

«Where do I come from, where do I go back to? »

«Methods to raise the soul's vibrational frequency, to transform dense energies of low vibrational frequency into energies of high vibrational frequency.»

«The cosmic being-soul incarnated in a human body comes from the Worlds Beyond the Stars. And there he returns.»

The return or return to the Cradle Worlds of the sun, to the wondrous Homes Beyond the Stars, begins when the free-thinking human being, or of any belief or religion, began to wonder about his origin, about the meaning of his life and existence in this world. For many, the news and photographs of extraterrestrial spacecrafts, and as they read and talked with friends about visitors from the Star Worlds, began to answer questions they had been asking about. Others began to wonder about the transcendence of being and life after death. Everyone began to investigate and to investigate themselves, feeding the Flame which one day illuminated their thinking.

"Where did I start from, where do I go back to? "

When man finds answers to these two fundamental questions, and they confirm that he has found what he was looking for, he wonders:

How do I return?

The one who asked this question has found the answer in the text he is reading. His consciousness, through the question and the answer found, is telling man that he has to take action, to start walking towards the Cosmic Homes from whence he started.

"What is not UNDERSTOOD is not PRACTICED".

With words, concepts and examples understandable to all consciences, man will find out what he has to PRACTICE. Without conscious walking, one does not get where one has to go. It is an individual, personalised path

which he has to tread, and so we say to the hitherto anonymous man, personally:

"You must walk your own path of Return to the Pure Worlds Beyond the Stars, to the Heart of the Father, but united with your fellow men and with every being and every existence of the Kingdoms of Nature and all that populates the Universe, manifestations of His Love made form, whose life essences, ALL, are integrated into your cosmic being-soul, for you are a child of God, and thus, "like father, like son", as the proverb says, the Father of Heaven being the Stick, and you, His child, the Splinter. Therefore, all that the Father Is, in essence, is in you as a cosmic being, in your soul, for you are His child. Be joyful, then, and always bear this in mind in your process of evolution in order to transform, with the help of Christ, His Son, all energies that are foreign to the cosmic being, the angel, that you are. It is up to you to investigate the "foreign energies", which become, for your understanding, the "paints" that cover your marvellous polished diamond body, radiating all the Light Potential of your inheritance. Remember: **"like father, like son"**.

Keep in mind, at all times, the above text, No. 18, HOW DO "THEY", THE DEMONS, ACT?

Keep an eye on "them" yourself, for you know how they act on the mental level. The "invisible to the human eye" are very cunning, and do not want you to return to the cosmic Homes, where "they" also await the house, the precious dwelling, which they will occupy when their body of polished angel-diamond is cleansed, thus said for your understanding.

We advise you to print out texts no. 18 and 19, and keep them at hand, in a dossier, to reread them at any time.

"Having said that, let's begin:

1. "Where do I come from? Your cosmic being-soul comes from the Pure Worlds Beyond the Stars. There is your Home.

2." Where do I return to? Your cosmic soul-being returns to the Pure Worlds Beyond the Stars. From there you left. There you return.

3. "How do I return: When you were in the Pure Worlds, in your Home, your cosmic soul-being was vibrating at the High Frequency of Being.

Then your cosmic soul-being has to vibrate again in the High Frequency of Being. Therefore, you should investigate your dense (non-positive) energies, give them to Christ for transformation into POSITIVE energies, which Christ will attach to the POSITIVE energies you already have attached to your soul.

4." Earlier you read "What is not understood is not practised". To help you to understand the Path to the Cosmic Homes you must know:

"As long as you are incarnated on Earth in "your human-body-astronaut suit" you will walk through the inner realms of your cosmic-soul being into the Pure Worlds, where your Home is, hand in hand with the Christ, the Life in you. You speak to Him as you speak to a friend. He listens to you and is attentive to you. You know that it will transform the dense/non-positive energies you give it.

"When your cosmic-soul being leaves your "human-body-astronaut-suit" on Earth, you will be taken, led by Brother Angels to a cosmic intermediate station in the Star Worlds, whose frequency of vibration is identical to that of your cosmic-soul being. There you will continue to be instructed by Beings of Light. You will make your Way Home by passing from one intermediate cosmic station to another, of higher vibrational frequency, until you pass through one of the Rose Portals to the Pure Worlds Beyond the Stars, because your cosmic being-soul has reached the High frequency of vibration, Absolute, of Being, the same as you had when you left the Pure Worlds, to which you have returned, having completed the Path of Return, of return, which you began on Earth, encased, encased, in the heavy "astronaut-human-body suit".

5." As previous aids in investigating you dense/non-positive energies, receive also these other insights:

"Your cosmic-soul-being is a Microcosm, identical with the Macrocosm, the Infinite Universe.

"Your cosmic being-soul has an INNER SUN or CORE of BEING, which vibrates at the High Frequency of Being. From the INNER SUN or CORE of BEING comes Life, which enlivens, organises and energises all the components of your human body. In this INNER SUN - CORE of SELF, are in Spirit, omnipresent, the Father of Heaven and His Son, Christ, the Corregent of Infinity. The Father is the LIFE in you. And Christ is also the LIFE in you.

"The INNER SUN - CORE of your soul's BEING is surrounded by the Veils of Consciousness which have magnetically attached to them dense energy fields vibrating at Low frequency.

"These dense energies, of Low Frequency vibration, become like "clouds", more or less dense, whose vibration must be raised by the Christ in order that the INNER SUN- CORE of your soul's BEING SHINE INTENSELY, as the INNER SUN- CORE of the BEING of the brother ANGELS shine intensely.

"Your work consists - and no one can do it for you - in investigating, identifying, recognising, constantly, consciously, honestly, the dense energies of Low Frequency vibration that are attached to your soul.

Once you have identified the dense energies, you talk to CHRIST, as you talk to your friends or family. CHRIST is waiting for you, He is within you, listening to you: You give Him these dense energies so that He raises the Low Frequency of vibration into High Frequency of vibration, the same frequency at which the INNER SUN - CORE of the BEING of your soul vibrates.

"Thus the "clouds" disappear so that the Father and Christ radiate powerfully through the INNER SUN-CORE of your soul's BEING, as the true and authentic cosmic being that you are, even though you are encased in an "astronaut-human body suit".

6." As an aid in identifying the dense energies vibrating at low frequency, which are those to be raised to the High frequency of vibration of the Self, that of the Pure Worlds, remember:

"The dense energy fields attached to the soul vibrate, and emit and receive low frequency waves.

"For your understanding we will call the dense energies attached to your soul "lead" which emit "lead" waves. "Lead" is to UN-Love your fellow men, whatever you think, speak or do to them, or have thought, said or done to other fellow men in the past, and you do not want them to do to you, think or speak about you.

"It is "lead" the un-Love towards every being and existence of the mineral, plant and animal Kingdoms housed by Mother Earth. You must also investigate these "lead" energies attached to your soul.

"The untransformed "lead", which vibrates and emits waves-"lead", MULTIPLIES.

"The "lead" emits "lead" waves. If you emit a grain-"lead", you will receive a "grain-spike-"lead". The untransformed "lead" is MULTIPLIED. These "lead"-energies will attach themselves to your soul.

7." For your understanding, we will call energies that vibrate at high frequency "gold". And they emit waves-"gold".

"Gold" is the "lead" which has been transformed by Christ into "gold". This "gold" energy vibrates and emits at a High frequency. It will be attached to your "soul" by Christ. You already have "gold" energies attached to your soul in this or other incarnations.

"Your "gold", which vibrates and emits waves-"gold", is MULTIPLIED when you give Love selflessly to your fellow man and to all life forms housed by Mother Earth.

"The "gold" emits "gold" waves. If you emit a grain-"gold" selflessly, the Father and Christ will attach to your soul an Ear of grain-"gold". These "golden" energies will attach to your soul.

"Recognise the good, the "gold" in your soul. Your fellow men also have "gold" in their souls.

"The "gold" energies enrich you. They return to you when you donate them to your fellow men selflessly, and to all life forms harboured by Mother Earth.

8." For your understanding, "Lead" is transformed into "gold" by Christ when He raises its low frequency - "lead" into High frequency - "gold". That means: Christ transforms the non-positive energies into positive energies, which He attaches to your soul. Thus the Light potential of your soul increases.

9." For your understanding, the transformation of "lead" into "gold" would come to be an act of inner Alchemy in teamwork between you and Christ, which you investigate yourself and find the "lead". This "lead" you deposit in the Crucible - Philosopher's Stone - CHRIST, who transmutes it into "GOLD". It becomes the "spiritual gold coins" that Christ and the Father deposit in the Chest of your soul.

10. "THE PROCESS OF TRANSFORMATION OF "LEAD" INTO "GOLD".

"Breathe consciously" (Text No. 38) . Create the automatism of breathing consciously. Rest in Silence in the Loving Arms of the Infinite (the Father and Christ are the Infinite). Breathe consciously (harmonious inhalation/pause/exhalation). By breathing consciously you raise the vibrational frequency of your soul (also at times when its vibration is lowered), which the soul will transmit to your brain cells, thus rejecting the low frequency mental waves of the "invisible to the human eye".

"Investigate deeply to get to know the "lead" that is attached to your soul. Think of the people you relate to, and the relationship and experiences you have had and are having with the beings of the animal and plant Kingdoms of Nature. Remember what are "lead" energies, point No. 6.

"Speak to the Christ in you. He is the Life in you. He loves and cares for you. He is attentive to you.

"Put into His Light-Fire-Christol "the lead" you have located. Christ transforms this "lead" into "gold" by raising the low frequency of "lead" to

the high frequency "gold", by attaching to your soul this energy-"gold". The vibrational frequency of your cosmic being-soul will be raised, increasing your Light potential.

If what you have already surrendered appears again and again in your thoughts, words and deeds, you surrender it to Christ. Behind this mental insistence may be "they", the invisible ones to the human eye.

"Your soul will step by step raise its frequency of vibration and thus magnetically reject the low frequency, for example, in which viruses, all viruses, vibrate."

"Health and disease have their origin in the soul."

The man who investigates himself, with the help of the Christ, comes to free his soul from energies vibrating at low frequency, transforming them into energies of high frequency of vibration, which he attaches to the soul.

The soul then transmits its high vibrational frequency to the body in which it has incarnated. And it heals it.

This does not prevent man from going to his trusted physician, in whom Christ, the Life, can act through him."

11." As an aid to identify dense energies vibrating at low frequencies, here are three objects known to you:

- **OBJECT 1 : A computer hard disk.**
- **OBJECT 2 : An electric light bulb in a clear glass bulb.**
- **OBJECT 3 : A Photo album of your life with photographs in Black/White and Colour.**

"You can choose any of them, or use all three. You will see that they are useful tools to investigate these dense energies. Always keep in mind that : without transforming low frequency energies into energies of High frequency vibration, Absolute to the Self, you will not be attracted to the Pure Heavens.

- **OBJECT 1: "Your soul is like the hard drive of a PC, a computer, and your body the tower or box in which the hard drive is housed.**

"You must investigate for yourself what you have recorded on the hard drive which is your soul.

"The hard drive of your soul has been recording and storing all that you have been experiencing in incarnation after incarnation, during each period of the cycle between Birth and Death.

"The soul's hard drive has been recording and storing both "gold" energies and "lead" energies.

"You think in images: The mental screen of your soul-computer, of your aura, displays the images of thoughts, which are observed by the "they" the invisible to the human eye.

"They" observe the mental screens of human beings and know what they intend, what they are going to do, their desires, intentions... The images become the "contents" of what is engraved in the soul. And "they" know it. The soul records the contents of thoughts, words and actions. This is what is seen on the mental screen, in the aura. It does not record the "shell" of thoughts.

The content-"seed" of a thought vibrates. The "shell" does NOT vibrate. Example: An almond consists of shell and seed. If an almond is put into the ground, a new almond tree will grow out of the seed inside the shell. Thus "they," the invisible to the human eye" prepare "seed-contents", contaminated and maliciously magnetised by "them", from shell-IMAGES known to you. And they project mental waves into your brain cells so that you evoke the "shell-images" registered in these cells, which carry the magnetised seed-contents, "prepared" by "them".

"They" want you to think and think again and again in "the shell-image of your thoughts", about this or that thing, issue or desire. But, really, as you think and think you are **VIBRATING AND VIBRATING THE MAGNETISED AND "PREPARED" SEED-CONTENTS MALICIOUSLY "PREPARED" BY "THEM"**, falling into this mental trap set by "them", to magnetise your brain cells and form a magnetic base of "automatic" attraction for "them". This has been done millennium after millennium, day after day, moment after moment.

And so, what you emit and emit are mental waves with the "seed-contents" prepared by "them", which you project into the atmosphere and can reach the brains of those who have registered analogous frequencies in their brain cells. Your waves will vibrate them, and they will come back to you, multiplied by the number of people they vibrated, like a boomerang, for you have emitted those waves, reinforcing what is magnetically recorded already in your brain cells. This also reinforces what is recorded on your soul's hard drive.

It is the contents of thoughts that vibrate. Positive thoughts vibrate and emit high frequency waves, negative thoughts vibrate and emit low frequency waves.

As an aid for the investigation of "lead" energies, positive (high frequency) and negative (low frequency) contents can vibrate in the same image-shell. Example:

"Image of a wide avenue, an old man leaning on his cane is crossing at the pedestrian crossing at a traffic light , with cars waiting, helped by a young man who offers him his arm to help him cross, watching for vehicles that may start before he finishes crossing the wide avenue, while talking to the old man".

"Image of a wide avenue, an old man leaning on his cane is crossing at the pedestrian crossing at a traffic light, with cars waiting, helped by a young man who offers his arm to help him cross, keeping an eye out for vehicles that may start before he finishes crossing the wide avenue, while he talks to the old man". But thinking as he looks at the drivers of the cars:

"So that they, and those who are watching us and drinking beer in the bar, know what they should do when they see an old man crossing an avenue".

"With the above explanations, and this example, you will have become aware of how important it is to CONTROL and put ORDER in your thoughts. Calibrate also the importance of asking yourself: "What THOUGHTS and what 'IMAGES' have "they", the invisible ones, "sneaked" into my thoughts, without me being aware of it?

"Do not vibrate the **"SEEDS PREPARED" MALICIOUSLY BY "THEM"** by thinking over and over again of the "contaminated" images that have appeared on your conscious plane, that "they" projected and "sneaked" into your thoughts!

"Surrender them immediately to the Light-Fire of Christ! They will be taken and transformed into energy-"gold", which will be attached to your soul.

"Keep in mind: Love by LOVING your fellow men, for the Presence of the Infinite is in them, as it is in you.

"Love by LOVING, asking forgiveness from the heart, And forgiving from the heart thy fellows with whom thou hast entered into discord by breaking the Law of Love.

"Keep in mind: Love by LOVING from the heart also every being and existence of the mineral, vegetable and animal Kingdoms created by the Father of Heaven.

- OBJECT 2: Electric bulb with its filament lit and transparent glass bulb.

For your understanding, the powerful **INNER SUN-CENTRE OF BEING** of your soul becomes like the filament of thousands of watts of power, permanently lit, radiant, enveloped by veils of consciousness, which are fields of dense energy - "lead" symbolised by dry brushstrokes of coloured paint on the glass of the bulb, with spaces free of paint, through which the lit filament radiates Light.

The paint-free spaces are the "gold" energies already attached to your soul, to which Christ is adding the "gold" energies of the transformed "lead" energies which you have investigated and surrendered to the Light-Fire of Christ. The crystal of the lamp will be clean of colour when you have surrendered to the Light-Fire of Christ all the dense - "lead" energies investigated.

When the transparent crystal has been completely cleansed, it symbolises that the Veils of Consciousness have been dissolved, and the mighty

Filament-Inner Sun-Core of Being radiates and emits waves of the Absolute Frequency-"GOLD" of the Infinite, which pierce and magnetise all the components of the human body in which the soul is embodied. Radiating powerfully through you.

"Be ever mindful: Practice Loving by LOVING all your fellow men, for the Presence of the Father and of the Christ is in them, as the Father and the Christ are in you.

"Love by LOVING by sending ripples of Love to every being and existence of the mineral, plant and animal Kingdoms created by the Father, housed by Mother Earth, of the terrestrial, marine and inland water habitats.

"Ask for forgiveness from your heart, with your thoughts, if you are not with the one with whom you entered into discord by breaking the Law of Love, which originated low-frequency "lead" energies. They become the colours of the paints you painted on the glass of the light bulb. Call him or visit him as soon as you can to ask for forgiveness from your heart.

"Forgive also from your heart your fellows who did not do right by you, for they truly did not know what they were doing, blinded by lovelessness.

"Thus your soul will attain the Perfection and Purity proper to cosmic beings, even though your soul-body is within the space-suit-human body.

- OBJECT 3: A Photo album of your life with photographs in Black/White and Colour.

"In order to cleanse your soul of low frequency energies - "lead" you can use as a valuable tool the virtual album of your life, in which you keep the photographs of your current existence in Black/White and Colour.

"The Black/White photographs are the images of your thoughts, words and actions that have produced "lead" energies, which you can symbolise as "lead" coins, stored in your soul chest.

"To ennoble your soul, and step by step attain Perfection, you must investigate the "lead" energies that remain magnetically attached to your soul, and place them in the Light-Fire of Christ so that He may transform the "lead" photo-coins into "gold" energies, which He will place in the Chest of your soul.

"The photographs in Colour become the images of your thoughts, words and deeds which have produced energies-"gold". You can symbolise them as "gold coins which you also keep in your soul-chest", along with the "lead coins". The energies-"lead" and "gold"-are attached to your soul.

"Begin by evoking the pictures of remembrance with your friends, family and close acquaintances. Give the "lead"-coins of the Black/White photographs to the Light-Fire of Christ , which will transform them into "gold-Love"-coins which you can donate to your fellow men and women when the time comes.

"Take the "Photo Album of your life". Close your eyes. Raise your thought to the **INNER SUN - CORE OF BEING**, in the area of the pineal gland. Here resides the Presence of the Father and the Christ. Breathe consciously, harmoniously (in-breath - pause - out-breath) several times. Ask for their help to evoke the Black/White photographs in your Photo Album of Life.

"Start mentally opening the "Photo Album" of your life and places where you lived or studied, and people who were part of your life, for example, when you were fifteen years old. Ask yourself about what you didn't do well. Breathe consciously again and again. Be silent.

"The images that appear correspond to the B/W photo or photos. Give them to the Light-Fire of Christ. He will transform the "lead-coins" of the B/W-photographs into "gold-coins", which He will put into the Chest of your soul.

Ask also about the damage caused to animals and plants housed by Mother Earth, for example. Proceed in the same way as in the previous

example with the B/W pictures. Also compensate these life forms to the best of your ability.

"Recognise the good - "gold" that you have also in your soul, the Colour pictures. It will help you not to feel sorry, sorry, in the moments of deep recognitions and reunion with the "leads" that passed some time ago "to the boot of the subconscious", energies that continue vibrating and emitting and receiving waves from the veils of consciousness that "envelop" the Core of the Being of your soul.

"If the B/W photos "have eyes, mouth, hair..." it would be necessary for you to ask for forgiveness from your heart, in person, by phone or letter/email, and to compensate the person in the photograph, if you caused him/her material damage. It is necessary to forgive from your heart those who have not done right by you. The Infinite is Present within the one who forgives, and the one who asks for forgiveness.

"The "gold" energies that are attached to the soul magnetise and raise the frequency of vibration of the billions of cells in your human body, for within their nuclei are the same billions of Nuclei of Light, which vibrate at the frequency of the potential of the "gold" energies attached to your soul, therefore, as the cells radiated by the Nuclei of Light vibrate at a higher frequency than the low frequency at which viruses vibrate, they are magnetically rejected, for you know that viruses vibrate at a low frequency.

"If the vibration of your soul is temporarily lowered, breathe consciously, again and again. In this way you raise the vibration of your soul, and also the vibrational frequency of your brain cells. And you will hinder or prevent the penetration into your thinking of mental waves projected by "them", the invisible ones to the human eye.

"The "gold" energies which Christ is attaching to your soul will raise their frequency of vibration higher and higher, emitting accordingly. From the veils of consciousness which enveloped the INNER SUN-CENTRE OF THE BEING of the soul, the low-frequency vibrating registers have been disappearing, as these "lead" energies have been transformed by Christ into "gold" energies.

"You are a son, a daughter of the Infinite: *"Like father, like son"*. Reflect. Light the Flame of Hope, and speak from the heart to the Father and Christ.

"Be Hopeful, strive to leave the hard drive of your soul without records - "lead". Strive to make your soul's light bulb crystal clear of colour-"lead". Endeavour to clear your soul's Album of Life of Black/White photographs.

"The 3 OBJECTS are examples of the same, given for your understanding, for what is not understood is not practised.

"Be constant. Practice the investigation of the "lead" energies, the surrendering of them to the Light-Fire of Christ for their transformation into "Gold", energies of High frequency of vibration.

"Thus your cosmic being-soul will step by step raise its frequency of vibration, approaching the original High Frequency of vibration, from when you were in the Pure Worlds, whereby magnetically your soul will reject the low frequency at which the viruses and the mental waves of "them" vibrate.

"Simultaneously your soul will also be attracted to the Pure Worlds Beyond the Stars, returning, returning Home, to the solar Cradle, from whence you departed.

"If you will, practice what you have received. Thus shall you begin the Return to the Wonderful Homes Beyond the Stars. If you will. You are a free being.

No cosmic soul-being can return, return to the Pure Heavens from the depths of condensed matter, the Earth, if he walks the path of his life burdened with his sack of "leads", while countless fellow beings lie and suffer on both sides of the path.

He who feels in his heart to do for his fellow men what he would have them do for him, should start on the way to the Father's Heart with

the clear goal of emptying the sack of "weights" from his soul while he is incarnated. These "leads" transformed into "GOLD" he will be able to donate to his fellow men. If you have read this far, you will know why the ship of this civilisation is sinking.

Has one loved by loving one's fellow man and every being and existence of the animal and plant kingdoms housed by Mother Earth?