important and legitimate.

The world has gone mad. Millions of people no longer think for themselves, but influenced by "them". If you are not alert, wondering about the thoughts and images that may have "sneaked" you, you will fall into their mental networks. And you will be magnetically "tied", "tied" to "them".

Don't be surprised by "them."

You must keep in mind in this struggle between Light and Darkness, that neither I nor My Son will be able to do for you what you are not willing, willing, to do for you for your good.

Do not lower your guard, because "they" are setting mental traps and all kinds, also through those who direct towards you.

If you do not put Me and My Son first in everything, you have put "them." And you will succumb, for they will take control of your thinking.

"They" are the "excuse" that in some moments you can give yourself for not having Us as the fundamental axis of your life. We are not the "excuse." Everything depends on you.

If you allow yourself to be surprised by "them", it is because you have not counted on Us.

Therefore you will receive from where you have oriented, from "them".

They are constantly attentive to what they see on your mental screen, in your aura. Then if they see that "you have heeded their mental advances," they know that you have opened the door of your thought. And they will continue with that tactic.

My Words are serious. I love you, My son, My daughter. PEACE.

30. LAZINESS AND SELF-PITY.

You have to keep in mind at every moment that the soul "has to command" over the body, and not the body "commands" over the soul.

It means that the Spirit (the Father and I) must prevail over matter (the field of action of "them"), "taming" the body.

If not, they tame "them" you through thought. As they say in this world, "they" will look for your turns. Their goal is to put you out of combat.

Transform with My help the lead-programs through which "they" can give you impulses.

If "they" send you mental waves, and you are not attentive, attentive, you can reinforce the "lead-human programs". Neither the Father nor I will then be able to give you impulses, because that field of vibration is occupied by "them".

You need to be attentive, attentive, to laziness and self-pity.

Keep in mind: We are in you the Force that animates your human envelope.

And "they" are masters at programming brain cells.

Do not forget that you have them permanently next to you, attentive to what they see on the screen of your thoughts. And they quickly see if the ripples

they have sent you have succeeded. From what "they" have seen – and you have not given Me – they continue to build magnetically in the brain cells.

Investigate yourself if you fall into laziness, in what and why. Laziness does not belong to Luz. Remember that what is not Light is Darkness. The impulses are given to you by "them".

Investigate yourself if there are situations that provoke self-pity in you. Self-pity does not belong to the Light, therefore it is Darkness.

Laziness and self-pity can go hand in hand. Don't let them walk merrily through the beautiful flowering meadows of your soul. Acts. Give Me laziness and self-pity. PEACE.

31. PRACTICE IN QUIET HOURS.

Bless Us, Life, in everything, for everything needs Our blessing of Love through you.

Rest frequently in Us.

Practice coming to Us silently in quiet hours. That way "they" will not be able to bother you mentally with images and thoughts.

In the early hours the atmosphere is calmer, without the infinity of dense waves projected in the hours of work activity and traffic through the streets. Come to Us in those moments.

Remember that what when the time comes you will share with your peers, you have to live it before.

Sharing high instructions without living them darkens the soul.

Keep this in mind, because you can receive impulses from "them" encouraging you to boast of knowledge. PEACE."

32. TO BECOME A 'FLYING MASTER'.

Practice these impulses:

- Tirelessly elevate your thought to Us at the Core of Being. Talk to us. Then you can motivate others to come to Us.
- Rest in Us frequently with the clear awareness of drawing closer to Us "more intimately". In those moments we are fully with you.
- Breathe consciously over and over again. When you breathe consciously, the frequency of vibration of your soul rises. Create the automatism of observing your breath.
- Harmonize your movements and your way of speaking.

Be in this also an example for those who observe and listen to you. It does not go unnoticed "that you are changing" for your fellow acquaintances. You radiate it and they notice it.

There are always eyes watching you. It flies like a golden seagull, silently.

When the time comes, you will have to help gray gulls practice becoming "golden" to fly like you.

- Announce us with your example of life. It is the "best tool" to "move hearts" to Us.
- Practice tirelessly "going gold". Remember that "lead" is gray and heavy.

I Am Your Master Alchemist, also the one with the gray seagulls. I Am the Painter of your soul and that of your souls. I, Christ, turn the gray golden.

- Accompany your fellow men flying with them wing to wing. Look at the importance of your life example, because you will be his 'flight master'.

For many to wish to fly, you must fly first. PEACE.

33. OUTSIDE OF US THERE IS ONLY CHAOS AND SHADOWS.

Leave everything in Our Hands of Love", we say to those of good will in all the Peoples of the Earth.

Reflect on the help you can receive from certain rulers. Take stock. Then you will know that you only have Us and the Star Brothers in the uncertain future. We watch and will watch over you, now and when unexpectedly black clouds appear on the horizon of Humanity, and creak and creak the frames of the ship of this civilization before sinking.

Who will really help then?

Will the rulers and hierarchies of the Churches, who put My Name and that of My Son on their lips, but never set foot on the Golden Footprints of Jesus of Nazareth, abandon to the flocks of the Peoples?

They bleated like lambs, but they were wolves of the same pack dressed in different outfits. Those of Darkness are experts at pretending.

I, and My Son, are Life. We live in "them." We know them very well.

But I make everything new, and nothing will remain hidden.

And you will receive what corresponds to what is really inside the shell of what you have said and done about the scenarios of this world.

Therefore, My child, My daughter, reflect and increase your potential for Light, for all the help that your fellow men will need will be little. Such will be the magnitude of what humanity has harvested in these times of the end of the cosmic cycle.

Who will sow hope in the oppressed, in those left to their fate by those who abandoned the flocks? They will think they are safe in the wanted shelters, but the law of cause and effect will find them, and present them with the overdue "lead" bills.

Love loving, My son, My daughter, to faithfully fulfill the Mission of Love for which you came down to the depths of matter.

Apart from Me and My Son, Christ, there is and will be nothing.

Reflect on these last words. PEACE.

34. PRACTICE ENDLESSLY WHAT YOU HAVE RECEIVED.

You see how everything is, My son, My daughter.

In a moment the apparent stability of this world in the process of sinking and decomposition will be blown up.

A great majority of Humanity has not loved, going with its practices of dis-Love against Me and My Beloved Son, who live in the inhabitants of this planet and in every being and existence of the Kingdoms of Nature, as visible manifestations of Our Love made form. Thus, whoever has practiced lovelessness has harmed himself.

It would have been different if humanity had followed the example of life and practiced the teachings of My Son in Jesus of Nazareth.

This Humanity has been given everything. He even lowered My Son, the Co-Regent of Infinity, into the density of matter as the supreme act of Love.

You know what happened and the so-called Christian Churches have done with their teachings. Except for Christian minorities, his example of life. has been despised. The vast majority of the various so-called Christian churches and confessions do not know who Christ really is.

Endless catastrophes, wars, famines, deaths and diseases have already been announced. They are the harvest sown by the inhabitants of the Earth in their multiple incarnations. Today they are present on the face of the Earth. And they will reap what they have sown.

Do you know the exact moment when the Great Container of the "leads" produced by each of the inhabitants of the Earth will be opened, and they have not been transformed into "gold"?

Do not waste a second or be surprised by "them".

Value and practice what you receive from Us. Immediately. It is said that all help will be little. Such will be what humanity will inexorably suffer at this end of the cosmic cycle. PEACE.

35.

WE ARE LOOKING OUT FOR YOU.

I Am the I Am in you.

I cradle you in My arms of Love at this time. And I act in you and through you.

Whatever happens, you always have Me and My Son looking out for you. We are the Life in you. Then you are not alone in any situation in which you find yourself.

Remember this when you feel harassed, harassed, by "them" projecting barrages of dense waves to your thought.

Their goal is to contaminate your brain cells to create a magnetic base of attraction for "them."

So don't let your guard down for a moment. Ask yourself frequently about the thoughts and images that have brought your mind to your mind. You know their tactic is to send you remembrance waves to make you think over and over again about what they've introduced into your thinking.

Remember also that they are constantly watching your mental screen. So they know what thoughts "seasoned" magnetically by "them" can send you inside the "shell" of something known to you, or you have to attend or solve. As examples.

It will not be "coincidence" that you meet certain people. So they can also use the "lead" energy fields that certain people have attached to their souls to attack you mentally through them. "They" *try everything. PEACE.*

36.

BE RADIANT EXAMPLES OF LOVE

Prepare yourselves internally and mentally to help and successfully fulfill the Mission of Love for which you came down to Earth.

See how everything is. Unexpectedly the materialistic world will succumb, the homeland of unlove, far from Us, the Spirit.

The vast majority of Earth's inhabitants have not truly loved. Of these, many, innumerable, have placed My Name and that of Jesus, the Christ, on their lips, but they have practiced dis-Love, thus going against Me and against My Beloved Son, who live within them.

And so they go against Us in every fellow man, and in every being and existence of the Kingdoms of Nature, in which We are Life, Love made visible to man.

They fight and fight against each other, in wars, in mental battles and battles of words contrary to Love, and against all forms of Life present on the face of the Earth, without being aware that they are fighting against themselves.

They therefore condemn themselves to endure sufferings during the process of purification, by what they have engraved on their souls, having not recognized and purified in time the created causes.

Be therefore radiant examples of the Love of Me and My Son in your fellow men and in all forms of life.

Only the example will help many to undertake the Path of Return to My Heart. After the example will come the words, which will flow from the Source of your ennobled souls.

Reflect on this: You have consciously come down to Earth to be present at this crucial moment in human history.

The time will come for the final liberation of many. And they will set out on the Road Home.

There is no other way out of the situation in which humanity finds itself and no materialistic goal to be achieved.

The only Goal is to Return to the Origin, because from there also departed those who continue to fight against Me, against My Son and against those descended in Mission of Love to the Earth that show many the Way of Return to the Worlds Beyond the Stars.

You will walk joyfully here on Earth along the Path from the inner realms of Being to the Homes you "someday" far away, climbing rungs of the Cosmic Ladder.

I make everything new in this world. Thus begins the Return to the Higher Worlds, the starting point of the Fall.

This is why it is so necessary and a priority to recognize and surrender to My Son for its transformation the fields of dense energy, the so-called "lead", the ballast that the "balloon" of the soul has to release to rise in time above the mountains of materialism.

This is why it is so necessary and priority to LOVE LOVING in this world, the homeland of dis-Love.

I, the Infinite, uniform everything. And I am raising the frequency of vibration of everything to be assimilated by the Higher Worlds. It is also ephemeral in this world that countless of My children believe is "eternal".

The same people who have raised it on columns of lead have condemned it to total destruction. Condemning themselves too.

And Hope will be reborn in countless daughters and sons of Mine.

Be examples, radiant mirrors for the Sun of Love.

Prepare yourselves intensely to orient them to Christ and to Me. PEACE.

37. ALWAYS PUT US FIRST IN EVERYTHING.

Rest in Us frequently. It is necessary. You see how the world situation is, announcing what will suddenly happen.

"Set aside" time to come frequently to the Deep Realms of Being.
You see, We "put the rest," beloved son, beloved daughter.

Keep in mind, always present, to put us first in everything. "They" subtly try again and again to get you to put "them" first. If you do, they see it in your aura, they enter your thinking and begin to direct you.

If you don't put the First Ones on Us, you're putting "them."

You put us first if you simply come to Us, tell us what you are going to do before you start doing it. And you leave it in Our Hands of Love. Then you spring into action. So we can help you.

They are masters in devising situations to which it is urgent to give a solution, to "justify" the delay in coming first to Us. Being We the All in everything we are also the solution.

Reflect on what would happen if you did not count on Us, and you put yourself with your thought agitated by "them" to look for the solution to what they present to you solve as a priority to stay calm, calm.
And then you would come to Us. PEACE.

38. PRACTICE CONTACT WITH US

It is necessary for your soul to raise its frequency of vibration by conscious breathing.

To be in permanent contact with Us, Who are the Absolute Vibration, you must achieve the automatism of breathing consciously.

Then "they" cannot interfere with your thinking, for the brain cells have also attained a high frequency of vibration.

Rest often in Us, in Our Arms of Love, by entering in Silence into the Temple of the Inner Self.

Achieve this valuable automatism. Remember how this world and the vast majority of its inhabitants are.

Bear in mind that automatisms have to be achieved in time, before great conflicts break out.

Remember to leave again and again in Our Hands of Love whatever you undertake and practice so that We can go ahead of you.

You are living beautiful experiences at every stage of your present existence as you remain among your fellowmen, not isolated, isolated.

Announce to us by your example of life, fundamental for many to feel the initiation of the Way to My Heart as you walk. PEACE.

39. EMIT LOVE, BURNISH THE MIRROR OF YOUR SOUL.

Consciously seek to emit Rays of Love and Peace to all being and existence by raising the vibration of your soul breathing consciously.
We then radiate through the mirror of your soul.

The cleaner the mirror of your soul is, the more powerfully We radiate to every being and existence hosted by Mother Earth, or that you meet, or look at, or think about.

Thoroughly investigate the dense energy fields attached to your soul!
Burnish therefore intensely, incessantly the golden mirror of your soul!

We need to give Love intensely through you.
Think that all the Love given and help will be few in this world.
Many of My children are already falling into the precipice created by the Darkness and its seduced ones. PEACE.

40. REST IN US WITH YOUR THOUGHT.

"Practice resting frequently in Us with your thought."

It also means leaving thought still to achieve emptiness of thought.
Do thoughts continually come to you? Observe yourself. And you will know who may be behind the world of thoughts that stir in your brain.

Remain attentive, attentive, to the tricks and mental traps of "them" and their gloves. Don't let your guard down. Come to Us, to take refuge in the Fortress of Love.

Remain active, active, in Our Spirit blessing every being and existence you encounter in your path. None of your encounters or conversations are a coincidence.

Persevere in giving Love. It is needed, because you know that few, very few send Our Rays of Love to their fellow men and forms of Life sheltered by Mother Earth. PEACE.

41. TAKE ADVANTAGE OF APPARENT PEACETIME.

"Heed the urge not to waste time, distracting 'them' you with their mental traps, taking your thinking from one issue to another."

Fight hard against the mental interferences of "them". You frequently see Us at the Core of Being, fixing your thought here. Rest in Us, speaking to us as a child talks to his parents. Practice.

Permanent contact with Me and with Jesus, the Christ, is fundamental. And you speak to Us when you descend into the Deep Realms of Being to rest in Us from so much mental siege. Practice.

Yes, My son, My daughter, practice establishing intimate contact with Us. We are always waiting for you.

Harmonize by breathing consciously to raise the vibrational frequency of your soul. Keep in mind that We Are the Absolute Vibration.

It also achieves this automatism in times of apparent peace.PEACE.

42. WHAT TIME DO YOU DEDICATE TO YOUR INNER EVOLUTION?

Humanity does not know that everything is destabilizing, because the media does not report.

For this reason millions of My children will have an abrupt awakening. They did not expect that there would be another Great War in this world, that this would happen again, that the lessons had been "learned." Unfortunately, this is not the case.

We remind you.

Prepare yourself mentally.

Once again we remind you to practice and practice the impulses you have been receiving. Like breathing consciously to raise the frequency of vibration of your soul, thus isolating you from the low vibrations that swarm through the atmosphere, like a magnetic swarm ready to penetrate the thoughts of those who vibrate in the low frequency of the so-called "lead".

"Check" yourself, yourself, to become aware of the time you dedicate daily to your inner evolution.

Remember that salvation comes from within, that "they" are watching for you, for the "cracks" they see in your mental screen. And so they besiege you mentally.

Come often to rest in Us. PEACE.

43.

REST IN US

" Everything is stirred in this world in total atonement ".

Step by step, the dense fields of energies attached to the souls of My sons and daughters that have been multiplying them by the continuous emitting/receiving are erupting. And you are immersed, immersed, in this world.

You need to rest in Us these moments of your life. And do it all quietly, leaving it in Our Hands of Love, resting your head on Our Breast of Love.

Come and hug us tenderly. We surround you with Our Arms of Love. And Our Hands of Love caress you sweetly, My son, My daughter, thus protecting you also from the continuous onslaught of "them". PEACE.

44. HAVE YOU AN ANSWER TO THIS QUESTION?

"Who will wipe away the tears of grief from the lost and forsaken amidst the endless turbulence of this world?

Today is a good day to talk quietly with Us about this question. We await you. PEACE.

45. FIRST PREPARE, THEN SERVE.

You frequently see the Core Self and talk mentally to Us.

We hear you. We know the experiences that you have been living throughout the days, and what strategies "they" use in their eagerness to put you out of combat trying to penetrate your thinking.

They do not have another way to attack you, so they also use near and far, known and unknown, through the "lead" energy fields attached to their souls, present in their brain when practicing what is engraved in their souls.

"They", the invisible to the human eye, use them as reflectors and as instruments to destabilize you and interfere with your process of soul cleansing and perfecting, which will lead you to be one, one, with Us.

Do not forget: "First prepare, then serve." You see how much help it is and will need to be given in this world.

Therefore, at the end of each day, before going to bed, write in your diary the "leads" that you have found engraved in your soul, and you have given Me, Christ, to transform these energies into "gold".

Also write down the experiences you have lived with whom you have met and spoken, and whether "gold" or "lead" energies have manifested in them.

Bless them, send them rays of the Love that We Are in you, and it is in you too. Leave what you have lived with your fellow human beings in Our Hands of Love.

Measure yourself well. Ask us to know the images and thoughts that may have "sneaked" into your thought. And you give them to Me to transform what "they" have introduced into the "shell" of thoughts and images.

Examine yourself well: do not allow yourself to be mentally manipulated by "them". If you do not examine yourself, yourself, yourself, put yourself in danger, because you have wanted to.

Read this manna frequently, even before going to bed. PEACE.

46. STORMS OF THOUGHTS PROJECTED INTO THE ATMOSPHERE.

"Do not worry about the news that is happening here and there, in all the peoples of the Earth. You already have knowledge about what is going to happen. This is positive for you, because mentally you are preparing yourself. Take advantage of every second to perfect yourself, to increase the potential of Light of your soul. You know how to do it. Practice without wasting a second.

Once the great events have begun, storms of thoughts unimaginable to you will follow. Countless mental waves will depart into the atmosphere. You will be attracted by the thought of those who vibrate at the same frequencies as projected into the atmosphere. Waves attracted by your thought also if in time you do not investigate the "leads" that have been attached to your soul, and give them to My Son for their transformation."

Millions of people clinging to matter will go crazy, because suddenly they will become aware that they have nothing to cling to to continue the normal life of always.

During the course of this normal life they have lived apart from Me and My Son, Christ, believing that material idols and rulers would provide them with everything they needed to live a comfortable life.

Many have been preparing what is necessary for the time of their retirement, in which they would continue to vegetate.

They haven't even asked themselves where they came from when they were born. Millions and millions of inhabitants of this world will have an abrupt awakening.

Do not waste the seconds that "they" will skillfully waste taking you mentally to where "they" want.

Watch them you to "them" watching the images and thoughts that in mental tirades project you. You know what their goal is, keeping you in their sights.

If you have forgotten this, We remind you that "they" do not forget you.

Tirelessly burnish the "golden" mirror of your soul, for we need you in the tragic moments that countless others will have to live.

PRACTICE therefore tirelessly what you receive from Us. Time is rapidly shortening. PEACE.

47. GAUGE THE SERIOUSNESS OF THE SITUATION.

Remain attentive, attentive, to what happens around you, because "they" move their mentally contaminated "pawns", converted into faithful executors of their intentions.

Nothing will ever be the same in any country. The great changes brought about by the global climate crisis will inexorably show themselves.

These changes and what they produce cannot be hidden by the mainstream media in the hands of "them" by damaging the foundations of global capitalism.

Their instruments were deliberately taking over these means of communication to mentally influence millions of My children.

The foundations of democracy have been prostituted. And what their instruments in power thought they had under control will turn against them.

I make everything new.

By raising the frequency of vibration of everything on this planet – not just condensed matter – I bring everything to light, exposing their machinations and how much they have done in their policy of "making scorched earth" of whatever can serve for the settlement of the Kingdom of Peace in this world.

The Dark has lost the battle against the Light. And in their retreat they do nothing but strengthen more and more the magnetic Abyss by which "they" and their seduced instruments will be attracted. What they have issued they will receive multiplied. That is how they have wanted it, that is how they will suffer it.

For all this do not waste the time that "they" induce you mentally to waste taking you through subtle mental impulses to perform or to involve yourself in what is not essential.

Watch them "them", knowing their tricks, by becoming aware of the images and thoughts that try to "sneak" into your thinking.

Therefore, ask us again and again for the images and thoughts that may have "sneaked in". And you give us everything, without further ado. We support you.

Have confidence in Us and the Star Brothers. We are aware of you moment by moment. Don't let your guard down.

We remind you that "they", invisible to the human eye, always accompany you. Wherever you are, wherever you go, they witness what you say and do and what you talk to those you meet.

Thus they are ready to intervene mentally in you and in those you have met.

Investigate thoroughly. Your ongoing goal is to practice endlessly what you have received.

We assist you and go ahead of you when you leave what you give in Our Hands of Love. PEACE.

48. CONTROL AND ORDER YOUR THOUGHTS.

Leave everything in Our Hands of Love again and again.

Remain attentive, attentive, to the mental antics of "them", always so "attentive" to you, to your mental screen. They are interested in you not climbing the rungs of the Cosmic Ladder.

Take special care of the emissions that start from your thinking.
You have to control your thoughts, so that they do not leave "runaway" from your brain to the atmosphere. You rule in your thoughts.
And you order them so that you only project into the atmosphere noble, positive thoughts, of "golden" frequency, in a word.

And give Me, Christ, all the thoughts and images that "they" have also been able to "sneak in" so that later you make them vibrate thinking and thinking again and again about what they give you the impulses.

You already know that its goal is to magnetically contaminate your brain cells with "lead" vibrations.

Ask yourself frequently for the thoughts and images that "they" may have "sneaked" into you:

Repetitions are necessary, because "they" harass you mentally. This way we neutralize their strategies by alerting you again and again.

Remember: He who dominates his thoughts, dominates his life.

And then he puts everything in order, because everything is set in motion by thoughts, also by those received from "them" and from other people.

PRACTICE CONTROL and ORDER of your thoughts. PEACE."

49. REMEMBER YOUR FELLOWMEN.

Leave in Our Hands of Love whatever presents itself in your lives.

Keep also in mind what is already happening in all the countries of the Earth, suffering millions and millions of My children, your brothers.

We bring this to your memory. There are no countries that live in the "normality" in which their inhabitants wish to live.

Most countries are ignored by the media, and the events that have caused so much suffering to their inhabitants, including those caused by natural disasters, wars and generalized violence.

You have the sample in the little that reaches you through the media that you frequent. For a large majority, what is not on TV, not heard or read, does not exist. However, everything is unleashed, in continuous effervescence.

Those who wish to ascend the rungs of the Cosmic Ladder cannot be indifferent to their fellow men, wherever they live.

The citizen rebellions against the rulers are part of the generalized chaos, because the economic crises of the countries, and the lack of resources to survive are present in the daily life of millions of My children, ignored by the inhabitants of the countries that still have a certain apparent stability, but that were also destabilized by the misgovernment and the measures taken to control the so-called "pandemic". inspired by "them".

They were faithfully executed by blind rulers, executors of their slogans, many aimed at confronting and dividing among themselves those who should be united by living the Laws of Love, and the Golden Ethical Rule: "Do not do to others what you do not want done to you."

Such are the difficulties and uncertainties generated by not knowing how to face what inexorably presents itself when each day dawns.

Hunger, disease and homelessness in which to shelter are present "anonymously" in the lives of millions of My children, your brothers and sisters, who need frequent donations of Love.

Who today remembers their peers in all the countries of the Earth, for how they will face what is inevitably already part of the "normality" of their lives?

Millions of My children live submerged in the pit of pain and suffering, from which they cannot get out by themselves.

Remember these brothers and sisters. Send them rays of Love, which We will vibrate in their deep hearts. They will feel that they are remembered, that they are not alone or abandoned.

In many, the Hope to get out of the pit of pain and suffering is death, which does not come, although many call it in desperation.

This has been happening to countless My children lost in the dark desert of this world, in the confines of the depth of matter, the Earth, the homeland of dis-Love, to which many of you have descended in Mission of Love, having incarnated in families of all the countries of the Earth.

Remember that I desire to have you all soon with Me, embracing Me, your Father. PEACE.

50.

I AM THE I AM IN YOU

Rest frequently in Us, as you have written at various times. Who if you are not going to rely on internally?

Let us help you in those moments when "they" attack you by sending you numerous mental waves, or distracting you with this or that image and thought so that you lose "the North," which is Us, and vibrate the "lead" contents that they have introduced into the images and thoughts.

Watch them "them" by asking Us for the images and thoughts that may have "sneaked in" you. And you will emerge triumphant when you are attacked. PRACTICE.

Don't worry about anything. Come and give us whatever induces you to "worry".

Find out what worries you. And you give it to Me. In addition to your Redeemer, I Am Your Friend. PRACTICE.

"I am the I Am in you."

Reflect on this profound statement.

Constantly use the Force of I Am, affirming it at all times, work and situation. You already know that I Am the All in all. PRACTICE. PEACE.

51.

THE FINAL STRUGGLE IS SET

Have joy. We, your Father and Christ, feel you moment by moment, for We are the Life in you.

Leave everything in Our Hands of Love. Leave your thoughts still, focused on what you are doing, so that "they" have nowhere to attack you. Rest in us. You need to practice it.

"They" plan the attacks. Take refuge constantly in Us, in the Fortress of Love. Here they cannot penetrate. We are looking out for you. We take care of you. Do not let your guard down.

Come to Us, as often as you can. You are living beautiful experiences. Come constantly to Us. You are in that difficult time predicted by John of Patmos in the Apocalypse.

The final struggle is posed. The fact that you do not see what happens around you in the invisible does not mean that there is not and does not take place what happens around you.

Have joy. Talk to Us about whatever you want.

The Star Brothers are also attentive to you. This is what I have asked of these children of Mine in permanent Mission of Love, some next to the "protected", others circling the Earth with the ships, in all directions, attentive to where it is necessary to help.

PRACTICE recognizing where and when with your thoughts, words and deeds you are radiating "lead", whose vibration attracts a multitude of "them".

Give Me these "leads." That I, Christ, will transform into "gold."

Do not think and think of the "lead" that you have investigated at any time. You speak to Me and give it to Me, without further ado.

And continue with what you are doing, with your thought and attention consciously placed on the work or activity. PEACE.

52. I AM THE GOLD OF YOUR SOUL

Do not waste a second, for as the world is, you will need it.

Remember that we are with you at every moment. We are the Life. In you, the Force.

Descend into the Deep Realms of Being to speak with Us.

Do not feel alone, do not feel lonely, for we accompany you and listen to you. Feel supported, supported. Always keep this in mind.

Leave in Our Hands of Love whatever you do or will do.
Try to come to Us often, wherever you are. Do not forget.
Refresh this often. Practice until it becomes automatic.

Rest then in Us briefly, leaving in Our Hands of Love whatever you are doing.
We then collaborate with you, covering you with Our Light.

It is essential that you investigate yourself and give Me that which I will transform into "gold" and attach to your soul. What you do not investigate yourself multiplies. It is therefore in your interest to investigate yourself so that I may give you multiplied "gold" which I will attach to your soul.

I am the gold of your soul. Reflect.

Think that a seagull cannot fly with leaden pearls as ballast on its wings.
Understand the meaning of My Words. And act intelligently. PEACE.

53. DO YOU ACCEPT TO SERVE AND HELP?

You are becoming aware that it is necessary to prepare yourself internally to help the new waves of "cosmic seagulls".

I need you as a gull of burnished gold, to give of what you have realised.

Through "your gold" - which is Us in you - we will be able to help those who begin to take the steps you have already taken. Then your experience in walking towards My Heart is used by Us - who Are the All in all - to help those like you who have come down on a Mission of Love to Earth.

In Spirit all is to serve and help the consciences in need, be it your fellow beings and every being and existence of the mineral, plant and animal Kingdoms housed by Mother Earth.

And by your serving, helping and giving Love you will grow and grow, for you already know that We will give you a "golden ear" for every grain of "gold" donated by you. You will be ascending the Cosmic Ladder while incarnated in a human sheath.

Be mindful then, and calibrate your contribution as a cosmic being, to the development of the "cosmic seagulls" who will successfully contribute to the spread of My Kingdom, Our Kingdom of Peace and Love, throughout the Earth.

Raise the vibrational frequency of your soul by breathing consciously.
Come into the Deep Realms of Being to speak and share with Us the proposal we make to your Deep Heart:
Do you agree to serve and help - We through you - your fellow beings and all being and existence? PEACE.

54. POLISH THE MIRRORS OF YOUR SOULS.

Do not forget to constantly polish the mirror of your souls, for We need to reflect the Sun of Love and Peace which is We, I, your Father and Jesus, the Christ.

This world is walking on dark paths, the Peoples are buffeted by the winds of change that will make fields, hills and meadows out of asphalt roads and villages of stone and concrete.

So use every second to burnish the mirrors of your souls, for you do not know the second the Great Change will begin.

The next second nothing will be the same.

Reflect on the need to take advantage together with Us of every second of the apparent peace "created" by "them".

Everything is changing rapidly, but those who are bound to matter do not perceive it. They are "minding their own business", waiting for the return of "normality" which will never come. They will have a rude awakening.

And they will suffer unspeakably, for they will have no alternative to cling to in the tragic times that Humanity will experience.

This is the will of the inhabitants of this dehumanised world, the homeland of un-Love, given over to what is insinuated by "them".

And so they will suffer, inexorably. They will reap the fruits corresponding to the sowings of "lead" in the land of their souls. PEACE.

55. ACCELERATE THE PROCESS OF PURIFICATION.

The world situation is reaching parameters of violence and lovelessness as never before in the history of mankind.

The massive actions against the freedom of My children, the deception and manipulation through the news, to genetically manipulate the human sheaths, has caused the effects to the causes created to begin to be made public, pointing to those directly responsible for such actions of lovelessness, in violation of the Law of Heaven.

What was announced by the great prophets and by My Son in Jesus of Nazareth is also accelerated. Thus the effects to the created causes begin to fall like burning "lead" upon the causers - millions all over the Earth - and upon those who have allowed themselves to be seduced, thus emitting and receiving as "them".

We say to all: "It is necessary to accelerate the process of purification". For when apparent peace disappears from the Earth, infinite masses of "radioactive" mind-waves will be projected into the atmosphere. They will then be magnetically attracted to those who have the same frequencies engraved in their souls and brains, and will also be attacked mentally by hordes of Darkness beings.

There will be mass rebellions of earth's inhabitants who will know that they have been deceived, and suffered in their bodies from gene manipulation. And it will be like when a raging fire consumes a forest, because the fire cannot be extinguished.

"They" have lost the "genetic battle" and attack ruthlessly. But I, the Infinite One, will cause the truth of what has been happening to prevail over the lie, which will be exposed.

The law of cause and effect will sweep the filth from the face of the earth. Thus everything will be purified and prepared for the establishment of the Kingdom of God on Earth, as was also announced by My prophet Gabriele of Würzburg.

Everything is in Our Hands of Love. Those who have begun to love Me and My Son, Jesus, the Christ, more than this world, will be helped. PEACE.

56. LAY GOLDEN STONES IN THE FOUNDATION OF YOUR SOUL.

I Am Christ. Leave nothing to chance. Every second is important. However, do not enter into the sphere of agitation and unrest.

You do things step by step, and not in a hurry: First you do one thing, and then another.

Always have order in your thoughts. I am Order. Order makes everything flow harmoniously. Everything will flow.

Dis-Order is induced by "them". It is a constant source of mental disturbance. And that way "they" manipulate you mentally. Measure yourself fairly with the rod of Justice, that I Am, and you will know if there is disorder in what is part of your life, in your activities.

And you will establish order, which is the foundation upon which you will continue to "build" whatever you do.

Without order in the foundations, whatever you do will collapse again and again, because of the disorder caused by 'them'.

Reread back the last manas received. Reflect why the Father and I insist upon what you have been receiving.

You must PRACTICE. Without practice, without foundation, your soul house will be built on sand.

Without recognising the "leads" in the house of your soul, and handing them over to Me for their transformation into "gold", your soul house will collapse with a crash, for the "leads" multiply.

Simply because instead of practising what We have been giving you, you PRACTICE what "they" stealthily induce you through thought.

Come therefore to Me, speak to Me, and review with Me what you do or have done. See if you have laid bricks of clay and straw in the foundations among the stones of "gold". See also if you have put stones of "lead" painted with "gold".

Whatever is in disorder, the mud and straw, and the "lead" stones painted with "gold", give it to Me so that the Order may flow.

Put only stones of "GOLD" in the foundations of the house of the soul that you are building. PEACE.

57.

GIVE ME THE DRY GRASSES

"Do not waste the time you will need," say the Father and I, Christ, to you.

Multiply yourself. Be aware that we need you pure to make Peace flourish in this world.

Make Peace in you a priority. Observe yourself in your thoughts. Ask yourself with whom you have some disagreement, however small it may be. Surrender to Me what you observe, and send Love to those who appear in your thoughts.

Let there remain in you nothing foreign to your true self, for "they" will take advantage of it to attack you mentally and dry up the beautiful flowering meadows that We are already in your soul.

Be vigilant, for "they" do not rest in seeking to put you out of action.

Forgive from your heart those who have not done right by you, for you too wish to be forgiven. In this way you will also help to ensure that there are not so many waves of un-Love vibrating in the atmosphere of this Earth.

Are the inhabitants of this world at peace with each other?

The waves of un-Love are setting fire to the dry grasses in the hearts of those who have forgotten who they are and where they started from.

This is why the earth will burn on all four sides when the spark of war starts the fire in what has not been purified by those who have contributed to build this civilisation on columns of "lead".

"They" are the inducers of the warlike "fires" that will devastate the Earth, provoked and fuelled by those who have not loved and do not love that which carries Our Life, which is also their Life.

Know that the remains of the weapons will be used to make ploughshares to cultivate the earth in Peace.

Enter not into sadness, for what has been announced must come to pass so that the Kingdom of Peace may flourish on the rubble of the civilisation of lovelessness.

You contribute to lessen the announced devastation by watching yourself, in case there are dry grass clumps in the fertile soil of your soul. And give them to me. PEACE.

58.

I AM COMING SOON, PERSEVERE.

Leave everything in Our Hands of Love. Achieve this automatism.

Thus we will be able to help you in any situation, now and in the near future, when what was announced by the great prophets and by Me, in Jesus of Nazareth, will come suddenly.

There shall not be left one stone upon another, I said then. And this process of transformation of all that vibrates on the frequency of Darkness has already begun, for everything must inexorably become luminous.

This is why there will be no going back to the "normality" longed for by those who bow down before the leaden calf, which will fall upon all those who love this world more than the Father, ignoring My message of Life and Hope, which I taught as Jesus of Nazareth through example.

I showed that it is possible to live here on Earth as other cosmic beings live in higher realms of consciousness, away from the heavy vibration present on this planet "magnetised" by "them" and their servants.

Thus Mother Earth shakes off the accumulated low vibrations causing the collapse of the material. This is the way materialistic man has wanted it, this is the way he will reap and suffer.

Live then, having the Father and Me in your heart.
Tirelessly practice what we have been giving in "Steps - The Cosmic Ladder" through Our Channel.

The PRACTICE is the plank of salvation to keep you safe in the endless storms that will ensue, so that you may also fulfil the Mission of Love for which you descended into the depths of matter.

You are and will be assisted, assisted, in this and in all the tragic moments that Humanity will experience. Nevertheless, you will see the tribulations from afar.

Those who have begun to love Us more than this world will be led by the Father and I to you, if you persevere in the work of purifying yourself and becoming the golden pillar to which those whom We shall lead to you may cling.

Purify yourself, for you shall guide them and show them the Way to the Heart of the Father, and to Me, being led by Me to the Father on the Way Home.

I am coming soon. It is already announced.

Live alert, for you know of the evil intentions of those invisible to the human eye who are continually around you.

They watch you and plot "they" how they might put you out of action.

With Me, by My Hand, you are assured of victory over the Darkness.

Do not let go of My Hand, for you would sink in the turbulent sea of this world.
PEACE.

59. BECOME FULLY THE LIGHT OF MY LIGHT.

I am your Father in Heaven. Do not be troubled by the events that are surfacing here and there. You know that I make everything new. Thus I bring forth the old.

What "they" and their instruments believed to be solidly consolidated at the political, economic and social level is creaking like the frames of a ship before it sinks.

Many of My sons and daughters have become aware of the wreckage of this world. But they cannot find the "barges" to get on them and save themselves from the sinking ship of this civilisation.

That is why the responsibility is great and the burden of shadows on the souls of those who have come on a Mission of Love and do not and will not be able to fulfil it, for those who do not work on themselves in time to become Light in the night of this world are darkened.

He has gone over to the dark side. It would have been better if he had never been born.

Be aware of the importance of achieving the highest level of vibration in your soul, living the Law of Heaven and giving to My Son the "lead" which He will transform into "gold" in order to raise the frequency of vibration of the dense, "lead" recognised energy fields.

Pay attention to what is happening in the course of each day, as you are immersed in the inertia of work and habitual contact with your fellowmen.

Observe your thoughts, for "they" know that when you are working your soul vibration is temporarily lowered. And they mischievously take advantage of this to try to put you out of action if you let your guard down.

Learn then also to know yourself, yourself, in depth, for you will have to help your fellowmen at any time, and during the sinking of the ship of this civilisation.

Reflect: Are there many to help their fellowmen, just as you have been helped, helped?

Prepare yourself then with My help and that of My Son to become an engine of Hope in the tragic moments that many will unexpectedly begin to experience.

Do not waste a second. Think how much you will be able to help those who have no spiritual Bread for their souls hungry for Light.

Become fully Light of My Light. PEACE.

60. THE BATTLE CONTINUES, WE SAY TO THOSE WHO HAVE COME DOWN ON A MISSION OF LOVE.

Everything is accelerating in this world. It is necessary, very necessary, to hand over to My Son the "lead" of thoughts and images with which "they" are greedily trying to contaminate the thoughts of those who have come down on a Mission of Love to Earth in order to put them out of combat.

Wherever you are, "they" are watching what you speak, what you do, what you think.

They have nothing else to do.

Come often to talk with Us. Consciously raise the vibration of your souls by consciously breathing in Us.

Then project Our Sun of Love within you to the Nuclei of "their" Being in just correspondence to their continual attacks.

The Love received by "them" will help them in the infinite instants of atonement in the realms where time does not exist. for what has been done for millennia.

Know that some of those brought down on Mission have gone over to the dark side, and are already beginning to attract at this time that which corresponds to their betrayal of the Light.

Know that when the so-called karma begins to pour in, this process is already unstoppable. It is as if the sack full of lead shot hanging on a beam is stripped of

the cord that closes it: then the fall of the lead it contains cannot be stopped. It is unstoppable.

So it is with the soul who has not recognised the "leads" in time and handed them over to My Son for transformation into "gold". These fields of dense energies of low vibrational frequency are multiplying, for the cosmic principle of emitting/receiving is permanently active. Everything vibrates and emits and receives in the Universe.

This is why I, your Father, give a time of mercy to the sons and daughters who take the direct Path to My Heart.

If they miss this time of mercy, and instead of freeing themselves from the "lead" of the shadows attached to the soul, they increase them, the time comes when the effects of the created causes overflow, resulting in the "sinking" of the soul ship overloaded with "lead".

Unexpectedly, the inner sea of the soul overloaded with "lead" went into turmoil, and the ship sank. Everything is energy. All is communication. All is being recorded in the Great Cosmic Computer.

I Am the All in all, and My Son, the Corregent of the Infinite, Christ, is also.

Do not forget, My son, My daughter, that "they" know this, they know the send/receive principle and they want to cause the sinking of the soul ship of those who have come on Mission to Earth.

And they act stealthily through the thoughts and the "leads" of the souls of your fellowmen. They are experts in setting traps. So do not let your guard down.

"They" have lost the battle, but the battle is not yet over. PEACE.

61. REMEMBER: MANY OF YOU ARE ON EARTH ON A MISSION OF LOVE.

Step by step the Peoples of the Earth will experience that which corresponds to what has been emitted by its inhabitants over the millennia and centuries. Dense energy fields were formed, which are still present in the aura of the peoples.

These energies have not been recognised and transformed. They have, unfortunately, increased.

Thus, in the process of collective atonement, what was sown by the Peoples will be magnetically attracted. It will be reaped by those who sowed it while their souls are incarnated in other bodies cycle after cycle of existence.

See then how important it is to prepare in time to help your fellowmen. Once the process of atonement has begun, it will be unstoppable, like the clear example: once the rope is removed from the hanging sack, the wheat will fall until it is empty.

How many, really, will give Love and help when all is unleashed, and unbounded pain and suffering will be predominant?

Therefore, ennoble yourselves to the utmost, for all help will be little, and all Love given will be little also.

Love therefore by loving. We are in those whom you love. You will help in the tragic moments that will befall the Peoples of the Earth, as has never happened before, for this time coincides with the end of the cosmic cycle of mercy granted to Humanity.

And what has been sown millennium after millennium, century after century, will be reaped.

This is why it is so important to purify oneself day by day, moment by moment, in time, while there is apparent peace. Then those who attract the huge fields of dense energy present in the atmosphere, having like-minded frequencies engraved in their souls, will not be able to do so. They will also be attacked mentally, without mercy, by "them", the demons.

Remember that you have descended into the depths of matter on a Mission of Love. You will not be alone. We are in Spirit in the Core Being of your souls. The Brothers of the Stars will also be watching over you.

Do not let your guard down, for "they" are constantly around you, watching you closely, listening to everything.

Their work is to put you out of action. PEACE.

It is necessary for you to come frequently to rest in Us at this time of your life.

It is necessary that you prepare yourself mentally, for the world situation is worsening alarmingly. The initial outburst will be marked by the disappearance of Israel as a state.

This event was announced in the book "Between Ether and Earth" and in one of the Messages given to Humanity by the Star Brethren.

Prepare yourself mentally, for there will be a worldwide upheaval. Make good use of the time so that the burdens of your soul ("lead") may disappear with the help of My Son, Christ, while there is apparent peace.

We remind those who read that it will not be possible later, for the magnetic jungle of the atmosphere will be crossed by countless mind waves projected by billions of earth's inhabitants. These waves will be attracted to those who have related frequencies, which will magnetically attract them. Simultaneously "they" will attack with mindwave storms. Many will go mad. They never thought they would have to live through the Last Great War of the Peoples of the Earth, initiated shortly after the demise of Israel as a state.

Who will then help their fellowmen, who will show the mature in Spirit the Path of the Inner and the Return to the Homes Beyond the Stars?

After the Great Battle of the Peoples will take place the Second Coming of My Son in Spirit, visible in the atmosphere of the Earth.

Make good use of the time, My son, My daughter, for We need you as a Mirror of Our Love and Peace in the tragic hours that Humanity will suffer in this time of harvesting what has been sown for millennia, century after century.

Rejoice, We shall be with you at this time, together with the Regent of the Plane of Love - also as the Teacher Self - and the Star Brothers. PEACE.

My Son and I continue to say: "Love lovingly. Love lovingly. Love by loving.

We remind you, how many will give Love when all that seemed firm will collapse, and billions of fellow men and women will have nowhere to hold on to in the course of the tragic events that will devastate the Earth, to which will be added the endless natural and climatic catastrophes?

My son, My daughter, love by LOVING. Project Love-waves. And you will grow in Light, for We are in those who are loved by you. Keep in mind, always, that We love through you. We are Love.

Reflect with Us, knowing that We are attentive to your reflections. Prepare yourselves mentally as well. You are receiving Our instructions through our Channel.

Do not let your guard down: recognise all that is not "gold", and abide by the Laws of Heaven, for "they" have you permanently in their sights, as "pieces" to be shot down. And you are becoming aware of their wiles, tricks and snares, using those near and those far away, those near and those far away.

Be attentive to all your fellow men. You know that we live in them. Be mindful of those who need help, for few, very few, will help. The vast majority will be busy mentally trying to find a way out of the distressing situations they are living in, helpless, the so-called welfare state that has partially disappeared in some countries of this world.

Tirelessly practice the lofty instructions you have received, until you make them "flesh" of your souls, for only in this way will you be able to teach them to your fellowmen.

Always bear in mind that My Son and I, and the Brothers of the Stars are watching over you. And that "they" are too. PEACE.

64. I HAVE EVERYTHING PLANNED. THE ACTION OF THE BROTHERS OF THE STARS FOR MILLENNIA.

Back with you. I am your Father in Heaven, the Life in you.

You know that times of shock are coming for the materialistic world. Silently observe your surroundings. You work and you need to move. Be aware that "they" move the seduced towards you, as instruments that they can influence to destabilize you and induce you to fail in the Laws of Heaven. Be alert therefore and bless in Our Name all those who come to you and telephone you. Do not let your guard down.

I have everything planned, for you and the faithful sons and daughters of the Heavens incarnated on Earth, who are already walking towards My Heart, Back to the Abodes that await their arrival. You will grow more and more in Gold-Light that you will give to your fellow men – We through them – also sowing Hope in millions of My children who will awaken to the Light when this world sinks into the abyss produced by materialism.

The rulers of this world already have ample indications of what will happen on Earth, which has been announced by our Channel in Our Name, every time we have given it the impulse to do so.

Also "they" have been warned and have ample knowledge given by Us through our Channel, because he constantly has them around him like black blowflies, snooping on everything he writes, and listening to what he speaks.

I have always planned everything. For this reason waves of sons and daughters of the Pure Heavens have continually come and come on Mission of Love to Earth. Numerous Star Brothers have also come and continue to come from their habitat planets.

For this reason, I have been acting for millennia through countless Brothers of the Stars who have built numerous ships of all types and dimensions to carry out, when the time comes, the greatest action of salvation and rescue of those who inhabit the Earth and of every being and existence sheltered by Mother Earth.

It is an unimaginable action for the seduced and those who have not yet awakened to the Light. For I make everything new, and all My sons and daughters incarnated and in the body of the soul have to return to My Heart, to the wonderful Worlds of the Origin, as you already know.

You, persevere, grow in Golden Light and Love to give to your fellow men. Remember that all help will be little, such is the magnitude of the disaster that will come when the titanic of this world finishes sinking.

PRACTICE consciously and constantly what we have been giving through our Channel, which has faithfully come and is fulfilling Our Mandates for the good of all My sons and daughters of good will, for the good of Humanity.

He is the Ruler of the Plane of Love of the Pure Heavens. Like My Son incarnate in Jesus of Nazareth, he too has been born alongside beings of the Pure Heavens and Brothers of the Stars who have come down on a Mission of Love to Earth. He was born next to those who have left the sphere of Darkness and are already walking towards the Light, towards My Heart. And so He helps and serves them.

Like My Son in Jesus of Nazareth, the Ruler of the Plane of Love of the Pure Heavens is among known incarnate demons, who fight against him. By his example of life and powerful radiance of Love and Peace experienced by his fellowmen he is showing them the Way Back to My Heart, living among them as the true cosmic being that he is. If they freely turn to the Light, repudiating the Darkness, much suffering could then be lessened, and not atoned for in the Timeless Realms of No-Time. PEACE.

65. FOR YOU, COVERED BY OUR LOVE.

Letter from the Heavenly Father on April 5, 2021 to two cosmic beings incarnated on Earth who are walking towards His Heart. It is His Will that this letter be included in "Rungs - The Cosmic Ladder - " omitting their names.

You walk faithfully towards My Heart, placing your feet as cosmic beings incarnated on Earth in the Footsteps of My Beloved Son in Jesus of Nazareth. Persevere, that the victory over darkness is yours, and Ours also through you.

Grow and grow in the Golden Light of Love, and "they" will never touch a single hair of yours through their instruments. You are also cared for by the Brothers of the Stars, as you already know.

Don't give "them" the slightest chance. Keep an eye on "them" through the thoughts that they insistently want to install magnetically in your brains. Everything is energy, vibrating at different frequencies.

Don't let your guard down. Ask yourself frequently about the thoughts and images that they wish to "sneak" in to you in order to then incite you to think and think about the "shells" known to you, so that you may make the "contaminated seeds" that they have placed inside the shells vibrate.

Think of the valuable help that you will give to your fellow human beings in the fulfillment of your Mission of Love on Earth, where you left from the safety and infinite Peace of Heaven, for the Love of all My children lost in the mists of condensed matter.

May these Words accompany you also in the days of the collective tragedy that humanity will have to live, because this is what countless of My sons and daughters have wanted since the beginning of time in crystallized matter, created by "them" and their seduced instruments.

They will also definitively lose this earthly base by leaving for their cosmic satanic base, the Abyss, which they will also leave when the time comes. And they will capitulate, because I am making everything new, starting with the Earth, where My Son incarnate in the body known as Jesus of Nazareth came down on a Mission of Love.

Live alert in the faithful fulfillment of the Laws of Heaven, to become luminous ambassadors of Our Love in this world, the homeland of dis-Love, as well defined a few years ago by your brother and soul friend, who loves you so much, and Us through him. Hold My Hand tightly. PEACE.

66. AMBASSADOR OF OUR LOVE

Have you calibrated the need to Love every being and existence harbored by Mother Earth?

Perfect yourself to the extreme, until you leave no trace of "lead" attached to your soul.

So it does not vibrate on the frequency of "them".

Reflect on this. And you will see the importance of consciously investigating yourself, with the high goal of transforming yourself into a radiant "golden" seagull helped by My Beloved Son.

This world is on fire. The fire has been caused by the flames of dis-Love, which many have been constantly feeding with their actions contrary to their true essence, Love.

Thus, by de-loving, man comes destroying himself as a being, in the deepest part of the human envelope.

The flames of dis-Love are extinguished by LOVING.

We have to radiate intensely through you to all your fellow human beings and Creatures that have come out of My Hands of Love. Such is the chaotic situation that has been reached on Earth, produced by the constant actions of dis-Love.

Love Me and My Son, present in every brother, in every sister who comes up to you as you walk through this world.

Love Us, the manifested Love made form, in every being and existence of the Kingdoms of Nature that inhabit the Earth.

He becomes fully Love of My Love, ambassador of Our Love, here, and now, in this burning world. Get ready. LOVE LOVING. PEACE.

67. VALUABLE HELP TOOL.

When you feel that "them" are mentally attacked, and at the same time "remotely controlled" by "them", do not enter into worry.

Rather feel joy, because if you were not well you would not be attacked by "them" through those who have "lead records" in their souls.

They allowed themselves to be seduced, and now they act like "them" with their thoughts, words and actions.

Take mental note of those who attack you, or want to make you fall causing the senses, which become the antennae of your soul.

Purify yourself to the extreme, for they want you to multiply the "leads" pending to give Me for their transformation. Or they want to make green what you have already given Me and there are the "remnants" of the three-dimensional matter, which vibrate imperceptibly.

Live alert. Don't let your guard down for a moment. You will have already noticed how insistently they attack "them" through close and strangers.

Don't worry. Consciously master and "let go" the situation as best you can, because the seduced are free executors, executors, of the commands of "them".

They come to be like fairground balloons without rope to hold them. They act according to the wind that starts from "them".

Come in those moments to Us. And talk to us, sharing with us what "they" or their "balloon" instruments are trying to put into your thoughts, probe you or tempt you through the senses.

"Put as soon as possible "land in between" when "they" are attacking you through "fairground balloons" moved by their wind"

In this manna you have received a valuable tool to emerge victorious, victorious, from the direct or indirect attacks of "them", which you can use.

Reflect on the content of this manna, which you can pass on to your fellow human beings when the time comes. PEACE.

68. LET US USE YOU AS A CHANNEL OF OUR LOVE.

Attend to Our impulses to put ourselves first in everything, even in resting "physically", because you know that We are in you the Force that maintains you and helps you moment by moment so that you can perform your work and work, family and other activities.

Let us use you as a Channel of Our Love in the hour of this world. Prepare yourself consciously.

Purify yourself to the extreme, become "golden", so that you cannot be used by "them" as a repeater of their dense waves, those of the "lead" of dis-Love.

This world is rapidly destabilizing and many need and will need to receive the waves of Our Love through you.

So set yourself the goal of being a repeater of the High Frequency of Our Love, because who really donates Love today?

Is this not the civilization of appearance, which for millennia and centuries, has been built on pillars of "lead" painted "gold"?

I make it all New. Become you New, New, "GOLD" of MY "GOLD", LOVE OF MY LOVE.

Do not let your guard down, for "they" know that you have come down to Earth on a Mission of Love.

LOVE LOVING the countless sons and daughters of Mine who suffer wounded by the "lead" of Unlove.

Remember and engrave with fire:

"I BECOME OF 'PURE GOLD' FOR THE LOVE OF MY FELLOWMEN, IN WHOM YOU, FATHER, AND YOU, JESUS, THE CHRIST, LIVE AS YOU LIVE IN EVERY BEING AND EXISTENCE, VISIBLE MANIFESTATIONS IN THIS WORLD OF YOUR LOVE."

69.

MULTIPLY BY LOVING

Wherever you are, radiate Our Love to whomever you meet, placed by Us to receive Our Love through you. Bless them in silence.

Walk among your fellowmen like a beacon in the night of this world. What you get to know foreshadows the unexpected beginning of the Great Change.

Millions and millions of My children will find themselves immersed from one moment to another in the events that each People of this world will experience, and thus those who inhabit it.

Walk therefore loving among your fellow men as a messenger of Love. We need to give intensely Love through you. Cleanse and burnish with Our help the mirror of your soul for the good of many.

Many who came down to Earth to become reflective mirrors of Our Love went over to the dark side.

In this way, countless daughters and sons of My cannot receive the Rays of Our Love, which they are justly entitled to receive. Multiply yourself. PEACE.

70.

MEET US

Meet Us frequently in the Deep Realms of Being. We are always attentive to your arrival.

Difficult times are coming for the Peoples of this Earth.

Materialistic man has been moving away from Me, therefore, approaching "them" and receiving from "them."

Thus he loses and will lose the material creations of this world, to which he has tied himself, in order to find Me and My Son.

You achieve the automatism of coming to meet Us. And you will receive from Us. "They" don't want you to meet Us.

And so they besiege you by sending you barrages of thoughts. If you fall into their mental traps, vibrating and vibrating polluted images and thoughts, you would orient yourself to "them" and receive from "them." Don't let your guard down.

Counteract the mental attacks of "them" by coming to meet Us. Talk to us. You know that we are always waiting for you.

Be consistent in practicing how many instructions you have received. PEACE.

71.

TURN BURNISHED "GOLD."

All is going well, and all will be well for those who do My Will, putting us at the center of their lives. In this way nothing strange will happen to those who walk joyfully towards My Heart, towards the Higher Worlds, the solar Cradle of those who originated and seconded the Fall.

Always put us at the center of your life. Live according to the Laws of Heaven, and you will walk safely through this world, even if it is crumbling like sugar cubes besieged by water.

Living examples are needed, ambassadors of Our Love in this world shrouded in dense mists and songs of death and dis-Love sung by the seduced and seduced who have renounced their filiation as My children, following in the footsteps of "them" and not those of My Son in Jesus of Nazareth.

Become therefore burnished "gold", for I need you as a Beacon of Light to orient towards Me those thirsting for Love and Peace who walk among the rubble of this civilization.

It is necessary that you practice without ceasing the automatisms and high instructions that you have been receiving in this book. Without practicing and making them in time "own flesh" of your soul you will not be able to transmit them to your fellow men.

You see how the situation becomes more and more rarefied in all the Peoples of the Earth.

Prepare yourself conscientiously, without losing sight of "them", that "they" are permanently aware of you, of what they see on your mental screen. And so they prepare the images and thoughts "seasoned" magnetically, with which they systematically "bombard" you. Don't let your guard down.

Come with joy to talk and share with Us as much as you want. And so they will be mocked. PEACE.

72. WE ARE THE GOAL.

Truth is Absolute. Each person perceives and experiences a facet of Truth. The cosmic being-soul embodied in a human envelope is the one who perceives and experiences this facet of Truth. That is their degree of consciousness. For him that is the Truth.

Whoever makes a serious effort to evolve will experience other facets of the Truth, which will be joined to the facets that are already part of his consciousness. This is why on Earth there are incarnated beings with varying degrees of consciousness.

One who has raised his consciousness to the maximum, experiencing all facets of Truth, has become One, One, Me, the Self, the Absolute.

He will come to Love his fellow men as I and My Son Love them. And it will serve them as I and My Son serve them and all forms of life harbored by Mother Earth, unceasingly donating Love.

We are the Goal to be achieved.

In these Words is the Beginning and the End of the GOAL to be achieved, which is We, Love.

Many have found this Path. Many are on this Path walking towards Us through the deep Realms of Being. We encourage everyone to achieve this GOAL. We support everyone.

We are aware of each and every one. PEACE.

73. PRACTICAL EXERCISE.

1. Leave in Our Hands of Love what you plan to do today. Or the trip or place you are going to visit.

2. Talk to Us, mentally specifying what the work or activity that you leave in Our Hands consists of, and what places you are going to visit.

Let everyone apply it to their usual work. "They" try to go "ahead of you" preparing the "ground" to destabilize you. You already know that they can mobilize those who have "lead-records" to direct them to you.

3. The moment you start doing a job or activity you leave it in Our Hands of Love.

4. Perform the work or activity concentratedly, aware that you work with Our Strength, aware that we are helping you.

5. We take care that there are no "strange" interferences that try to destabilize you.

If any "instrument of theirs" presents itself, bless it by projecting Our Sun of Love into its Core Being.

6. Keep in mind that We Are the All in all.

Then we are also the work or activity.

Frequent contact with Us is essential.

If an unforeseen event or interruption arises, you share it with Us.

Do not feel alone, alone, because we are accompanying you, attentive to you.

7. When you finish the work or activity, draw conclusions. Take brief notes of the experience you have lived together with Us. They will help you achieve the automatism of leaving in Our Hands of Love what you are going to do. Your experience could help others like them in due course.

Do not feel alone, alone, because we are accompanying you, attentive to you. PEACE.

74. THE PROFOUND MEANING OF GIVING LOVE.

At various times you have received the instruction to give Love, to bless your fellow men with whom you meet, whom you see or remember, because all the Love given will be little in this world, the homeland of dis-Love. Hence the LOVE LOVING constantly, also to every being and existence housed like you by Mother Earth.

We delve into what happens when you have blessed and bless your fellow human beings with Our Sun of Love in you.

In the moments when you give Love, your blessings vibrate the luminous energy fields attached to the souls of those you have blessed.

These energy fields will enter into vibration, and they will vibrate and vibrate thus emitting Our Love into the atmosphere of the Earth, like rain of "gold" that your fellow men will receive, wherever they live, in which We live, and, therefore, receive.

So you are loving Us, because from you the wave of Love started.

Practice blessing, LOVING LOVING your fellowmen, for for every "grain of Love - "gold" you sow you will receive an ear of "gold", with numerous grains of "gold". HOUSEWIFE. PEACE.

75. SEEK THE LEAD-ENERGIES" OF THE SOUL.

Rest frequently in Me, your Father, and in My Son, Christ.
Enter into Silence within yourself, in the deep Spheres of BEING.

Step by step the tragic hours are extended by the Peoples of the Earth. In some, the causes created over centuries will finally hatch.

Humanity has never experienced globally how much the Peoples will experience at this end of the cycle.

It is harvest time for Humanity!

The law of cause and effect is the immense scythe that will reap the "lead plants."

Nothing will ever be the way it was a second before.

I make everything new. And the old renews it and leads to the original vibration, proper to the Higher Worlds. It is said.

Don't get worried despite the mental tirades of "them." They do "their job." Watch the work that "they" intend to do in your thinking. Don't let your guard down for a moment.

Take advantage of the moments of the early morning before starting your activities and work to come inside, investigate yourself and take good steps towards My Heart. In these hours, when many people rest, the atmosphere is calmer, with less swarm of dense waves that millions of My children project into the atmosphere.

Give Me Christ, whatever vibrates in "lead" you find yourself. Do not let it vibrate attached to your soul. Do not forget that they see on your mental screen how much still vibrates in "their frequency-lead".

And there they attack subtly so that you strengthen, if possible more and more, those dense fields of energy.

Give Me, Christ, the "leads", that I transform them into the "gold" that I will attach to your soul! PEACE.

76. REVIEW FOUNDATIONS AND WALLS OF THE HOUSE OF THE SOUL

Thorough internal and mental preparation will be necessary.

The events that will take place will affect many fellow human beings in all the Peoples of the Earth.

What has been happening at the international level is a small sample of the reality that will be shown in all the Peoples of the Earth.

Everything must happen so that the Kingdom of Peace can be established in this world, already in the process of atonement. Thus you have been reading at various times "I make everything New".

Therefore, it is necessary to make a stop along the way to reflect on the influence again on the instructions received. We could add, for a more accurate understanding: "because the thing is serious".

Prepare yourself thoroughly, because suddenly what you have not thought could happen will happen.

Mentally review whether, among the golden bricks of the house under construction of your souls, there is any of straw-"lead" placed, or of "lead painted of "gold". That will be replaced by a "gold" one.

Do this work on time, dedicating all the necessary time to it.

Make good use of every second to strengthen the foundations and walls of the house of your soul, built on the Golden Rock that We Are, and not on the sand-lead of this world in which millions of your fellow men have built the houses of their souls, which will collapse with a crash.

We are always attentive to you. Work hard, for look at the situation in which this world finds itself, knowing that you will have to truly help your fellowmen.
PEACE.

77.

LOVE INTENSELY

Announce us with your example of life. Keep leaving whatever you do in Our Hands of Love.

Live silently as the Sun shines in the sky.

Take advantage of any moment to come to the Deep Realms of Being to rest in Us. And you talk to us.

Breathe consciously into Us to raise the vibration of the soul.

Love, My son, My daughter. Love tirelessly. We love intensely in those moments when you love emitting your waves of Love to every being and existence that you find in the streets and places of this world.

Love intensely, love, because you feel how much Love it is necessary to give to alleviate the infinite dis-Love that My children suffer and every being and existence sheltered by Mother Earth. He loves intensely. Housewife. PEACE.

78.

CONSTANTLY AFFIRM OUR PRESENCE IN YOU

Come often to rest in Us, speaking to us of whatever you desire.

It is necessary to strengthen deeper and more deep communication with Us. You will need to take refuge in the Fortress inside. Here we are in Spirit, always attentive to you.

Constantly affirm Our Presence in you. It will help you.

Remember that you have to achieve automatisms in times of apparent peace, created by "them" so that man acquires more and more goods and is oriented to their enjoyment, which ties him more and more to matter.

Materialistic man does not know that he will lose what he has tied himself to in order to find Me and My Son, and to orient himself to his true Home, to the Origin of his solar Cradle.

Materialistic man has lost the Spiritual North. And this has been and will be his downfall, because he will be attracted by the energy base from which he receives, because towards this magnetic base created by "them" he has constantly emitted.

Look at how the world is. Observe your fellow human beings. Pray from the heart for them to help them awaken, as they orient themselves towards the Light, towards Us.

Once again you must leave everything in Our Hands of Love.

Practice it frequently. That's how you create this automatism. When the events that will devastate the Earth are unleashed suddenly, you will not be able to achieve the automatisms.

"They" are interested in this, for they know that those who do not orient themselves to Us are oriented towards "them", falling into their magnetic nets, like butterflies caught in cobwebs.

Do not forget this, for you will also have to teach it to your fellowmen, if you have practiced it before. If you taught it without practicing it you would go to the dark side.

PRACTICE instructions endlessly. Become fully aware of what you are receiving. PEACE.

79. **YOU ARE LOVE, FOR I AM LOVE**

What is the value of spiritual knowledge if there is no evolution of the soul without raising its frequency of vibration to be attracted by the Higher Worlds?

Many, many of those who have gone down on Mission to Earth have become intoxicated with spiritual knowledge given by Us, but they have not practiced self-criticism, investigating themselves and surrendering to My Beloved Son, Christ, the dense energy fields of low frequency vibration, magnetically attached to their souls.

My Son, Christ, raises the low frequency of vibration of the dense energies to the High Frequency of vibration of the Pure Heavens, of the Cosmic Homes that await the Return of those who rebelled and believed that they could make a creation to their measure and purposes.

They are also the Cosmic Homes that await the Return of those who departed on Mission to the depths of matter.

The key question that My incarnated children should ask themselves in matter is: Where do I come from, where do I return?

For in order to Return to the Higher Worlds, to the Origin, it is necessary to raise to the High Frequency of vibration the dense energies of low frequency of vibration magnetically registered in the soul during cycles of incarnations in human bodies.

For this reason, tirelessly investigate the "leads" so that My Son may transform them into "gold", that is, so that He may raise the energies of low frequency of vibration and become energies of High Frequency of vibration, that of the Being.

Therefore be attentive to the traps of images and thoughts magnetically contaminated by "them", which project so that the soul vibrates in "their frequency" ("lead"), and not in the High Frequency of the Higher Worlds ("gold").

Ennoble therefore at all costs your souls for Love of your fellow men and of all being and existence out of My Creative Hands, because your fellow men will have to be instructed in what to do in order to Return to the Worlds Beyond the Stars.

So keep an eye on "them," for you know what they want.

Constantly watch your thoughts, words and actions, to see whether or not they agree with the Golden Ethical Rule:

"Don't do to others what you don't want done to you." That also entails not thinking, or talking, as you do not want others to think or talk about you.

And you will know then if what you have investigated has the low frequency of vibration of "lead" or the high frequency of vibration of "gold".

Remember that "What is not Light is unequivocally Darkness."

And love, love tirelessly, for I am Love, and you, My children, are Love. "From such a stick, such a splinter."

I Am the stick, and you, My children, are splinters of My stick. PEACE.

80. DETECTS THE "NOISES" OF "LEAD".

Rest frequently in Us. Do not enter into restlessness. Stop briefly to ask yourself: "What can "they" be behind what you have thought or what you are doing? Reflects. Be aware of whether or not you are in Harmony.

If you are agitated, agitated, then use conscious breathing to harmonize yourself. Do not enter into worry, simply observe yourself and put order in the thoughts.

When you are working, or doing any activity, remember and keep in mind that We Are the Force with which you work or do any activity.

Affirm us as Force in you, with Joy, because this leads you to the awareness that you are not alone, that we accompany you and are Present in you moment by moment. Do not feel alone, alone.

Dense energy fields emit "their noise" as they vibrate, interfering with your tranquility.

Silence that noise that "they" make vibrate – We do not – by investigating what "leads" emit it.

And you give them to Me, consciously. I then raise its vibration (transform "lead" into "gold"), and it ceases to be used by "them" to destabilize you.

The basic rule that you must not forget is: What is not Light is Darkness. It helps you to detect the origin of a heavy vibration, which will be deactivated with My help. Case resolved.

You will also see in this manna that we lead you to consciously enter into action, putting order in your thoughts and becoming aware of whether or not you are in Harmony.

Keep in mind again and again:

"They" are behind what is not Us. Watch them to "them". PEACE.

81. **YOUR LIFE EXAMPLE IS FUNDAMENTAL**

You notice how what serves as material support for the civilization of unlove is destabilized. The fields of loveless energy generated over millennia, from yesterday to today, will be the ones that will sink this materialistic civilization, unique in the Universe.

Turn "golden." Walk steadily among your fellowmen. Let them feel the firmness of character and nobility that you radiate at a time when everything is rapidly destabilizing, and many, many, have entered the "mental sphere of fear."

You will lose yourself, as you increase by yourself this vibration created by the Darkness. Inexorably, those who have blindly followed in the footsteps of "them" will fall into the nets of despair, and not the footprints and teaching of salvation of My Son in Jesus of Nazareth.

They will multiply the "lead" that is attached to their souls, like hellish vibration. And this huge "mass" of opposite, heavy vibration will drag you into the Abyss, into the energy field you have nourished, which will irremediably, magnetically attract you.

Ennoblécete therefore at all costs. You have a beautiful Way ahead, to travel for Love of your fellow men. Your example of life is and will be fundamental. PEACE.

82. **KNOW YOURSELF, YOURSELF.**

Use your time well when you are, or meet, those who want to "lead you with their words to their points of view." Once again it is necessary that you ask yourself "for those who are behind" these people – known or not – that you meet "casually" or call you on the phone.

There is no "coincidence". Be constantly alert, because constantly "they" are watching you. They have a "joint plan" and they are constantly putting it into practice. You are at the center of your target. If you let your guard down, you'll be "given a mental morsel in your thinking."

Become fully aware that you carry them with you, wherever you go or are, working or not, as a permanent "shadow guard": even if you do not see them.

Take advantage of every moment, even standing, sitting in the car, at home, in front of a shop window, to give Me the "leads" that become conscious at that moment. Do not leave it for later: this is what "they" intend.

Don't leave them "any magnetic hook" that they can "grab onto" to strike you.

Whatever vibrates at low frequency starts from "them". Or they want you to update and reinforce what they see on your mental screen, and you "haven't seen yourself," and vibrate at that frequency. It is still attached to your soul, even minimally, but it vibrates and emits: and there they pretend "they" that you receive.

Observe the "details" in your way of speaking, when you move or gesticulate, eat or drink or talk... In everything, because everything is energy (do not forget) and so it vibrates and emits correspondingly. And "they" see it.

THEY TAKE ADVANTAGE OF EVERYTHING. You give these "details" to Me the moment you "have seen them." "They" are pending. Look at yourself with a magnifying glass.

In these instructions you see how much you will also have to teach your fellowmen when the time comes, for "he who does not know himself" puts himself in danger." PEACE.

83. SOW GRAINS OF LOVE WHEREVER YOU GO.

Bless with Our Love in you all those you meet in your path, and wherever you set your gaze.

Magnetize – We through you – also the places you pass through and places where you enter, because they are magnetized by a swarm of frequencies – less that of Love – that start from the thoughts of countless sons and daughters of Mine.

This is how you are sowing the streets and places of this world with Light - We through you. Remember that everything is energy.

Counteract with the powerful waves of Love the dark density of this world. Thus you contribute to "infecting with the high frequency of Love" everything that has been magnetized with the range of frequencies of un-Love.

Remember that what is not Light is Darkness. And what is not Love is in the frequencies of des- Love, also in those camouflaged as Love: they come to be what radiates from the "lead" painted with "gold". "All that glitters is not gold," goes the wise human saying.

Re-read these Words. Take notes and practice. You will see that there is a great and continuous work to be done. Much is "produced" by the Darkness over time, which constantly vibrates over the face and atmosphere of the Earth.

So sow grains of gold wherever you pass and set your gaze. You will obtain the corresponding ears of gold, which will nourish your soul. And from this "gold" – We through you – you will donate to your fellow men. Reflects. PEACE.

84. EVALUATE YOURSELF, YOURSELF

Leave in Our Hands of Love what you are going to do and are doing, until its completion.

It achieves this automatism. You already know that automatisms are achieved by repeating again and again what you have proposed, also necessary for your spiritual evolution.

As you can see, the world situation has been announcing that at any moment you could have to take action.

Evaluate yourself, yourself.

Ask yourself questions to know how your soul is prepared.

Influence, without wasting a second, what you have to practice without delay.

Everything is unpredictable, for We cannot interfere in the free will of rulers or their instruments in the service of Darkness.

The law of cause and effect will also settle accounts with them. And inexorably they will attract the fruits corresponding to their sowings.

Everything is energy, and the energies sown by souls will also manifest visibly.

Reread the mana. Practice.

Make a short stop wherever you are. And mentally resume the action of practicing.

It is a priority to investigate you to give Me, Christ, the "lead" pearls camouflaged in your cosmic seagull wings in Mission of Love. You know that I will raise the frequency of the delivered "lead" to the High Frequency of vibration of the "gold".

And your swift flight will serve as an example for seagulls that have forgotten they can also fly. PEACE.

85. LIVE AND ACT LIKE A TRUE COSMIC BEING.

Keep in mind that you are not alone, nor alone, in your struggle against the excesses of the Darkness.

"They" hide behind their invisibility to attack the weak, something typical of cowards, lying and manipulating to achieve their ends. It will weigh them down.

The rulers of this world will suffer by multiplying what they have done to their fellowmen. They have usurped the power given by the People to harm those who have given it to them. Everything will be known. Nothing will be covered by the mantle of lies.

Don't let your guard down in the face of invisible cowards. We are present within you. We also take care of you externally without you being aware of this help and protection. Never be afraid. All the hordes of Darkness can do

nothing against you unless you mentally empower them by letting yourself be contaminated by their mental waves.

Ask yourself constantly for the thoughts and images that you may have "sneaked". And you give them to My Son, without further ado.

Live happily for what you have achieved for the good of your fellow men and all forms of Life, in which We, Love, are manifested. What "they" can't stand.

The strength that was given to them as a loan has been spent. For this reason, with tricks and lies they want to take from My children the energy that they are incapable of generating.

Thus they are making "scorched earth" of what they can in their withdrawal from the Earth on the way to the Abyss, thus showing their weakness and cowardice.

Send Our Sun of Love to their Nuclei of Being when "they" are attacking you mentally, or attacking you through what vibrates as "lead" in near and strangers.

Do not let your guard down, for victory is yours, and ours through you. Come always to take refuge with Us in the Fortress within. You have your doors wide open.

Reflect on this. And say thank you. PRACTICE the instructions received. We are in every Word you have received.

It grows and grows in Light and Force. We assist you.

We have also assigned you the protection of the Star Brothers. Do not reject it by thinking, speaking and acting as true cosmic beings do not, but as a Being of Light who fulfills, also being incarnated, the Laws of the Heavens. PEACE.

86. ACHIEVE PERFECTION. HOUSEWIFE. YOU ARE A COSMIC BEING.

This civilization decomposes like a corpse when the soul leaves the body. Keep this in mind. Perfect yourself at all costs.

Watch "the details" of what you do in your daily life and work. Attaining Perfection entails absolute refinement.

It's easy. Observe yourself and think about whether I or My Son would talk, eat, drink, gesticulate or move like you, for example.

You are and will be continually observed by many eyes, also invisible. Your example is fundamental for your journey towards My Heart. Reach then the Perfection of the true cosmic being that you are. You'll make it. We help you.

Constantly welcome your fellowmen into your heart.
Thus you are welcoming Us. Many, infinite, do not have those who love them as We desire to love them through you.

Be prepared at all costs. All help will be little. There will not be many who will be able to truly help their fellow men.

Where will the blind lead, if they themselves do not know where to go?

This has been happening century after century, incarnations after incarnations.

In this you see the importance of attaining Perfection. Many will awaken at the moment of the definitive collapse of the civilization of unlove.

Humanity has already entered the phase of atonement. Millions of My children, of My daughters, will suffer the unspeakable without having awakened, without knowing why they will attract the fruits corresponding to what has been sown.

They will leave for the Hereafter without knowing their solar origin, their origin, maturing their souls in their processes of atonement.

The example of life is fundamental for the awakening of the sleepy, who will irretrievably lose the creations of matter. They will have nowhere to cling to in the endless storms that humanity will suffer.

Continue to burnish the mirror of your soul. We want to fully reflect Our Rays of Love through you. Love loving. PEACE.

87. PROJECT WAVES OF LOVE.

We, My Son, Jesus, the Christ, and I, your Father, are the Life in you, we live United in you. We know everything about you.

Bless as many as we put in your thoughts, because they need it at that precise moment.

Think that your waves of Love can become a lifeline for those who are floating among the waves of the raging sea that is now the Earth. For this reason, My son, My daughter, love, love tirelessly.

Become an inextinguishable Flame of Love to shine and shine in the night of this world.

Become a Beacon of Hope for so many of My children lost in this raging and stormy sea that is the Earth. PEACE.

88. PUT ON AUTOPILOT.

Practice again and again, consciously:

Leave everything in Our Hands of Love, because we carry everything to a good port.

You put on "autopilot". The rest will come by itself.

Constantly bless every being and existence that comes out of My Creative Hands, immersed in the dark density of this world, which vibrates and vibrates constantly in the frequency of "lead", and not in that of "gold".

Descend into the Deep Realms of Being and take shelter in Our Arms of Love. You see what this world offers, sinking like a huge ship loaded with countless containers with "lead" in its holds and on the deck. Only "gold" will be saved from the collapse of the civilization of unlove.

Rest in us. Enjoy us in all of Creation, as we have placed around you for your enjoyment and enjoyment. We Are the Love manifested in every being and existence hosted by Mother Earth.

Breathe consciously, constantly. What is necessary to keep the vibrational frequency of your soul constantly high.

Remember that We Are the Highest Vibration and Frequency of the Universe.

Practice. That way the waves of "them" trying to penetrate your thinking will not reach you. PEACE.

89. REST IN OUR ARMS OF LOVE.

- TO THOSE WHO FEEL THAT THEY HAVE COME ON A MISSION OF LOVE -

Have hope. We have everything planned.

Take advantage of every second to increase the Light potential of your souls. Do not allow yourselves to be mentally beaten by "them", so attentive to what is appearing on the screen of thought.

This is why you ask yourselves, and you ask Us again and again, about the images and thoughts that you may have been able to "sneak". And you give them to Me, Christ, pending your surrenders.

Come frequently to Us, to rest in Our Arms of Love, in the Gardens of the Interior.

Remember that "I make everything new."

And so the elemental Forces Fire, Water, Earth and Air have been acting surprisingly devastating what they believed to be solid, forming part of the so-called "wealth" in this world.

In a few hours it is destroyed. And much more will be destroyed in countries that will attract whatever they have caused, including the crime of massively "vaccinating" with the mRNA gene product.

It will weigh them down. In this way the Peoples will come to their senses. To the point of thinking that they are reaping what they have sown.

Leave everything in Our Hands of Love. Practice unceasingly all the instructions you have received.

They are the spiritual Bread that millions have not been able to receive because My Son and I have been betrayed by those who came down in Mission of Love, and allowed themselves to be seduced by "them", knowing what they knew.

Rest in Our Arms of Love. Remain so, calm, calm, sheltered by the Strong Irradiation of Our Love.

Do not enter into "worry" about anything. PEACE.

90. PREPARE INTERNALLY.

"It reflects on what is happening in many countries due to the actions of the elemental forces Fire, Water, Earth and Air, which many consider as the effects of climate change, against which millions of people believe that we must fight.

The reality is that they will not be able to do anything. Nor do they know that climate change becomes the karmic arm that will cause the definitive collapse of this civilization of unlove.

Truly humanity is reaping what has been sown by millions of souls who have been incarnating again and again for millennia and centuries. And now they are reaping what they have sown, magnetically attracting what has been caused. Inexorably.

We draw attention to what is happening – unexpectedly – in many countries of the Earth, although it does not appear in the mainstream media.

Many will turn around and begin to look towards Us, the great forgotten and separated from the hearts of the incarnated in the countries of the Earth.

Prepare yourself internally, exhaustively, because much is the help to give. We need you.

Free yourself with My help from the "lead" energy fields that you have attached to your soul. On time.

In the midst of extreme weather events, and the endless struggles and horrors of the outbreak of the Great War Conflict between the Peoples of the Earth, you will not have the tranquility of the apparent peace, which some Peoples still have. That suddenly they will also lose.

We are attentive to you. It is a priority to achieve the elevation of the vibration frequency of your soul, to increase your potential of Light. For you and for those you can help.

Do not forget that you are permanently in the crosshairs of "them".

Analyze what you spend every second of your time on, while the ship of this civilization sinks. PEACE

91. THE HIDDEN WILL MANIFEST ITSELF.

Remember that I make everything new.

Thus will manifest what is infected and contaminated by the low frequency energies of vibration. By raising the frequency of vibration it will manifest, appearing to others.

Nothing will remain hidden, for I bring it to light.

Then the people will know what the rulers have done to millions of people. And they will revolt.

It will happen what has never happened in the history of humanity, in which millions of people will erupt, being unstoppable by the so-called forces of order. They will sow chaos among the asleep, who will not know how to cope with the situations presented, thus increasing chaos.

It is the end of this civilization. Nothing will return to normal, quite the opposite.

Remain attentive, attentive, to what happens in the hour of this world, when everything rushes in, the created causes come to an end, their effects-fruits powerfully manifesting, making that what had a beginning also has its end.

Practice the instructions we are sending you. PEACE.

92. THOROUGHLY INVESTIGATE WHAT IS ENGRAVED IN THE SOUL.

Rest frequently in Us at the hour of this world, when the river of the law of cause and effect begins to overflow in the Peoples of the Earth. Unstoppably.

This is largely responsible for the rulers of the villages, who have also led their inhabitants to untenable situations. They will not be able to prosecute them, because they are being mentally influenced by "them" in order to create chaos.

The rulers of this world believe themselves wise because they have information that they hide from the people, but this information is false, thus also served by "them", because they are based on knowledge based on the vibration of matter, in low frequency, which is also constantly changing, because I make everything new, and I am raising the frequency of vibration of everything on Earth.

Therefore, do not delay in thoroughly investigating the energy fields of low frequency of vibration, the "leads" attached to your soul, as they can attract what corresponds to what has been caused at any time. And you know that when the sack of effects-fruits is unleashed upside down, its contents begin to come out unstoppably.

This is known by "them", and so they also try to increase what they see on your mental screen, in your aura.
It is another of the "weapons" they use to put out of combat the casualties in Mission of Love.

Be serious, then, to investigate yourself, in time, what you have to deliver to My Son for his transformation. Use any of the three methods you can find in chapter 19 of "Between the Aether and the Earth", and at the end of the INDEX of "Rung - The Cosmic Ladder-"

Start now. Put in your pocket or purse a Note-Reminder to make frequent and brief stops in what you are doing.
Come to us. Ask us for help. Count on Us. We are attentive to you and we help you. PEACE.

93.

ALWAYS COUNT ON US.

You are at an important moment in your life in this existence when you will have to make important decisions as the causes created by the ruling class and their corresponding effects manifest.

The ruling class obeys the slogans of "them", which will fall into the bottomless pit of the magnetic abyss created by darkness, continuously fed by "them" and their seduced relatives. What can you expect from rulers? Take care of your thoughts, your words and actions, whatever has been induced by their mental antics directed at your thought.

"They" want you to also feed the reservoir of contrary energies by emitting the contaminated contents that may have sneaked into you. This is why we have been telling you to ask Me about the images and thoughts that may have sneaked in, that you will give Me without making it vibrate thinking again and again about what "they" "remember" you.

Look at how much good you have already attached your soul. Lean on this "capital" of "gold" when you meet or investigate the "leads", which I, Christ, will transform into "gold".

Reflects. Keep in mind again and again that the ship of this civilization is sinking. So don't waste precious seconds without increasing your soul's potential for Light—"gold." You will not have it easy as soon as events precipitate, collapsing the pillars of this civilization, and the atmosphere is flooded by infinity of mental waves of low frequency of vibration.

Reflect again and again on what you have read. Remember that We are looking out for you. Always count on us. PEACE.

94.

HOPE, AT THE BOTTOM OF PANDORA'S BOX.

Times are coming when many will wish they had not been born. such will be the accumulation of experiences that they will have to endure during the time of harvest of what has been sown by Humanity for millennia and centuries.

What country today is free of social tragedies, climate catastrophes, violence, social unrest and wars?

Which means that millions and millions of My children are submerged in the pit of pain and suffering, from which they cannot get out.

The Great World War has not yet begun. In this Last War we will live what billions of inhabitants of the Earth never thought they would have to live.

Unexpectedly the Pandora's Box will open for the inhabitants of this planet. Only those who walk towards My Heart, with Us at the center of their lives, will be free from tribulations, living them from afar. And you will know and experience that at the bottom of this Box you have found Hope, that It is Me and My Son, Christ.

Practice therefore the high instructions received, turn "golden", shine like shining stars in the endless nights that those far from Me, from Us, will have to live at this end of the cosmic cycle and collapse of the civilization of dis-Love, because that is how they freely willed. PEACE.

95. LOVE IS URGENTLY NEEDED.

Remember to bless in Our Name your fellow human beings and all forms of life harbored by Mother Earth.

Love is the foundation of your life, your root as a cosmic being, for you are My son, My daughter, and I, your Father, Am Love.

Housewife. Everything needs Our Love through you.

Love intensely.

Who truly loves today in this world?

This question overwhelms you if you think of the infinity of peers that populate the Earth, and the infinity of creatures of the Kingdoms of Nature that come out of My Hands of Love.

And there are not many children of the Heavens incarnated on Earth who truly love Us more than this world.

Love, son, love, daughter. Love is urgently needed. PEACE.

96. YOU ARE ON EARTH, THE HOMELAND OF LOVELESSNESS.

Ask us how are the events that will shake the consciences of millions of My children, your brothers and sisters, many of whom are terrified of cold in the camps of dis-Love.

Bless them constantly, for great is their suffering in knowing that they are forgotten by their fellowmen. This is their great pain and grief.

So much pain and suffering only occur in this world far from Me and My Son, Christ, who descended into the depths of matter to rescue My beloved children from the clutches of darkness.

He carries in his heart those who suffer unspeakably, the forgotten who no one remembers them, nor do they have a word of consolation, nor a helping hand to take them out of the pit of suffering in which they are.

Bless them constantly, love them by loving them, for they have no one to carry them in their hearts. They have forgotten that they are brothers, children of the Father in Heaven Himself, who loves the blind and deaf so much before the endless cry of their brothers and sisters abandoned to their fate.

Many die alone, drowning, trying to reach the shores where other brothers and sisters help them out of the pits of infinite pain and suffering.

They left their homes, their land, family and friends fleeing certain death to meet an uncertain death, forgotten in their pain, rejected by those who thought they could help them, and so much abundance they have.

They confined them, suffering hunger and cold, many frozen, forgotten by so many of My children who will attract the fruits of their dis-Love. PEACE.

97.

LEARN TO LISTEN

From the Father and Jesus, the Christ:

Learn to listen. You are related, related, with people with whom you have to talk about professional or family issues, for example, personally or by phone.

When you listen, be silent. There are "certain vibrations" in what you hear that will alert you to "who" is behind those who speak to you.

This is why it is necessary to learn to listen, so as not to be surprised by "them".

Think that what you are hearing is also heard by Us.

We are the Silence. And if you listen silently, leaving the thought still, some warning you might feel as you listen.

Do not forget that "the" you have around you, studying how to put yourself out of combat. PEACE.

98.

LOOK INTO THE EYES BLESSING

From the Father in Heaven:

"Observe with the eyes of the soul those who come to you, knowing that I and My Son live in the depths of the soul of those who have come to meet you.

When you look into his eyes, greet Us, Life, and send Love into his soul, whether it is in Harmony who approaches and speaks to you, or whether he is agitated. Or speak in breach of the Laws of Love.

You will have experiences to write down. They will give you joy. And you will have the certainty, indelible, that I and My Son dwell in the depths of the soul of each son, of each daughter of the Heavens who has incarnated on Earth.

So only the good, the "gold" will radiate from your deep heart to your fellowmen.

And you will receive by multiplying the "GOLD" that you have selflessly donated, because We are the donors of the "GOLD" that you receive.

PRACTICE, not just once, if you want to fill the chest of your soul with "GOLD" by making this experience. And by silently loving your neighbor, you are loving Us. PEACE.

99. EXECUTE OUR COMMAND OF LOVE.

From the Father and Jesus, the Christ:

"Remain active, active in Our Spirit giving Love tirelessly, constantly, at any time, place and occasion. It is needed and will be needed by all those incarnated on Earth, and by all beings and existences hosted by Mother Earth.

She acts therefore as faithful executor, as faithful executor, of Our Mandate of Love. It is a priority to donate Love tirelessly.

Who loves and does My Will in this world?

The time will come when millions, countless of My sons, of My daughters, will understand that the longed-for normality will never return, that there will be no reversal of the events unleashed in the Peoples of the Earth. Such will be the harvest sown for millennia and centuries by the inhabitants of this planet, contrary to the Laws of Heaven.

Thus you have been sowing dis-Love every time you have incarnated on Earth. And these fruits will reap.

Give Love constantly, tirelessly, because great will be the dis-Love suffered by your fellow men in the days announced by John of Patmos and the great prophets who gave My Word. PEACE.

100. THE RESURGENCE OF THE GOLDEN AGE.

From Father in Heaven and Jesus, the Christ:

This world is falling into the precipice created by the Darkness, while you and others faithful to the Spirit are preparing the resurgence of the Golden Age, already present in the planetary soul.

The Golden Age foretold, the Kingdom of God on Earth, will come. And the torches of Love will shine as a sign of victory over Darkness.

Do you want to be one of these luminous torches?

Go forward, unbeatable, without losing sight of "them", eager to extinguish the Light of Love that We Are in you. Love tirelessly in the homeland of lovelessness, knowing that We love through you.

The Kingdom of God on Earth will manifest powerfully for the good of countless My children who yearn for Us. They will see their waiting confirmed, the experience that they had not made a mistake in calling us continuously, wishing that another different world flourishes on the face of the Earth.

I make everything new. There will be a new awakening of humanity after the final hecatomb of war.

Once the enormous fields of dense energies have disappeared, the atmosphere of the Earth will be prepared for My Coming in Spirit, as has already been announced. Amen. PEACE.

101. WHAT YOU THINK AND WHAT THEY MAKE YOU THINK.

You are at a crucial moment in the long-standing struggle for Darkness against Light.

You belong to the Light, therefore you are its "enemies", even though "they" are not enemies to you. It is therefore necessary that you be attentive to the thoughts that continually come to you ("they" do not rest), because their objective is to put you out of combat.

You have to be alert, attentive to the thoughts that come to you in "shells" known to you, but with the seeds of "lead" made by "them".

This is REAL, even though it occurs on the plane invisible to the human eye. You don't see "them," but you have them constantly around you. They are also the "managers" of putting people in your way, that you receive certain calls and of elaborating strategies so that you enter into disharmony.

They "know" you very well.

Therefore we propose the following exercise:

Come to Us resting with your thought in Us. Where else do you "put to rest" thought?

Reflect quietly, talking to Us, on this. It is an ongoing exercise, not just for today.

Be attentive to what you "think" and "make you think."

Come then to speak with Us, leaving these thoughts in Our Hands of Love.

It is necessary to reread and practice this manna. This also means putting ourselves first in everything.

If this were not the case – to practice what you have received – ask yourselves: What are you focusing on as a priority? What have "they" put into your thoughts? PEACE.

From the Father and Jesus:

" It is necessary to keep in mind that PRACTICE MAKES PERFECT.

Therefore review the high instructions received, again and again.

Reflect on its content, and practice.

Talk to Us often.

Remember what you have received, as if to "store" it in your thoughts. So you can also practice at any time what you remember and come to your mind without having to reread, for example.

Stay tuned to the situation in your country, and to what is happening worldwide.

Remember that you have come down on a Mission of Love, to help and serve your fellow men. We will be driving. Do not enter into restlessness.

Again we remind you: Leave everything in Our Hands of Love.

In this way you have the assurance that all will be well, for We are acting in what You have given Us, placed in Our Hands.

This is important, very important. It is necessary to practice it at any time, situation that you go through or work or activity that you are doing or are going to do.

Do not enter into uneasiness, we remind you. You simply come to Us, speak to Us and put in Our Hands what you are going to do or are doing.

Practice insistently. Take advantage of every second of apparent peace. You know what can happen suddenly.

We remind you not to forget to keep silent, because you do not know the "leads" that many have in their souls, whoever they are, nor how they will be used by "them" to go against you.

Try to be "silent" when talking on the phone. Use mail briefly to convey what listeners should not know.

Have confidence that we are attentive to you, also the Star Brothers. PEACE.

103. INVESTIGATE THE BEAMS OF YOUR EYES

From the Father and Jesus, the Christ:

We, the Life in you, are attentive to you, to what you feel, think, say and do. We know therefore also of your steps, whether or not you walk towards My Heart from the Hand of My Son. You have been entering another stage of your current existence. And we tell you:

"Those who truly investigate themselves, themselves, and truly love in this world desolate by the merciless actions of Unlove, will reach the High Peak of Love."

To achieve Perfection, you have to be attentive to your world of thoughts and the reactions that your soul will make you feel in your physical envelope, attentive, attentive also to what you experience and feel through the five senses, which are also the antennae of your soul.

You also receive therefore the vibrations, resonances and emissions of the waves that start from your peers, which will be valuable tools for you to consciously and constantly burnish the Mirror of your Soul, from which We will intensely project the Rays of Love, which We Are, to your fellow men, to every being and existence hosted by Mother Earth, and to the dark density of this world. That magnetic jungle of infinite waves and fields of dense energy that vibrate in the atmosphere and magnetize much of what you perceive by the five senses of your soul.

Remember My Words in Jesus of Nazareth about first removing the beam from one's own eye before telling one's neighbor to remove the straw he has seen, or has thought he saw in his eye, according to the glasses with which he has looked at his neighbor.

This is another valuable tool that you have to use to burnish intensely the mirror of your soul, so that you come to shine intensely and silently like a radiant star in the night of this world before your fellow men.

We begin – count on My help – with the question:

Do you remember how your wrapping vibrated, how the rhythm of your breathing or your heart was altered, when you heard a person say what you thought was not right, or you saw him do what was not right for him to do, and you told him? Was this a straw in the eye of your brother, your sister?

Take hold of the Album of your life.

PRACTICE investigating the magnetic beam attached to your soul, which vibrated intensely then, and which originated thoughts, words, and perhaps some act of "lead", or "lead" that you painted "gold", when you spoke with this or that person.

PRACTICE. And you give Me the "lead." I will transform it into "gold".

Now I take the Word:

Whoever, in the midst of a conflict with fellow men, strives to see his own part in the conflict, and not the part of his fellowmen, this son, this daughter truly loves Me and My Son, his Redeemer.

Is this not "removing one's own beam from one's eye before seeing the speck in one's neighbor's eye"?

Whoever does not want to recognize and give Christ, My Son, his own beam, is not putting those shadows before Us, the Light? It will not be clear.

Those who enlarge their own beam in their eyes for not recognizing in time their part in a conflict, nor giving to the Flame of Christ their part to be transformed by Him into Light, will multiply the shadows, attracting the corresponding one.

And they will continue to walk blindly through the magnetic density of this world.

Reflect: Are My Son and I loved by those who see only the speck in another's eye, and not the beam in their own eye?

Are My Son and I beloved in whom others see a straw in their eyes, but do not see the beam in their own eyes?

We are the Life in you, in every being and existence. We are the Life in fellow human beings in which others see a straw in their eyes.

Reflect on "loving by loving." Because "they", the invisible ones to the human eye, are experts in putting trap-ditches in your way to put you out of combat. PEACE.

104. RAISE THE LIGHT POTENTIAL OF YOUR SOUL.

It is necessary that you multiply every day in practicing what you have been receiving, because everything is accelerating on this Earth, and at any moment "they" can explode the Great War Conflict. Keep this in mind.

The ship sinks and you have to help many get on the barges before the sea engulfs it.

Get in the habit of coming to Us frequently. And you talk to us.

Keep in mind that "they" also have their instruments incarnated. So do not let your guard down, because they are constantly scheming what they can do to put you out of combat, having planned who to put in your way, or you are in your displacements. Do not forget that you are in the middle of a battle between Light and Darkness. So don't let your guard down.

Trust that we are in you, attentive to you. Do your best to raise more and more the Light potential of your soul. PEACE.

105. ACHIEVE DEEP SILENCE.

Come frequently to rest in Us, to practice entering into Harmony to achieve Deep Silence.

Use conscious breathing as an "effective instrument" to achieve Harmony and Deep Silence, which I Am.

Breathe consciously. Come and "refresh" yourself in the Deep Spring of the Water of Life that Is Us."

I Am the Deep Silence, which you will have to achieve. Practice again and again how many instructions you have been receiving. Keep this in mind.

Through thought they have put out of combat many who came down in mission of Love, and now "militate" on the dark side. Don't forget.

Do not forget "them", that "they" do not forget you.
You always have them with you. Continually observe thoughts and images.
PEACE.

106. **TIME WILL "STAND STILL."**

Everything rushes into this dense world, on the way to the precipice.
Each "false" step taken by rulers and seduced brings them closer to the precipice. They will fall with this anomalous civilization.

I have everything ready, planned, for the moment when "the clock rope" of this world will jump.

And time will "stand still" inexorably for all My sons and daughters who inhabit the Earth.

There will be no going back, no "normality," no hope of returning to the "old," which is what has led this world to perdition.

Billions of My children will suffer unspeakably during the collapse of the civilization of unlove.

Every help and donation of Love will be necessary, such is and will be the magnitude of how much Humanity will suffer in the peak moments of its total collapse.

Many, many blind people still do not realize the situation in which the ship of this world finds itself, buffeted by the intense storms of the law of cause and effect.

It is harvest time for humanity. Each one will receive the "gold" and the "lead" that corresponds to him.

This ship is drifting, on its way to crashing into the cliffs of the law of cause and effect. It will run aground, sinking. It will never be floated. Never. Everything has to raise its frequency of vibration to be assimilated by the Higher Worlds.

They put children in their crosshairs. They injected them with gene products because in their bodies they had embodied infinite cosmic beings who had come down to help their brothers and sisters on Earth.

And for the same reason they injected the gene product into the pregnant women, while the rulers were "vaccinated" with placebos.

How many rulers have died?

It is the madness prior to the outcome of the final struggle, to the collapse of this civilization. And with this will fall those who have built it and helped to raise it. PEACE

107. LOVE US IN YOUR BROTHERS AND SISTERS.

Be attentive to Our impulses, which may come to You imperceptibly.

Although it does not appear in the mass media, the situation worsens in the Peoples of the Earth.

The day to day is hard, very hard, for millions of My children, who try to survive in places where food and water are scarce. Many, infinite, without a roof under which to shelter.

With the above words I bring to your consciousness the wells of pain and suffering in which millions are submerged, unable to get out of these wells by themselves.

Pray from the heart for your fellow men who suffer the unspeakable, without hope, forgotten by all, when in the Universe, which I Am, everything is communication and unity.

Donate Love to the inhabitants of the Earth who suffer from the dis-Love of their brothers and sisters in Life. What happens on Earth does not happen anywhere in the Universe.

This is a manna of awareness. It is necessary to pray, to give tirelessly Love to all your fellow men immersed in the wells of pain and suffering. We live in them. Love Us by loving those who suffer and no one remembers them.

Do not leave it for later, My son, My daughter. PEACE.

108. **TEACHING WHAT HAS BEEN PRACTICED**

You are living experiences that you can teach your fellow human beings when the time comes. Act accordingly to what is received from Us.

Purification, surrendering to My Son the dense energy fields of low frequency of vibration is a priority, fundamental, because without transforming the dense energy fields, souls cannot be attracted by the Higher Worlds.

On the other hand, the dense untransformed energy fields attract by their vibration "them", the demons, who truly do not know what awaits them.

In their blindness they dig the deep cosmic trench, the Abyss, in which they themselves will precipitate by its very low frequency of vibration.

With "them" will rush those who have identical frequencies of vibration for not having delivered them in time to My Son, Christ, for their transformation.

What will become of those who have much spiritual knowledge, but have not practiced what has been taught for more than forty years by Me and by My Son, Christ, through our prophet Gabriele of Würzburg?

Each soul is different, and has fields of Light and shadows, so it must be considered that each field of dense energy "lead" not purified multiplies.

Each one weaves the web of his destiny with the freedom that I have given to all My children. What also has to be taught.

Remember that it is necessary to rest frequently in Us, breathing consciously in Us with another slower rhythm. Thus the vibration of your soul rises and you "isolate" yourself from the lower vibrations projected by "them" into your thinking, for you have oriented yourself towards Us.

As you know they have you constantly in their sights.

Also teach your peers, when the time comes, the importance and necessity of repetitions, the only way to achieve automatisms.

Rejoice, because from the "gold" that We Are in you you will be able to donate to your fellow men. Take stock of what you've accomplished. PEACE.

109. PREPARE YOURSELF OUT OF LOVE FOR YOUR FELLOW HUMAN BEINGS.

"Prepare yourselves for Love of your fellow men, for those who have nothing in the Spirit, for those abandoned in the magnetic jungle of this condensed world, because many descended on mission have allowed themselves to be seduced."

And they have contributed with their emissions of "lead" waves to build this magnetic jungle of low frequencies of vibration, in which "they" trap those who vibrate in these frequencies for not having delivered them to My Son, Christ, knowing the seduced and seduced what they knew and know.

Remember that what is not Light is Darkness.

Therefore, they have been loading the ships of their "lead" souls.

And they will sink resoundingly before the eyes of many, discovering what was truly under the cloak of appearance.

That's right, My son, My child. Prepare yourself thoroughly. Don't lose sight of "them." PEACE.

110. THE EARTH IS MINE. I ORDER THIS CONDENSED WORLD.

You have to keep in mind that time rushes and shortens on this condensed world.

This world is an "experience" of those who intervened in the Fall, which have caused so much pain and suffering and will cause in their departure from the Earth on the way to the Abyss, making "scorched earth" of what they believed was "their territory", but never was.

The Earth is Mine, and so I am ordering this condensed energy, preparing it for its vibrational assimilation by the Higher Worlds.

"They" have not accepted their defeat. And what happens contrary to the Law of the Heavens on Earth is his work and that of those seduced by "them".

They are accomplices, therefore, of what happens and will happen in their withdrawal from the planet, making "scorched earth" of everything on the face of the Earth, and also of the children of the Heavens incarnated on Earth, causing their death, pain, suffering and incurable, irreversible genetic diseases.

His blindness and madness is infinite. Thus "they" have magnetized the rulers of this world: look at their fruits.

Remember the Words of My Son incarnate in Jesus of Nazareth:
"By their fruits you will recognize them."

Can Humanity expect something good from those who have taken over the power and institutions of the peoples to destroy Democracy, going against the citizens of the State, provoking wars, confronting and dividing the Peoples of the Earth, causing deaths, diseases, economic and energy crises, radioactive contamination of the lands, of the waters, of the air, of means of subsistence and merciless wars against the beings and existences of the Kingdoms of Nature, burning millions of hectares of forests, meadows, mountains and mountains ... And much, much, much more?

They do not know what awaits them, here and in the Timeless No-Time Atonement Arenas, for eons. Better that they had not been born, neither in this nor in other existences.

PRACTICE, therefore, becoming luminous, radiant. Let there be nothing left to do on your part. We help you.

Go ahead, make good use of the apparent peacetime, created by the Darkness, which can bring about its end unexpectedly.

PEACE, My children, My daughters. PEACE..

111. TIME IS ENERGY. THE VALUE OF EVERY SECOND.

Receive the instruction "Time is Energy". It is necessary to get moving urgently. You have incarnated in families of countries of the Earth. You need to free your souls from dense energies in order to fulfill your Mission of Love here, in the homeland of dis-Love.

We warn of the mental attacks of "them" who try to put out of action those who are on a Love Mission through the problems that have arisen, domestic or at work, as examples.

We talk to each one:

Take action and solve the problems by talking to Us, leaving this in Our Loving Hands.

Then My Son and I began to help, and "they" can no longer mentally penetrate into your thinking.

THIS means PUTTING OURSELVES FIRST. If this is not done, despite the instructions received, it is because "they" have already been put in the first place.

"They" have noticed. They see it on your mental screen.

And they stealthily redouble the attacks by introducing into the "shells" of the PROBLEMS/SOLUTIONS magnetic seeds prepared by "them" to magnetize groups of brain cells with vibration frequencies related to "them".

They bombard you with volleys of thoughts to make you think again and again about the images and thoughts, "shells", of the PROBLEMS/SOLUTIONS they have introduced into your thinking.

We speak now for everyone:

Thus "they" manage to make the magnetic seeds prepared by "them" vibrate over and over again, introduced into thought inside the "shells" of thoughts and images, to magnetize a group of brain cells with vibration frequencies similar to their own.

With this they can be attracted whenever they wish, entering and leaving the thought of those colonized by "them" with their vibration frequencies.

What happens is exposed at the end of the book in the chapter HOW DO "THEY", THE DEMONS, ACT?

We begin with the instruction "TIME IS ENERGY".

Everything in the universe is energy. Time is the energy of planet Earth. It exists only in this world. In the Pure Worlds there is neither time nor space.

Every second is important. In an instant there will be a CHANGE on Earth. And nothing will be the same as the previous second.

Food is energy. A food is consumed. When consumed, its physical, visible form disappears. But his energy does not disappear. It has been integrated into the human organism.

As an example: Can a child's body grow without taking food?

Always remember that time is energy. An hour, as a unit of time, elapses, passes, is "consumed" second by second.

But their energy does not disappear: During that time something has happened, for example: talking to another person, working in the field, repairing a machine, or cooking...

It is necessary for everyone to investigate the thoughts, words, gestures and actions that have taken place while something has occurred, because an energy field with a certain vibration frequency has been created.

To evolve and expand consciousness it is necessary to reflect on what energy field was created. It could be of energy-"GOLD", or of "LEAD", during that time, which is already past. But the energy field that was produced exists in the present, second after second.

If it were "energy of vibration frequency"lead", it is necessary to dislodge it from the soul, transformed by Christ.

If it does not transform, it multiplies.

Behind this are "they", the demons What was done in the past is still emitting and receiving.

You have often heard it said: This already belongs to the past!

Perhaps it was said with the intention of not responding, not acknowledging, or not apologizing for what happened. The speaker remembered him.

Therefore, it is necessary to take advantage of every second on Earth, being attentive, attentive, each one to the thoughts and images that "they" try to introduce into thought, investigating what they produced, or omitted to do, in the "consumed" time- already past, when they created that field of energies-"lead".

And to act quickly, talking to Christ, to give him those energies -"lead". That they will stop vibrating at that low frequency, typical of Darkness.

It is necessary to always remember:

"What is not light is darkness. There is no intermediate energy source between Light and darkness."

GOAL: To become "golden" to save as much as possible, and that many, infinite brothers and sisters, return Home, to the Heart of the Father led by Christ.

112. HOW DO "THEY", THE DEMONS, ACT?

« "They", the demons, know the cosmic principle of *Emitting and Receiving*. They use it to install magnetic bases attuned to their waves in the brain cells.»

1- They know that man emits images, which "they" see on their mental screen, the aura.

2- They know that each image is the "*shell*" that envelops the "*seed*", content that *vibrates and emits waves*. *These are received by the thought of other people, and by the one who emitted them.*

3- *They observe and know what man thinks by the images seen on his mental screen, the aura.*

4- *They project low-frequency mental waves into their brain with the same image-"shell" they have seen, but carrying "inside" the "contaminated seed", expressly elaborated by "them".*

5- They project mental waves in order to induce man to think and think about the image-shell they have sent him with their mental waves.

6- If a man thinks and thinks about the image-mask received in his thought, projected by "them", he vibrates and vibrates the "*seed contaminated*" by "them", and reinforces and reinforces what is already magnetically registered in his brain cells. This man then emits waves, and receives waves with the "*seed contaminated*" by "them".

7- When a man thinks and thinks, he registers and emits; And the waves he emitted are received as a boomerang.

8. By emitting waves with the "*contaminated seeds*" of "them", the demons, into the atmosphere, a man "contaminates" other human beings, who are predisposed to receive these waves by having magnetically registered in their brain cells "*seeds*" that vibrate in frequencies similar to those of the waves they receive. These other human beings, in turn emit these "*contaminated waves*" every time they think about what they receive. The man from who originally

emitted these "*contaminated wave*", which he received from "them", the demons, also receives these back in multiplication.

9- Therefore a man receives the "polluted" sent into the atmosphere, but he receives it multiplied by the number of receivers who received the "*polluted*", and in turn emitted it again.

«Acting from the UNSEEN Plane, *the demons have been installing magnetic bases in the brain cells of people* so that they automatically attract their mental waves and execute what "they" desire.

«How to prevent "them", the demons, from forming "a magnetic base in the brain"?

1. By being aware of how "they" act: Memorise the above 9 points.

2. Be attentive to the images that "appear repeatedly. The aim of the demons is: That the person thinks and thinks of the images to vibrate and vibrate "the contaminated seed", prepared consciously by "them". Therefore, DO NOT THINK and THINK about the images received, for thus "their contaminated seed" is made to VIBRATE AND VIBRATE.

3. Control thoughts. Do not THINK AND THINK about the received shell-images.

4. Act as when receiving a file from unknown, dubious senders: Delete it quickly. Do not be curious. If the file is opened, a virus penetrates the hard disk and renders it unusable. The file becomes the shell of the image, and the virus becomes the "contaminated seed" of the demons. Do not vibrate and vibrate the "contaminated seed" by thinking and thinking about the image.

5. Eliminate the image-shell. Inside is the "contaminated-seed" by "them" who have put inside the image-shell (image well known to the receiver) to vibrate the "contaminated-seed" by thinking and thinking about the image.

"How do you remove this "malicious" energy field that you have placed inside the image-mask?

«By QUICKLY surrendering it to the Fire of the Infinite-Christ. He is attentive to you. He transforms this dense negative energy field into positive energy, raising its low vibrational frequency, into high vibrational frequency energy. For your understanding, it is like handing Him a piece of "lead" and He transforms it into "gold". For your knowledge, CHRIST, as a Being, is not a figure, image

or sculpture. He is the Life in you and in every being. He is the Light. It is the Force and Love Energy of all that exists in the Universe, from the Galaxies to the atom, quantum and sub-quantum, as examples.

6. Be attentive to the insistent images "They" incite with their mental waves to vibrate again and again in the brain. The "contaminated-seed" introduced by "them" into the image-shell.

Whoever is attentive to his world of IMAGES and thoughts realises that "they" are behind certain images and thoughts. He should talk to Christ and simply say to Him, as when talking to a friend: *"Christ, I give you this image and these thoughts"*.

«"They", the demons are cunning. They know people's lives well. They are "invisible" around them without being seen. "They" see on the mental screen, the aura, images of the working, personal, loving, affective or domestic world.

«OTHER WAYS OF "THEM" ACTING »

They cunningly and malignantly prepare "contaminated seeds" which they also put in the "shell" of thoughts well known to these people, as in the "shell" of the DREAM images!!! which they should quickly deliver to CHRIST every time "they" project ripples to the mind, reminding the unwary of "the dream". He or she begins to think over and over again about the "dream" (instead of quickly handing it over to Christ), the "dream" that perhaps he or she might wish would "come true".

« "They" produce the video of the "dream" with the images they see on his or her mental, aural screen. In this video they introduce the corresponding "*contaminated seed*".

In "dreams" "they" have one of the most highly profitable traps to create magnetic bases in the human brain. Unfortunately. »

«As a man develops a work or activity, "they" take advantage of this time to "sneak" into his mind thoughts or images with their corresponding "contaminated seed". **"They" do not improvise.**

While he is working or carrying out an activity, "they" take advantage of this time to project waves into his mind, so that this or that thought or image becomes conscious while he is working. **And so, inadvertently, he thinks again and again about the thought or image that "has come to his mind".**

This is why it would be good and necessary to achieve automatism, by repetition, by asking inwardly, briefly, a few times a day, even while standing up:

"What thoughts or images have 'they' 'snuck' into me?"

The "snuck" images and thoughts that come up to the conscious plane are simply surrendered to Christ, talking to Him. It is simply a matter of PRACTICING what has been explained:

«He who orders and controls his thoughts with Christ masters his life.»

113. «Where do I come from, where do I go back to? »

«Methods to raise the soul's vibrational frequency, to transform dense energies of low vibrational frequency into energies of high vibrational frequency.»

«The cosmic being-soul incarnated in a human body comes from the Worlds Beyond the Stars. And there he returns.»

The return or return to the Cradle Worlds of the sun, to the wondrous Homes Beyond the Stars, begins when the free-thinking human being, or of any belief or religion, began to wonder about his origin, about the meaning of his life and existence in this world. For many, the news and photographs of extraterrestrial spacecrafts, and as they read and talked with friends about visitors from the Star Worlds, began to answer questions they had been asking about. Others began to wonder about the transcendence of being and life after death. Everyone began to investigate and to investigate themselves, feeding the Flame which one day illuminated their thinking.

"Where did I start from, where do I go back to? "

When man finds answers to these two fundamental questions, and they confirm that he has found what he was looking for, he wonders:

How do I return?

The one who asked this question has found the answer in the text he is reading. His consciousness, through the question and the answer found, is telling man that he has to take action, to start walking towards the Cosmic Homes from whence he started.

"What is not UNDERSTOOD is not PRACTICED".

With words, concepts and examples understandable to all consciences, man will find out what he has to PRACTICE. Without conscious walking, one does not get where one has to go. It is an individual, personalised path which he has to tread, and so we say to the hitherto anonymous man, personally:

"You must walk your own path of Return to the Pure Worlds Beyond the Stars, to the Heart of the Father, but united with your fellow men and with every being and every existence of the Kingdoms of Nature and all that populates the Universe, manifestations of His Love made form, whose life essences, ALL, are integrated into your cosmic being-soul, for you are a child of God, and thus, "like father, like son", as the proverb says, the Father of Heaven being the Stick, and you, His child, the Splinter. Therefore, all that the Father Is, in essence, is in you as a cosmic being, in your soul, for you are His child. Be joyful, then, and always bear this in mind in your process of evolution in order to transform, with the help of Christ, His Son, all energies that are foreign to the cosmic being, the angel, that you are. It is up to you to investigate the "foreign energies", which become, for your understanding, the "paints" that cover your marvellous polished diamond body, radiating all the Light Potential of your inheritance. Remember: **"like father, like son"**.

Keep in mind, at all times, the above text, No. 18, HOW DO "THEY", THE DEMONS, ACT?

Keep an eye on "them" yourself, for you know how they act on the mental level. The "invisible to the human eye" are very cunning, and do not want you to return to the cosmic Homes, where "they" also await the house, the precious dwelling, which they will occupy when their body of polished angel-diamond is cleansed, thus said for your understanding.

We advise you to print out texts no. 18 and 19, and keep them at hand, in a dossier, to reread them at any time.

"Having said that, let's begin:

- 1. "Where do I come from? Your cosmic being-soul comes from the Pure Worlds Beyond the Stars. There is your Home.**
- 2." Where do I return to? Your cosmic soul-being returns to the Pure Worlds Beyond the Stars. From there you left. There you return.**
- 3. "How do I return: When you were in the Pure Worlds, in your Home, your cosmic soul-being was vibrating at the High Frequency of Being.**

Then your cosmic soul-being has to vibrate again in the High Frequency of Being. Therefore, you should investigate your dense (non-positive) energies, give them to Christ for transformation into POSITIVE energies, which Christ will attach to the POSITIVE energies you already have attached to your soul.

4." Earlier you read "What is not understood is not practised". To help you to understand the Path to the Cosmic Homes you must know:

"As long as you are incarnated on Earth in "your human-body-astronaut suit" you will walk through the inner realms of your cosmic-soul being into the Pure Worlds, where your Home is, hand in hand with the Christ, the Life in you. You speak to Him as you speak to a friend. He listens to you and is attentive to you. You know that it will transform the dense/non-positive energies you give it.

"When your cosmic-soul being leaves your "human-body-astronaut-suit" on Earth, you will be taken, led by Brother Angels to a cosmic intermediate station in the Star Worlds, whose frequency of vibration is identical to that of your cosmic-soul being. There you will continue to be instructed by Beings of Light. You will make your Way Home by passing from one intermediate cosmic station to another, of higher vibrational frequency, until you pass through one of the Rose Portals to the Pure Worlds Beyond the Stars, because your cosmic being-soul has reached the High frequency of vibration, Absolute, of Being, the same as you had when you left the Pure Worlds, to which you have returned, having completed the Path of Return, of return, which you began on Earth, encased, encased, in the heavy "astronaut-human-body suit".

5." As previous aids in investigating you dense/non-positive energies, receive also these other insights:

"Your cosmic-soul-being is a Microcosm, identical with the Macrocosm, the Infinite Universe.

"Your cosmic being-soul has an INNER SUN or CORE of BEING, which vibrates at the High Frequency of Being. From the INNER SUN or CORE of BEING comes Life, which enlivens, organises and energises all the components of your human body. In this INNER SUN - CORE of SELF, are in Spirit, omnipresent, the Father of Heaven and His Son, Christ, the Corregent of Infinity. The Father is the LIFE in you. And Christ is also the LIFE in you.

"The INNER SUN - CORE of your soul's BEING is surrounded by the Veils of Consciousness which have magnetically attached to them dense energy fields vibrating at Low frequency.

"These dense energies, of Low Frequency vibration, become like "clouds", more or less dense, whose vibration must be raised by the Christ in order that the INNER SUN- CORE of your soul's BEING SHINE INTENSELY, as the INNER SUN-CORE of the BEING of the brother ANGELS shine intensely.

"Your work consists - and no one can do it for you - in investigating, identifying, recognising, constantly, consciously, honestly, the dense energies of Low Frequency vibration that are attached to your soul.

Once you have identified the dense energies, you talk to CHRIST, as you talk to your friends or family. CHRIST is waiting for you, He is within you, listening to you: You give Him these dense energies so that He raises the Low Frequency of vibration into High Frequency of vibration, the same frequency at which the INNER SUN - CORE of the BEING of your soul vibrates.

"Thus the "clouds" disappear so that the Father and Christ radiate powerfully through the INNER SUN-CORE of your soul's BEING, as the true and authentic cosmic being that you are, even though you are encased in an "astronaut-human body suit".

6." As an aid in identifying the dense energies vibrating at low frequency, which are those to be raised to the High frequency of vibration of the Self, that of the Pure Worlds, remember:

"The dense energy fields attached to the soul vibrate, and emit and receive low frequency waves.

"For your understanding we will call the dense energies attached to your soul "lead" which emit "lead" waves. "Lead" is to UN-Love your fellow men, whatever you think, speak or do to them, or have thought, said or done to other fellow men in the past, and you do not want them to do to you, think or speak about you.

"It is "lead" the un-Love towards every being and existence of the mineral, plant and animal Kingdoms housed by Mother Earth. You must also investigate these "lead" energies attached to your soul.

"The untransformed "lead", which vibrates and emits waves-"lead", MULTIPLIES.

"The "lead" emits "lead" waves. If you emit a grain-"lead", you will receive a "grain-spike-"lead". The untransformed "lead" is MULTIPLIED. These "lead"-energies will attach themselves to your soul.

7." For your understanding, we will call energies that vibrate at high frequency "gold". And they emit waves-"gold".

"Gold" is the "lead" which has been transformed by Christ into "gold". This "gold" energy vibrates and emits at a High frequency. It will be attached to your "soul" by Christ. You already have "gold" energies attached to your soul in this or other incarnations.

"Your "gold", which vibrates and emits waves-"gold", is MULTIPLIED when you give Love selflessly to your fellow man and to all life forms housed by Mother Earth.

"The "gold" emits "gold" waves. If you emit a grain-"gold" selflessly, the Father and Christ will attach to your soul an Ear of grain-"gold". These "golden" energies will attach to your soul.

"Recognise the good, the "gold" in your soul. Your fellow men also have "gold" in their souls.

"The "gold" energies enrich you. They return to you when you donate them to your fellow men selflessly, and to all life forms harboured by Mother Earth.

8." For your understanding, "Lead" is transformed into "gold" by Christ when He raises its low frequency - "lead" into High frequency - "gold". That means: Christ transforms the non-positive energies into positive energies, which He attaches to your soul. Thus the Light potential of your soul increases.

9." For your understanding, the transformation of "lead" into "gold" would come to be an act of inner Alchemy in teamwork between you and Christ, which you investigate yourself and find the "lead". This "lead" you deposit in the Crucible - Philosopher's Stone - CHRIST, who transmutes it into "GOLD". It becomes the "spiritual gold coins" that Christ and the Father deposit in the Chest of your soul.

10. "THE PROCESS OF TRANSFORMATION OF "LEAD" INTO "GOLD".

"Breathe consciously" (Text No. 38) . Create the automatism of breathing consciously. Rest in Silence in the Loving Arms of the Infinite (the Father and Christ are the Infinite). Breathe consciously (harmonious inhalation/pause/exhalation). By breathing consciously you raise the vibrational frequency of your soul (also at times when its vibration is lowered), which the soul will transmit to your brain cells, thus rejecting the low frequency mental waves of the "invisible to the human eye".

"Investigate deeply to get to know the "lead" that is attached to your soul. Think of the people you relate to, and the relationship and experiences you have had and are having with the beings of the animal and plant Kingdoms of Nature. Remember what are "lead" energies, point No. 6.

"Speak to the Christ in you. He is the Life in you. He loves and cares for you. He is attentive to you.

"Put into His Light-Fire-Chrisol "the lead" you have located. Christ transforms this "lead" into "gold" by raising the low frequency of "lead" to the high frequency "gold", by attaching to your soul this energy-"gold". The vibrational frequency of your cosmic being-soul will be raised, increasing your Light potential.

If what you have already surrendered appears again and again in your thoughts, words and deeds, you surrender it to Christ. Behind this mental insistence may be "they", the invisible ones to the human eye.

"Your soul will step by step raise its frequency of vibration and thus magnetically reject the low frequency, for example, in which viruses, all viruses, vibrate.

"Health and disease have their origin in the soul.

The man who investigates himself, with the help of the Christ, comes to free his soul from energies vibrating at low frequency, transforming them into energies of high frequency of vibration, which he attaches to the soul.

The soul then transmits its high vibrational frequency to the body in which it has incarnated. And it heals it.

This does not prevent man from going to his trusted physician, in whom Christ, the Life, can act through him."

11." As an aid to identify dense energies vibrating at low frequencies, here are three objects known to you:

- OBJECT 1 : A computer hard disk.

- OBJECT 2 : An electric light bulb in a clear glass bulb.

- OBJECT 3 : A Photo album of your life with photographs in Black/White and Colour.

"You can choose any of them, or use all three. You will see that they are useful tools to investigate these dense energies. Always keep in mind that : without transforming low frequency energies into energies of High frequency vibration, Absolute to the Self, you will not be attracted to the Pure Heavens.

- OBJECT 1: "Your soul is like the hard drive of a PC, a computer, and your body the tower or box in which the hard drive is housed.

"You must investigate for yourself what you have recorded on the hard drive which is your soul.

"The hard drive of your soul has been recording and storing all that you have been experiencing in incarnation after incarnation, during each period of the cycle between Birth and Death.

"The soul's hard drive has been recording and storing both "gold" energies and "lead" energies.

"You think in images: The mental screen of your soul-computer, of your aura, displays the images of thoughts, which are observed by the "they" the invisible to the human eye.

"They" observe the mental screens of human beings and know what they intend, what they are going to do, their desires, intentions... The images become the "contents" of what is engraved in the soul. And "they" know it. The soul records the contents of thoughts, words and actions. This is what is seen on the mental screen, in the aura. It does not record the "shell" of thoughts.

The content-"seed" of a thought vibrates. The "shell" does NOT vibrate. Example: An almond consists of shell and seed. If an almond is put into the ground, a new almond tree will grow out of the seed inside the shell.

Thus "they," the invisible to the human eye" prepare "seed-contents", contaminated and maliciously magnetised by "them", from shell-IMAGES known to you. And they project mental waves into your brain cells so that you evoke the "shell-images" registered in these cells, which carry the magnetised seed-contents, "prepared" by "them".

"They" want you to think and think again and again in "the shell-image of your thoughts", about this or that thing, issue or desire. But, really, as you think and think you are **VIBRATING AND VIBRATING THE MAGNETISED AND "PREPARED" SEED-CONTENTS MALICIOUSLY "PREPARED" BY "THEM"**, falling into this mental trap set by "them", to magnetise your brain cells and form a magnetic base of "automatic" attraction for "them". This has been done millennium after millennium, day after day, moment after moment.

And so, what you emit and emit are mental waves with the "seed-contents" prepared by "them", which you project into the atmosphere and can reach the brains of those who have registered analogous frequencies in their brain cells. Your waves will vibrate them, and they will come back to you, multiplied by the number of people they vibrated, like a boomerang, for you have emitted those waves, reinforcing what is

magnetically recorded already in your brain cells. This also reinforces what is recorded on your soul's hard drive.

It is the contents of thoughts that vibrate. Positive thoughts vibrate and emit high frequency waves, negative thoughts vibrate and emit low frequency waves.

As an aid for the investigation of "lead" energies, positive (high frequency) and negative (low frequency) contents can vibrate in the same image-shell. Example:

"Image of a wide avenue, an old man leaning on his cane is crossing at the pedestrian crossing at a traffic light , with cars waiting, helped by a young man who offers him his arm to help him cross, watching for vehicles that may start before he finishes crossing the wide avenue, while talking to the old man".

"Image of a wide avenue, an old man leaning on his cane is crossing at the pedestrian crossing at a traffic light, with cars waiting, helped by a young man who offers his arm to help him cross, keeping an eye out for vehicles that may start before he finishes crossing the wide avenue, while he talks to the old man". But thinking as he looks at the drivers of the cars:

"So that they, and those who are watching us and drinking beer in the bar, know what they should do when they see an old man crossing an avenue".

"With the above explanations, and this example, you will have become aware of how important it is to CONTROL and put ORDER in your thoughts. Calibrate also the importance of asking yourself: "What THOUGHTS and what 'IMAGES have "they", the invisible ones, "sneaked" into my thoughts, without me being aware of it?

"Do not vibrate the **"SEEDS PREPARED" MALICIOUSLY BY "THEM"** by thinking over and over again of the "contaminated" images that have appeared on your conscious plane, that "they" projected and "sneaked" into your thoughts!

"Surrender them immediately to the Light-Fire of Christ! They will be taken and transformed into energy-"gold", which will be attached to your soul.

"Keep in mind: Love by LOVING your fellow men, for the Presence of the Infinite is in them, as it is in you.

"Love by LOVING, asking forgiveness from the heart, And forgiving from the heart thy fellows with whom thou hast entered into discord by breaking the Law of Love.

"Keep in mind: Love by LOVING from the heart also every being and existence of the mineral, vegetable and animal Kingdoms created by the Father of Heaven.

- OBJECT 2: Electric bulb with its filament lit and transparent glass bulb.

For your understanding, the powerful **INNER SUN-CENTRE OF BEING** of your soul becomes like the filament of thousands of watts of power, permanently lit, radiant, enveloped by veils of consciousness, which are fields of dense energy - "lead" symbolised by dry brushstrokes of coloured paint on the glass of the bulb, with spaces free of paint, through which the lit filament radiates Light.

The paint-free spaces are the "gold" energies already attached to your soul, to which Christ is adding the "gold" energies of the transformed "lead" energies which you have investigated and surrendered to the Light-Fire of Christ. The crystal of the lamp will be clean of colour when you have surrendered to the Light-Fire of Christ all the dense - "lead" energies investigated.

When the transparent crystal has been completely cleansed, it symbolises that the Veils of Consciousness have been dissolved, and the mighty Filament-Inner Sun-Core of Being radiates and emits waves of the Absolute Frequency-"GOLD" of the Infinite, which pierce and magnetise all the components of the human body in which the soul is embodied. Radiating powerfully through you.

"Be ever mindful: Practice Loving by LOVING all your fellow men, for the Presence of the Father and of the Christ is in them, as the Father and the Christ are in you.

"Love by LOVING by sending ripples of Love to every being and existence of the mineral, plant and animal Kingdoms created by the Father, housed by Mother Earth, of the terrestrial, marine and inland water habitats.

"Ask for forgiveness from your heart, with your thoughts, if you are not with the one with whom you entered into discord by breaking the Law of Love, which originated low-frequency "lead" energies. They become the colours of the paints you painted on the glass of the light bulb. Call him or visit him as soon as you can to ask for forgiveness from your heart.

"Forgive also from your heart your fellows who did not do right by you, for they truly did not know what they were doing, blinded by lovelessness.

"Thus your soul will attain the Perfection and Purity proper to cosmic beings, even though your soul-body is within the space-suit-human body.

- OBJECT 3: A Photo album of your life with photographs in Black/White and Colour.

"In order to cleanse your soul of low frequency energies - "lead" you can use as a valuable tool the virtual album of your life, in which you keep the photographs of your current existence in Black/White and Colour.

"The Black/White photographs are the images of your thoughts, words and actions that have produced "lead" energies, which you can symbolise as "lead" coins, stored in your soul chest.

"To ennoble your soul, and step by step attain Perfection, you must investigate the "lead" energies that remain magnetically attached to your soul, and place them in the Light-Fire of Christ so that He may transform the "lead" photo-coins into "gold" energies, which He will place in the Chest of your soul.

"The photographs in Colour become the images of your thoughts, words and deeds which have produced energies-"gold". You can symbolise them as "gold coins which you also keep in your soul-chest", along with the "lead coins". The energies-"lead" and "gold"-are attached to your soul.

"Begin by evoking the pictures of remembrance with your friends, family and close acquaintances. Give the "lead"-coins of the Black/White photographs to the Light-Fire of Christ , which will transform them into "gold-Love"-coins which you can donate to your fellow men and women when the time comes.

"Take the "Photo Album of your life". Close your eyes. Raise your thought to the **INNER SUN - CORE OF BEING**, in the area of the pineal gland. Here resides the Presence of the Father and the Christ. Breathe consciously, harmoniously (in-breath - pause - out-breath) several times. Ask for their help to evoke the Black/White photographs in your Photo Album of Life.

"Start mentally opening the "Photo Album" of your life and places where you lived or studied, and people who were part of your life, for example, when you were fifteen years old. Ask yourself about what you didn't do well. Breathe consciously again and again. Be silent.

"The images that appear correspond to the B/W photo or photos. Give them to the Light-Fire of Christ. He will transform the "lead-coins" of the B/W-photographs into "gold-coins", which He will put into the Chest of your soul.

Ask also about the damage caused to animals and plants housed by Mother Earth, for example. Proceed in the same way as in the previous example with the B/W pictures. Also compensate these life forms to the best of your ability.

"Recognise the good - "gold" that you have also in your soul, the Colour pictures. It will help you not to feel sorry, sorry, in the moments of deep recognitions and reunion with the "leads" that passed some time ago "to the boot of the subconscious", energies that continue vibrating and emitting and receiving waves from the veils of consciousness that "envelop" the Core of the Being of your soul.

"If the B/W photos "have eyes, mouth, hair..." it would be necessary for you to ask for forgiveness from your heart, in person, by phone or letter/email, and to compensate the person in the photograph, if you caused him/her material damage. It is necessary to forgive from your heart those who have not done right by you. The Infinite is Present within the one who forgives, and the one who asks for forgiveness.

"The "gold" energies that are attached to the soul magnetise and raise the frequency of vibration of the billions of cells in your human body, for within their nuclei are the same billions of Nuclei of Light, which vibrate at the frequency of the potential of the "gold" energies attached to your soul, therefore, as the cells radiated by the Nuclei of Light vibrate at a higher frequency than the low frequency at which viruses vibrate, they are magnetically rejected, for you know that viruses vibrate at a low frequency.

"If the vibration of your soul is temporarily lowered, breathe consciously, again and again. In this way you raise the vibration of your soul, and also the vibrational frequency of your brain cells. And you will hinder or prevent the penetration into your thinking of mental waves projected by "them", the invisible ones to the human eye.

"The "gold" energies which Christ is attaching to your soul will raise their frequency of vibration higher and higher, emitting accordingly. From the veils of consciousness which enveloped the INNER SUN-CENTRE OF THE BEING of the soul, the low-frequency vibrating registers have been disappearing, as these "lead" energies have been transformed by Christ into "gold" energies.

"You are a son, a daughter of the Infinite: ***"Like father, like son"***. Reflect. Light the Flame of Hope, and speak from the heart to the Father and Christ.

"Be Hopeful, strive to leave the hard drive of your soul without records - "lead". Strive to make your soul's light bulb crystal clear of colour-"lead". Endeavour to clear your soul's Album of Life of Black/White photographs.

"The 3 **OBJECTS** are examples of the same, given for your understanding, for what is not understood is not practised.

"Be constant. Practice the investigation of the "lead" energies, the surrendering of them to the Light-Fire of Christ for their transformation into "Gold", energies of High frequency of vibration.

"Thus your cosmic being-soul will step by step raise its frequency of vibration, approaching the original High Frequency of vibration, from when you were in the Pure Worlds, whereby magnetically your soul will reject the low frequency at which the viruses and the mental waves of "them" vibrate.

"Simultaneously your soul will also be attracted to the Pure Worlds Beyond the Stars, returning, returning Home, to the solar Cradle, from whence you departed.

"If you will, practice what you have received. Thus shall you begin the Return to the Wonderful Homes Beyond the Stars. If you will. You are a free being.

No cosmic soul-being can return, return to the Pure Heavens from the depths of condensed matter, the Earth, if he walks the path of his life burdened with his sack of "leads", while countless fellow beings lie and suffer on both sides of the path.

He who feels in his heart to do for his fellow men what he would have them do for him, should start on the way to the Father's Heart with the clear goal of emptying the sack of "weights" from his soul while he is incarnated. These "leads" transformed into "GOLD" he will be able to donate to his fellow men. If you have read this far, you will know why the ship of this civilisation is sinking.

Has one loved by loving one's fellow man and every being and existence of the animal and plant kingdoms housed by Mother Earth?

114.

BREATHE CONSCIOUSLY.

There are times and circumstances when a person may become mentally agitated. Conscious breathing helps to find mental balance and harmony. You should not make important decisions if you are mentally agitated. Observe yourself. Agitated, short-cycled breathing in/out betrays a world of extraneous thoughts, and a lack of Harmony.

If you breathe consciously you raise the vibrational frequency of your cosmic being-soul, which is passed on to the cells of your brain and body in general. Then low vibrational thoughts do not easily penetrate your brain.

Practice conscious breathing anywhere and at any time. It will help you to fix your attention on what you are doing.

Choose a two-syllable word. For example: Ma-dre. Pa-dre A-mor, Vi-da.

If you like, practice with the word Christ, whether you are an atheist or practise any religion. It is the Life in you.

Imagine the word you have chosen: separate the syllables by a long hyphen, of several centimetres.

Example : **Cris -----(2)----- to**
 1. inspiration Pause 3. expiration

1- On the first syllable, breathe in calmly.

2- Keep the air in your lungs as long as you can (long dash).

3- On the second syllable, the air in the lungs begins to exhale with Harmony.

When you consciously breathe in and hold the air in your lungs for a few seconds, the following happens:

1- The blood fixes more oxygen, which passes into the blood through the membrane of the pulmonary alveoli (osmosis process). This oxygen is carried by the blood to the cells.

2- At the same time, the blood can release more carbon dioxide from the cells into the venous circulation. Through the membrane of the pulmonary alveoli it passes into the lungs (osmosis process). This carbon dioxide is expelled when we consciously exhale.

*RETURN TO THE HOMELAND OF LIGHT**Symphonic poem**A. D' Hertzáurea*

Return to the Homeland of Light,
to the Crystal Abodes
Beyond the Stars.

To feel the joy of returning,
To walk again at last
through meadows always in bloom.

And we will walk again
through the Gardens of gold and sunshine
where Love becomes song,
diamond and lily and blue rose.

Back to Home,
to the blue Homeland,
where the fountains radiate their song,
where the flower becomes Peace,
Silence and cradle where Light is born.

O Father, we return Home,
to the crystal worlds
with meadows always in bloom,
where Love becomes song
and the rainbow rose blue.
Where Love becomes song
and the rainbow pink blue.

And at last we shall be arcoris-Light
on the shore-less waves of Home,
and solar angels feeling at last
the firm embrace and tenderness of your Love.

O Father, we return Home,
to the crystal Worlds
with meadows always in bloom.

Original text of the poem in Spanish:

VOLVER A LA PATRIA DE LA LUZ

Poema sinfónico

A. D' Hertzáurea

Volver a la Patria de la Luz,
a las Moradas de cristal
Más Allá de las Estrellas.

Sentir la alegría de volver,
de caminar de nuevo al fin
por praderas siempre en flor.

Y volveremos a pasear
por los Jardines de oro y sol,
donde el Amor se hace canción,
diamante y lirio y rosa azul.

Volver al Hogar,
a la Patria azul,
donde las fuentes irradian su canción,
donde la flor se hace Paz,
Silencio y cuna donde nace la Luz.

Oh Padre, volvemos al Hogar,
a los Mundos de cristal
con praderas siempre en flor,
donde el Amor se hace canción
y el arco iris rosa azul.
Donde el Amor se hace canción
y el arco iris rosa azul.

Y al fin seremos arcoris-Luz
sobre las olas sin playa del Hogar,
y ángeles solares sintiendo al fin
el firme abrazo y ternura de tu Amor.

Oh Padre, volvemos al Hogar,
a los Mundos de cristal
con praderas siempre en flor.

Return to the Homeland of Light

Symphonic poem

Composer : A. D'Hertádurea

VOLEVER A LA PATRIA DE LA LUZ consists of *Prelude, Melody and Coda*, closing with a repetition of the *Prelude*.

It can be performed in a symphonic version by the INSTRUMENTAL of a chamber or symphonic orchestra. The words of the poem can be sung by a tenor or choir.

In the symphonic version the Cello opens the PRELUDIO in Adagio Maestoso, which gives 'voice' to Stanzas 1 and 2 of the Melody. The Cello may be accompanied by oboe or transverse flute.

RETURNING TO THE HOMELAND OF LIGHT is a versatile theme. The poem can be sung, accompanied by classical guitar. We include the score incorporating the chords on the staff and lyrics of the verses. After the Prelude has been played by the Cello, the Melody is sung with the 5th chord. As a versatile theme it can be sung changing its rhythm while walking through Nature. Or it can become cadenced or rhythmic, following the indications of the guitar player. In this case the PRELUDIO is played with guitar plucking.

The symphonic poem and the scores will serve as a link between the sons and daughters of Infinity all over the Earth who wish to unite through Music... For this purpose we have created the e-mail address poemasinfonico.symphonicpoem@gmail.com.

We will be contacting those who write to this email address.

PRELUDIO

Adagio Maestoso



MELODÍA

Estrofa 1

Sol 7^a ♩ = 140 Do M

Mi m

Vol - ver a la pa - tria de la Luz
a las Mo - ra - das de or - ta - l. Más A - la de las Es - tre - las

Estrofa 2

Do M

Mi m

Sen - tir la a - gri - a de vol - ver de ca - rí - nar da - rno - vo al
fin por pra - da - ras siem - pre en flor

Estrofa 3

Do M

Mi m

Fa M

Y vol - ve - re - mos a pa - se - ar por los jar - di - nes de co -
ro y sol don - de el A - mor se ha - ce can - ción
dia - man - te li - rio y re - na - a - sol

Estrofa 4

Do M

Mi m

Vol - ver el Ho - gar a la pa - tria a - ni
don - de las sien - tes i - rre - dian su can - ción

19 Do M Mi m
Don-de la que se ha-ce Pa-

20 Fa M Sol M
Si-len-cio-y mi-ni-doo-de au-to-ra-Lor

21 **Estrofa 5** Do M Mi m
Oh Pa-dre val-re-mos al ha-gar

22 Fa M Sol 7^a
a las man-das de cris-tal con tra-de-ras sien-por en flor

23 Do M Mi m Fa M
vive-de el A-mor es-lu-ce mas-cien y el ar-co i-ri-

24 Sol 7^a Do M Mi m
re-su-a-ral don-de el a-mor co-ha-ce con-cien

25 Fa M Sol 7^a
y el ar-co i-ri-re-su-a-ral

26 **Estrofa 6** Do M Mi m
Y al fin se-ri-mos ar-to i-ri-Lor

27 Fa M Sol 7^a Do M
es-lu-ce las e-las en pla-ra del Ha-gar Y do-ge-tes so-lo-ris

28 Mi m Fa M Sol 7^a
muy-tien-de al fin el ha-gar a-lu-a-to-tes so-lo-ris A-mor

Estrofa 7 Do M VII m

Oh Pe - dra vi - va - mos al Es - pa - ñol con - tra - da de es -

Fa M Sol 7^o

del con - tra - da - ran siem - pre en flor

CODA

Cierre por Repetición del Preludio

$\text{♩} = 140$

Oh Pe - dra vi - va - mos al Es - pa - ñol con - tra - da de es -

del con - tra - da - ran siem - pre en flor

The song is not translated into English. It cannot be sung at first.
If you wish, you can try to sing it in English, or in your native language. Then translate the poem

into the native language to know and remember what it means and the meaning of what is written in the poem **"RETURN TO THE LAND OF LIGHT"**.

We include an audio file with the poem sung in Spanish. As a song it is a versatile work, which admits versions and translations.

117. PRELUDE AND MUSICAL ESCORE , SYMPHONIC VERSION 1

Return to the Homeland of Light

Symphonic version

VOLVER A LA PATRIA DE LA LUZ in symphonic version consists of Prelude, the musical notation of each of the strophes of the poem and Coda, with closing by repetition of the Prelude.

It is in the key of G, to facilitate the singing of the poem with classical guitar accompaniment.

In this case it is the matrix score, the basis for transcribing its notes to the clefs of other instruments.

This version could be played by the INSTRUMENTAL of a chamber or symphony orchestra.

The lyrics of the poem can be sung by a tenor or choir, as examples.

The Cello opens the PRELUDIO in Adagio Maestoso. The Cello - in bass clef and treble G key - could be replaced by the Oboe and Flute, both in G key.

The above instruments are not available in every village or group of people.

As an indication, the development of the work could be as follows:

After the PRELUDIO comes the INSTRUMENTAL, which performs Stanzas 1, 2, 3, 4 and 5.

Then comes the tenor voice or choir, which sings Stanzas 1, 2, 3, 4, 5, 6 and 7, accompanied by the

INSTRUMENTAL, which again performs Stanzas 1, 2, 3, 4 and 5, continuing with Stanzas 6 and 7.

Then the Cello, or Flute and Oboe play the CODA, closing with a repetition of the PRELUDIO.



Estrofa 1: $\text{♩} = 140$ **Estrofa 2:****Estrofa 3:****Estrofa 4:**

29

36

43 **Estrofa 5**

50

57

64

71

78

85

92 **Estrofa 6**

99

106

4

107 **Mus. no. 7.**

CUDA
Cierre por Repetición del Preludio

140

141

142

143

144

145

146

147

148

149

EPILOGUE.

I am Your Father in Heaven. At My right hand is My Son, the Corregent of the Infinite, Jesus, the Christ. Our Names have been rehabilitated. You know Who We Truly Are.

The Plan is being faithfully executed by the Regent of the Plane of Love of the Pure Heavens, known as A.D'Hertzáurea. He knows how it will be known to Humanity. I will announce it when the time comes.

The Plan is being faithfully executed by the Regent of the Plane of Love of the Pure Heavens. He is the initiator of the Spiritual Revolution pending on Earth. He is Our only public Channel and Spokesman also for the Brothers of the Stars. **Practice the high instructions received.**

The Seraphim Corregent of the Plane of Wisdom of the Pure Heavens has been Our Prophet, assisted by her spiritual dual, the Regent of the Plane of Divine Wisdom of the Pure Heavens. Gabriele of Würzburg fulfilled her Mission. Through Her My Son and I have given by Word and in writing all that has ever been given to Humanity.

What has Humanity done with what it has received from Me and from My Son?

In the collapse of the civilisation of un-Love lies the answer. Love by loving all beings.

You are cosmic beings. **My Son and I am the Life in you.** Talk to Us. We hear you, We are attentive to you. **Your Goal is to Return to the Homes of the Pure Heavens.** That is where you come from. **Without freeing yourselves from the dense energies attached to your souls with the help of My Son, Christ, you will not be attracted to the Homeland of Light, Beyond the Stars. Practice what you have received: you are free. PEACE.**